



# Elmham News

**OUR AWARD WINNING  
VILLAGE MAGAZINE**

**JULY 2024**

**NORTH ELMHAM  
VIEWS & NEWS**

**FREE MAGAZINE: DONATIONS WELCOME**

## R P Pest Control & Environmental Services

Helping you put your pests out of business  
***YOUR FRIENDLY LOCAL PEST CONTROLLER***

Wasps, Rats, Mice, Moles, Rabbits, Pigeons  
and most Insects Controlled

**CALL RICHARD**

RSPH Qualified, Fully Insured  
North Elmham, Dereham, Norfolk

**Tel: 01362 667138**

**Mob: 07583076214**



**Anglia Roofline Co Ltd**

Est. 2003

**FIT IT AND FORGET IT!**

**NO Leaks • NO Damp • NO Rot • NO Maintenance**

Norfolk's Roofline Replacement Specialists

uPVC Fascia Boards, Soffit Boards & Guttering

10 Year Insurance Backed Warranty

Rated 9.5/10 in 600+ online reviews

**Call 01603 872049**  
**To Arrange a Free Survey**



Find out more at

**[www.angliarofline.co.uk](http://www.angliarofline.co.uk)**

## EDITORIAL

July's cover shows the Jimmy Brown Memorial Garden. Jimmy was a Parish Councillor, who when he retired from being a long distance lorry driver, became an ardent and diligent fixer upper, fixer, litter picker or weeder, doing any of those small jobs that are so necessary to a community.

The original garden was planted in 1983 with heathers and small conifers and tended by Eva and Gerald Marsh for many years. Jimmy took over in around 2006 and incorporated many cuttings and unwanted plants to boost the now depleted heathers. Soon the garden bloomed and blossomed.

After Jimmy's death in 2020, the Parish Council decided to commemorate his service to the village by naming the garden after Jimmy.

The Hazel family have taken on the tending of the garden and a wonderful job they do too.

We must send our very best wishes to our Parish Clerk, Kevin Webb who received an unwanted diagnosis recently and bravely documented his thoughts on Facebook. He has had his operation and we hope all will go well with his treatment and get well in time for your trip to Ireland!

We were delighted to read in the EDP of the success of our own Beck's Fish and Chip shop in being voted the best chippy in Norfolk and Waveney. Congratulations

Thank you for generous donations from the Knit and Natter Group and Graham Smith of Worthing, as well as our friends on Station Road.

We have added our bank details to the information bar on the right at the suggestion of a parishioner who wanted to easily make a donation to the magazine.

Finally, we were sad to hear of the death of an old friend, Robin Seaman who used to live at Old Hall Farm in Eastgate Street. Our deepest sympathies to his family.

**DISCLAIMER:** The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.

## NEXT DEADLINE: 14TH JULY

We welcome contributions from everyone in the village. Please share your stories, events, club activities and heartfelt tributes to loved ones with us. Your participation is crucial in making the Elmham News a true reflection of our village. Please email your article to each of the Editors.

## VOLUME 47: ISSUE 6

### EDITORS

**Caroline Payne**  
carolinejpayne@hotmail.co.uk  
01362 668704

**Meg White**  
megandnigel@gmail.com  
01362 668302

**Janet Woodhouse**  
robert.woodhouse2@gmail.com  
01362 668525

### ADVERTISING

**Martin Phillips (Treasurer)**  
martin.s.phillips@btopenworld.com  
01362 668409

### MAGAZINE DESIGN

**Sarah Felton**  
sarahfelton@yahoo.com

### DISTRIBUTION

**Debbie Coull**  
elmhamdebbie@aol.com  
07591 754 411

### CHAIR PERSON

**Brian Wheeler**  
01362 668 621  
brian.wheeler456@btinternet.com

### DONATIONS TO

**SORT CODE:** 09-01-54

**A/C NUMBER:** 44939709

**A/C NAME:** Elmham News

### COMMUNITY WEBSITE

[www.elmham.org.uk](http://www.elmham.org.uk)



## S & C Window Repairs

Local independent business - Free estimates

**Repairs to double glazed windows, doors and conservatories**

Steamed up windows, broken handles, hinges, replacement gasket,  
plus cat flaps, door panels and more.

**01603 520136 or 0800 1601932**

sandcwindows@gmail.com    www.sandcwindows.co.uk

## **WILLIE WESTON of BLAKENEY**

*Fresh locally caught fish, shellfish, pates & more*

You can find me at Fakenham

**Near the Red Lion on Thursdays 7.00am to 2.00pm and**

**Near HSBC on Saturdays 8.00am to 2.00pm**

**Or delivery to Elmham on Tuesdays**

**Please phone your orders to 01263 740910**

**or visit The Fish Shop, 5A Westgate Street, Blakeney**

## **Computers@home**

**01362 698872/851872**

**07768086272**

Email: nijel@clara.net

Sales, Service & Repairs  
Computers New and Secondhand  
Internet & Software problems  
Repairs to printers, Scanners,  
Copiers & Fax machines  
Daytime, Evenings & Weekends

## **Alison Watson**

### **Beauty Treatments & Foot Health Practitioner**

(S.A.C. Dip. FHP)

(College Guild of Graduates Register)

Facials, Waxing, Manicures/Pedicures, Tinting, Lash Extensions,  
Shellac Nails, Ear Piercing

Toenail Trimming, Corns, Callus & Fungal Infections

For Appointments, Please Ring: **01362 668419**



# NORTH ELMHAM PARISH COUNCIL ANNUAL MEETING

## WEDNESDAY 1ST MAY, 2024

*The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.*

**Pre-meeting Business:** None

**Public Participation:** None

**Councillors Present Were:** Mrs. J. Borgnis (Chairman) – resigned from the Parish Council at the end of the meeting, Mr. P. Grainger (elected Chairman at the start of the meeting), Mr. M. Phillips (Vice Chairman), Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. B. Gee, Mr. J. Labouchere, Mr. N. Markwell, Mr. M. Rayner and Mr. C. Smith.

**Also in Attendance:** Mr. K. Webb (Clerk) and Mr. G. Bambridge (District Councillor).

**Apologies for Absence:** Mrs. A. Keeble and Mr. B. Borrett (County & District Councillor)

Mrs. Borgnis stated that she would be resigning from the Parish Council at this meeting. Mr. Labouchere thanked her for her invaluable work on behalf of the parish and residents over a considerable number of years. This view was warmly supported by all members.

### Election of Chairman

One nomination as follows:

Mr. P. Grainger (nominated by Mr. Smith and seconded by Mr. Gee). All in favour.

### Election of Vice Chairman

One nomination as follows:

Mr. M. Phillips (nominated by Mr. Labouchere and seconded by Mr. Markwell). All in favour.

## Updated Information and Matters Arising

### Land Management Matters

**Village Green:** The debris left from the cutting of the trees has been cleared by Mr. Gee and the cutting of the grass has been done. The new table tennis table is due to be delivered on 13th May.

The Chairman has been able to reinstate the status of the cycle path with the County Council so that it again is regarded as an active, ongoing request.

**Cathedral Ruins;** Mr. Julian Duffield is currently out of action and his duties are being carried out by his wife. He advises, however, that if he continues to fill the potholes in the church car park, the level will rise much more than it already has. A suggested plan on how best to proceed has been drawn up with an estimated cost of work to be done in the region of £2K. Mrs. Borgnis is to circulate a picture of the area and members agreed to inspect with a view to discussing the matter further at the next meeting.

**Cathedral Meadows:** The replacement sign has been installed.

### Allotments

All allotments are now let.

### Street Lights

There remain concerns regarding the costs charged by the suppliers of the electricity. The Clerk will continue to pursue this matter.

### Highway Matters

The Community Speedwatch coordinator has asked for some signs to be erected at the end of the village, under the North Elmham sign. This request is to be forwarded to the Police Co-ordinator in Dereham.

The drain in Eastgate Street near to the Dairy corner is blocked again.



Your local building & property maintenance service. Over 25 years professional building experience.

Building Repairs  
Joinery / Carpentry  
Bathrooms / Kitchens  
New Roofs / Roof Repairs  
Extensions / Alterations  
Conversions / Renovations  
Windows / Conservatories  
Traditional Norfolk Flint Work  
General Property Maintenance

**07881 957032**  
info@roosbuild.co.uk



**RICHARD ROOS**  
Building & Maintenance

**01362 470543**  
www.roosbuild.co.uk



www.fourpawsnorfolk.co.uk



**07469 766 331**

**Please call to book an appointment**

Corners Nursery, Fakenham Rd, Hoe, Dereham NR20 4HA

**Dog Grooming At Great Prices!!**

**Fully trained - City & Guilds - Fully insured studio - First aid trained - All breeds and sizes welcome**

## Madhouse

We are trained experienced childcare providers offering flexible hours, tailored to your needs.

We promote independence and healthy living within nurturing environments.

**Ofsted rated "Good"**

Contact details: Debbie [elmhamdebbie@aol.com](mailto:elmhamdebbie@aol.com) 07591 754 411

## Kay Barker Fine Art

NEW: The Art Studio, North Elmham

**Art Courses for all Ages and Abilities**

Times and days to suit

**Art for Sale, Art Commissions**

Email: [kaybarkerfineart@gmail.com](mailto:kaybarkerfineart@gmail.com)

Telephone: 01362 667050

Visit the website [www.kaybarkerfineart.co.uk](http://www.kaybarkerfineart.co.uk)



## **Pavilion and Playing Field**

Mr. Smith reported that the fire certificate has been renewed. The standard of grass cutting seems to have improved.

## **Overview of Parish Council Financial Situation**

The resignation of Mrs. Borgnis means that the number of authorised signatories has been reduced. It was agreed by all to add two members to the existing mandates– Mr. Rayner and Miss Ferris – for both Barclays Bank and Cambridge Building Society.

## **Defibrillators**

Mrs. Borgnis is to continue to check both defibrillators with Miss Ferris having volunteered to take over this role in due course.

## **Breckland Council Call for Sites Update**

Another meeting is to be held at Breckland Council on 14th May.

## **Archive Group Records**

Mr. Smith said that a quotation of £3,075 (£4,058 for fire resistant material) had been received. The price for units (two double sized wardrobes with cupboards on top) was £5,233 (£6,055 fire resistant). Mr. Smith is to circulate this information to all members. He will also make enquiries regarding second hand storage.

## **£106 Monies (£15.1K) Received From Breckland Council**

A quotation of £6,060 + VAT has been received in respect of the strip of matting around the children's equipment in the play area. The grass is to be cut very low before installation and Mr. Phillips will check with both NGF Play and Nurture to ensure the suitability of the intended action. It was proposed by Mr. Phillips and seconded by Mr. Rayner to proceed, subject to receiving the confirmation as mentioned above. All members in favour except Mr. Labouchere who abstained.

## **Reorganisation of the Parish Charities**

It will be necessary for Mrs. Borgnis to be replaced as a Trustee of various charities.

## **Maintenance of Churchyards**

A further e-mail had been received from North Elmham PCC requesting that consideration be given by the members of the Parish Council to a request to provide further financial assistance. There was no general desire to reopen the debate on this matter. Mr. Labouchere is to speak to Nurture to establish whether they would be willing to provide a quotation for cutting the grass in the churchyards. The Clerk will provide contact details.

## **Sennowe Park Rave**

It is understood that this event, lasting some three days, resulted in a considerable number of complaints last year. Developments will continue to be monitored. It is scheduled to take place on 16th, 17th and 18th of August.

## **Annual Report Of Gordon Bambridge - Breckland Councillor Upper Wensum Ward Year 2023/24**

Please find below my annual report for my year as member for Upper Wensum Ward, and some thoughts for the future.

This year has been for me personally a year of change and for Breckland Council a year when many achievements have been made and new goals set.

## ***To Breckland First***

The council has made real progress on over 50 areas where promises were made and kept from our manifesto at the last election. I have attached as a separate document the list for you to consider, but they fall into the four main areas where we promised to work for the whole community. Some of these may apply to all of you, and some to only some of you but I am proud that during my time in Breckland we have always achieved movement for the community as a whole.



# The Norfolk Sweep

*Friendly, Professional Service • Fully Insured*  
*All Types of Chimney / Flues Swept*



## Anthony Walden

### 01362 680189

[www.thenorfolksweep.co.uk](http://www.thenorfolksweep.co.uk)



**JOHN COLES**  
**ELECTRICIAN**

**PROPERTY ALTERATION/ MAINTENANCE**

All electrical work undertaken  
 +  
 Kitchen, utility & bathroom refit  
 (incl mobility & access solutions)  
 Other maintenance and repair work

No job too small  
 or  
 make a list for us to complete

Happy to advise, discuss work/provide prices  
 Public liability insurance + references  
**01362 692249 or 07919 593391**  
[johncoleselectrical@hotmail.com](mailto:johncoleselectrical@hotmail.com)  
 Find us on Facebook

Your satisfaction is our reputation  
 Friendly, reliable family business




# FIRING SQUAD

## WOODBURNERS

Comprehensive stock to view at our  
 showroom on The West Raynham Business Park

**01328 838 665**

e-mail: [firingsquadwoodburners@yahoo.com](mailto:firingsquadwoodburners@yahoo.com)  
[www.firingsquadwoodburners.com](http://www.firingsquadwoodburners.com)

**APPROVED CLEARVIEW STOCKIST**



The four areas are

**Breckland 2035:** Which is the overarching name for getting a carbon neutral council by 2035, and by and large not by buying credits. So from community and individual composting, to planting thousands of trees, to car charging points, to supporting businesses, to litter pick and enforcement to keep our community clean - we have made a start on achieving this goal

**Thriving Places:** Is our target for ensuring established and new businesses can thrive and that our communities can grow in all ways and be more pleasant places for us all to live in. In doing this we have managed to lever in much additional funding across the district despite this being 'hard times' all around. Some of these you may have seen announced in the media, some still to be announced. Breckland has always been a council that is not too proud to seek outside funding and partnerships to ensure we provide the best for our communities, whilst at the same time keeping the district council tax the lowest.

**Inspiring Communities:** From individual grants to families in hard times, to housing advice and supporting abused people. To promoting mental wellbeing with over 300 mental health champions trained in the district. The Food Bus, and the community supermarket, to helping 3000 residents with housing advice. Working with young people and the police, with dog wardens and local charities Breckland are fulfilling their commitments.

**Working Smarter:** We have performance indicators and are continually holding ourselves to these, debated in most council meetings - which you can watch, all key meetings are online live or recordings. We seek to work transparently, and if you have a case going with the council you will be increasingly able to follow progress online. Already we are offering advice on many matters online with AI and by telephone 24/7 using electronic systems

whilst maintaining the office hours human contacts. Gaining many national awards for the council over the last year building on the time we spent during the pandemic modernising the building and workplace Breckland is now number one on preferred places to work.

### ***To Me As A Councillor***

I have represented around half of the ward now for 21 years, and the other half for around 13 years since the last reorganisation of council ward boundaries, and as I have shared with some of you that is all happening again this year for the next election in 2027.

Since May 2023 I am no longer a cabinet member at Breckland but as your representative I do still attend most council meetings and actively represent every resident of Upper Wensum within the district council system. I am also in regular contact with our MP George Freeman, where necessary also contacting government departments directly, and with the County Council supporting Bill Borrett who doubles as a district and county councillor. However on matters concerning the ward I also lobby directly as is deemed necessary.

Many councillors also represent the district in other areas (it's called an outside body) For my part I represent Breckland on the Norfolk Rivers Internal Drainage Board. This obviously impacts on our ward, but also many other wards across Northern Breckland so it involves working with them also to a certain extent. Because I have held this position for over 20 years I have progressed up and sit on other organisations and attend meetings on drainage management in Westminster and across the region dealing with both government and shadow ministers and with such as the EA from time to time. These additional positions for the council are entirely unpaid, and do of course take up time, but I find that apart

## Mot, Service and Repair Centre

### Full Workshop Facilities

# NRG

- Servicing And Repairs To All Makes (Norwich road garage)
- Fully automated MOT testing
- Vehicle Diagnostics- Engine Management, ABS, SRS And A/C
- Air conditioning- Servicing and Repairs
- Tyres supplied and fitted at competitive prices
- Free collection and delivery (in Local area)
- Competitive prices- ring for a quote or pop in

### NORWICH ROAD GARAGE

43 Norwich Road, Dereham, NR20 3AS

Tel: 01362 692237 or 07900994749

(Next to the fire station)

**Proprietor: Derek Jarrett (30 Years Experience)**



## FAKENHAM & DISTRICT FUNERAL SERVICES LTD.

INDEPENDENT FAMILY FUNERAL DIRECTORS

*Emma Duggan & Beau Elliott*

*'Helping others at a time when it's  
most needed.'*

**TEL: 01328 838838**

*(24hr emergency)*

WEASENHAM MANOR, FAKENHAM ROAD,  
WEASENHAM PE32 2TF



**Golden Charter**   
Independent Way Funeral Plans

from expanding my horizons it does enhance my ability to better represent you to Breckland and beyond. This could be seen for example when Storm Babet caused flooding in Breckland last October, I was able to extend the reach of our influence supporting both individuals and communities.

In a normal time Planning matters take up much of a councillors time, Breckland is the planning authority for the area, but lately Nutrient Neutrality has slowed down all housing related applications, this has tended to make more work for me rather than less. Whatever your view on this may be, the fact of an organisation like Natural England bringing in regulations like this without attention to mitigation I find appalling. We do now seem to be edging towards some sort of solution.

On planning matters I generally take my lead from the parish but always also have to hear all sides of every situation so will speak to applicants and developers alike. On a similar subject, most councils, indeed whole communities are against unchecked development. However, the district has targets for housing to meet. On this matter I tend to stand with the individual parish council, which leaves me sometimes a bit schizophrenic, some want a little growth, others a bit more, others perhaps substantially more growth. And all of this is predicated on the size of the community and the facilities within. I believe within this ward we do have some very mature and tolerant opinions on the matters of growth.

My stance on the matter is that I will always support the view of the parish, but that most communities (not all) do need a little growth, to support their shop/pub/bus/school etc. I do believe that most larger villages should consider a neighbourhood plan.

I do believe that most communities would support an exception site which is where a small development of truly affordable dwellings are built with local support for local people in perpetuity.

And I am happy to talk through these issues.

### ***On Wider Matters***

I have opposed the proposed New Town on land encompassed Billingford/Bintree/Elmham mainly in two wide ranging areas encompassed by infrastructure and environment, I noted that some 45 communities opposed this many in Breckland but also from North Norfolk and Broadland areas, and I am happy to discuss this (it was the most raised matter during the recent election) I have supported the dualling of the A47 on the basis that it improves access will enhance all of our communities. (It does affect me personally).

I support the proposed Western Link Road on the basis that every one of the fifteen villages in the ward are adversely affected by its lack to a greater or lesser extent. The A1067 and every Southward road off it to Guist and beyond have become rat runs because it is not there. All of Northern Norfolk suffers because the Norwich Northern Bypass was not made a complete circular road around the city.

Again I am happy to discuss these matters I am acutely aware that with fifteen villages I do miss a lot of parish meetings, I am sorry for that.

In addition to your parish councils and other necessary meetings I do also need to keep up with the few Breckland meetings held in the evenings and others such as the police SNAP. Also sometimes there are two, three or even four parish meetings on the same night.

What I will say is that I am always available to meet with parish clerks, chairmen or councillors outside of the

usual parish meeting. Day or evening. I will also make time to meet parishioners singly or preferably in groups. This can be in your parish or at Breckland office, or on site if appropriate.

Gordon Bambridge  
01603 881364  
07540 973229  
gordon.bambridge@breckland.gov.uk

## **Accounts for Payment and Schedule of Income**

*Resolved to approve the following accounts for payment:*

18/04/24 Npower (street light electricity from 01/03/24 to 31/03/24)–(d/d) £474.86

29/04/24 Biffa (wheelie bin service from 30/03/24 to 26/04/24) - (d/d) £61.25

23/04/24 E-on Next (Pavilion from 05/03/24 to 04/04/24) – (d/d) £141.45

22/04/24 K. Webb (quarterly computer allowance) – (s/o) £20.00

01/05/24 Mandrake (UK) Ltd – payroll services for March £26.40

01/05/24 D. Tyson (pavilion cleaning for April) £137.28

01/05/24 J. R. Fletcher (key keeping – February and March) £62.50

01/05/24 Anglian Water (Pavilion from 02/01/24 to 19/04/24) £22.74

01/05/24 K. Webb (Clerk's pay for April) £826.64

01/05/24 HMRC (Tax and N.I. on Clerk's pay) £244.58

01/05/24 Mole Country Stores (rock salt) £68.16

01/05/24 Environment Agency (general drainage charges) £111.12

01/05/24 Ace Fire (annual service of fire equipment) £79.02

01/05/24 Signs Express (replacement sign for Cathedral Meadows) £1,190.53

01/05/24 J. Duffield (work in Cathedral Ruins) £195.00

01/05/24 Clear Insurance (annual Parish Council insurance) £693.04

01/05/24 HeBlad (outside table tennis table) £3,180.00

*Expenditure approved by all members; proposed by Mr. Phillips and seconded by Mr. Rayner.*

### *Schedule of Income:*

08/04/24 Breckland Council (Precept – six months) £20,317.50

09/04/24 Pavilion lettings £10.00

26/04/24 Breckland Council (Recycling) £813.84

26/04/24 English Heritage (Management Fee- Chapel) £5,355.00

## **Balances (at 29/04/24)**

Current a/c - £78,175.69

Business Premium a/c - £43,321.08

## **Planning Applications and Determinations**

### **Applications**

None

### **Determinations**

i) The Planning Inspectorate, Bristol – appeal by William Seaman (Yaxham) Ltd under section 78 of the Town and Country Planning Act, 1990 against a refusal to grant outline planning permission on land behind 55 Eastgate Street, North Elmham – appeal dismissed.

## **Any Other Matters**

The Clerk is to report the resignation of Mrs. Borgnis to the District Council with a view to starting the process to locate a new member for the Parish Council.



## NORTH ELMHAM COUNTRYSIDERS

We had a very interesting meeting at the start of May.

Chris Bell, Chief Communications Officer and Forecaster at Weatherquest Ltd, Lecturer in Meteorology at University of East Anglia, came along and spoke to the Countrysiders about Weather Forecasting. He gave them a brief insight into his love of Storm Chasing especially in Texas where he grew up. He has offered to come back and go into it more at a later date. We are looking forward to that.

We also Visited Wade Game Bird Farm at Foulsham. The Countrysiders got to hold day old chicks, collect eggs and learn about the process of rearing game birds. They also enjoyed have a go at hook the duck using a digger. A great time was had by all.

We had amazing results at our Farm Event Competitions at Morley Farms nr Wymondham. Four 1st places, seven end places and four 3rd places. So proud of the dedication of the children. We were even more delighted when we were given the news that we won overall





## CLUBS & ORGANISATIONS



### GROUP

Archive Group  
Art 4 All Norfolk  
Bowls - Institute  
Bowls - King's Head  
Brisley & North Elmham Cricket Club  
Countryriders  
Elmham Football Club  
Elmham News  
Elmham Surgery Patient Participation  
Elmham Tennis Club  
Friends of North Elmham School  
Gardening Club  
Guides  
Knit and Natter  
NELS (North Elmham Living Sustainably)  
North Elmham Trailblazers  
Reading Group  
Royal British Legion  
Sewing for Pleasure  
SINE (Help)  
Snooker Mon & Fri  
Snooker Wed  
Tea@Two  
The May Singers  
Walking Football  
Walking Group  
Wensum Valley Birdwatching Society  
Wives + All  
Yoga  
Young Farmers

### CONTACT

Janet Woodhouse, 01362 668525  
Angie Campbell Redwood, art4allnorfolk@yahoo.com  
Tony Langford, 01362 668854  
Martin Phillips, 01362 668409  
Mark Ballman, 01362 668935  
north\_elmham\_cs@norfolkyfc.co.uk  
Chris Reeve, 07468 569699  
Meg White, 01362 668302  
Roger Thornley, 01362 668804  
Geraldine Leeder, northelmhamtennis@gmail.com  
Naomi Brien, 07442 709136  
Ray Norman, 01362 667226  
Marian Morgan, 01362 696221  
Eileen Cotterill, 01362 668380  
Nicola Ruth Earle, nicolaruthearle@gmail.com  
Fliss von Christian, 07787 161446  
Eileen Church, 01362 668330  
Michael Aston, 01362 668959  
Janet Woodhouse, 01362 668525  
David Fairbairn-Day, 07398 758421(10-5)  
Neil Page, 01362 668296  
Tim Smith, 01362 668487  
Jo Fitzalan Howard, 01362 668232  
Tony Langford, 01362 668854  
Paul Carr, carrpaulus@aol.com  
Jenny Cunningham, 01362 668224  
Sue Gale, publicity@wvbs.gmail.com  
Gill King, 01362 668530  
Karen Cornall, 07752 580414  
Will Swan, 07818 786424

on the day. Three of our members did so well at stock judging they have been chosen to represent Norfolk at the Eastern Area Summer comps being held at Shipdham later in June. We wish them the very best of luck.

Royal Norfolk Show prep is currently taking place, as this year we are talking part in the Royal Norfolk Show supporting our senior clubs and being part of the parade in the main ring. If you are there come along and watch us on Wednesday 26th approx. 5pm in the main show ring, we will also be on the YFC stand which is Avenue 15, Stand 343. We must thank everyone who knitted and crocheted poppies for us, we do appreciate it. All

the Countrysiders have been nominated for the Young Diamond Tribute so will be in the ring on Thursday 27th June at 2pm, where they will be addressed by HM Lord Lieutenant of Norfolk. Please support us if you can.

If you think you know a child aged 10-16 who would be interested in coming along to one of our meetings please email us [north\\_elmham\\_cs@norfolkyfc.co.uk](mailto:north_elmham_cs@norfolkyfc.co.uk) or find us on social media FB North Elmham Countrysiders.

*Wendy Cottrell  
Leader Of North Elmham  
Countrysiders Club*



# Elmham News

DONATIONS WELCOME

It is our goal to keep everyone informed and connected through news, updates and information. To ensure that everyone in our community can access this information we distribute the Elmham News for free. We raise revenue through adverts from local businesses, however this doesn't fully cover the costs of producing and distributing the magazine and donations from villagers are always welcome!

We love to include all of the charity event adverts in the magazine but would you please consider making a donation from the proceeds towards the Elmham News. That way we will be about to continue to help promote village events.

## MEMORIALS

### H Brett & Son

**Monumental Masons – Craftsmen in stone**



Call for our Brochure or  
visit our SHOWROOM and WORKSHOPS

Home Visits can be arranged  
Also Fireplaces, House Names etc

75 NORWICH ROAD, WATTON NORFOLK IP25 6DH  
Tel: 01953 881501



## BROADLAND LIFTING SERVICES

A division of TV & Theatre Services

**WE HAVE MOVED TO NEW PREMISES**

*Come and see us at Horningtoft*

Tel: 01328 701909, Fax: 01328 700876

e-mail: [joe@tvandtheatreservices.com](mailto:joe@tvandtheatreservices.com)

Unit 10 Whissonsett Road, Horningtoft, Dereham NR20 5DJ



**NORTH ELMHAM BASED  
DRIVING INSTRUCTOR  
BOTH MANUAL &  
AUTOMATIC TUITION**

DRIVING STANDARDS AGENCY (DEPARTMENT of TRANSPORT)  
APPROVED DRIVING INSTRUCTOR

**Tel: 01362 668468**

**Mobile : 07786390275**

# BRECKLAND DRAFT LOCAL PLAN

## MAKE YOUR VOICES HEARD!

As reported last month, Breckland District Council is running the latest consultation for their emerging Local Plan, which runs until 15th July. This includes the opportunity for residents to comment on the two sites in North Elmham which Breckland has chosen as their “preferred” sites for new housing.

At its June meeting the Parish Council agreed to (subject to further discussion and confirmation at the July meeting) oppose one of these – that for 30 houses south of Eastgate Street, and instead to call for the site put forward in the call for sites at Station Yard for 25 houses to be adopted. If you agree with this suggestion, or indeed if you do not, or have other suggestions, the Parish Council urges you to submit your comments before the 15th July deadline.

You can enter comments online by going to Breckland’s Commonplace website at: <https://brecklandlocalplan.commonplace.is/> where you then need to click on the “tile” headed ‘Sites Map Survey’ before clicking on the south of Eastgate Site. If you want to recommend the Station Yard site is used instead make sure you put that in your comments. The Station Yard site has the reference LPR/CS4/DEV/215 from earlier documentation.

The Parish Council’s comments are likely to include the following points:

Against the south of Eastgate Street site – too many new traffic movements on Eastgate Street; changing the character of Eastgate Street by demolishing no. 80 to provide access; loss of a large amount of greenfield; potential flood risk from run-off from the new site.

In favour of Station Yard – a brownfield site, which should be developed before greenfield; has already had planning permission; received a more positive

assessment than the site south of Eastgate Street in Breckland’s site assessment phase 1.

You can also submit comments by email to [LocalPlan@breckland.gov.uk](mailto:LocalPlan@breckland.gov.uk) or by post to: Planning Policy Team, Breckland District Council, Elizabeth House, Dereham, NR19 1EE.

The other Breckland DC preferred site for North Elmham is one for 10 houses off (lower) Back Lane, which probably needs to be included due to North Elmham having to take a certain amount of new development as a Local Service Centre. A number of other sites were put forward as possibilities for housing in the earlier call for sites, in addition to the Station Yard site: these can be viewed from <https://brecklandlocalplan.commonplace.is/en-GB/proposals/full-list-sites/start> (click on the link for parishes I to R.)

In addition, the Parish Council will be calling on Breckland to keep settlement boundaries as the best way to control development, to help prevent encroachment of greenfield sites currently outside the built-up area of the village, and to help ensure exception sites will still be brought forward for much-needed affordable housing.

Residents may also want to comment on the proposal for the development of potentially 2,000 houses at the Robertson Barracks site at Swanton Morley, if it becomes available by 2031. As well as using the same Site Map survey tile on the Commonplace website, further details are available from the adjacent tile, headed ‘Strategic Development Sites Survey’.

Once sites are allocated in the Local Plan they will almost certainly be granted planning permission when a planning application is lodged. Therefore, it is very important to ensure that your voice is heard now. Hopefully, Breckland Council will listen to and act on local residents’ comments.

*Michael Rayner, Councillor & Planning Lead, North Elmham Parish Council*

# ACHIEVE THE LAWN YOU HAVE ALWAYS WANTED...

**Weed Free, Deep Green  
& Moss Controlled**

- 5 treatments a year
- Solid / hollow tining
- Scarification
- Lawn renovation
- Weed control
- Overseeding
- Moss control
- No contract



**For a FREE No Obligation  
Quote and Lawn Analysis**

**Call: 01362 652 812**

**Email: [anglia@greensleeves-uk.com](mailto:anglia@greensleeves-uk.com)**



## CLASSIC OFFROAD LTD

**GARAGE SERVICES**



**ALL MAKES AND MODELS**

★ DIAGNOSTICS

★ DOORSTEP

COLLECTION/DROP-OFF

- ★ SERVICING
- ★ BRAKES
- ★ CLUTCHES
- ★ SUSPENSION
- ★ TYRES

**ADDITIONAL LANDROVER SERVICES**

- ★ WAXOYL
- ★ GALVANISED CHASSIS
- ★ RESTORATION
- ★ UPGRADES

**STATION YARD NORTH ELMHAM NR205HF**

**07775203208**



## DEREHAM HIRE AND SALES

**5 RASHS GREEN IND EST DEREHAM**

**NORFOLK NR19 1JG**

**01362 69 55 57**



**YOUR  
LOCAL  
GAS  
STOCKIST**

**PROBABLY  
THE LARGEST  
TOOL  
SHOWROOM  
IN  
MID-NORFOLK**



**WE REPAIR AND SERVICE  
ALL MAKES OF POWERTOOLS**

**HIRE A  
MINI  
DIGGER**



**from  
£75 + VAT**

**ALL YOUR GARDEN TOOLS AND  
MACHINERY SERVICED AND  
REPAIRED IN OUR WORKSHOP**

**VISIT OUR WEBSITE [WWW.DEREHAMHIREANDSALES.CO.UK](http://WWW.DEREHAMHIREANDSALES.CO.UK)**

**TRADE & DIY WELCOME**



## ELMHAM NEWS NOTICEBOARDS

The four noticeboards were paid for by the News for the advertising of local events. If you currently have a poster in them, would you please check it out. If it is faded or illegible or merely out of date, would you please let any of the committee know and we will remove it or replace it. There is no charge for these, but we would like them to look clean and fresh and up to date. Thank you.

## FOR SALE

Small period bookcase  
Georgian/Victorian.

Three shelves, inlaid,  
39 inches high by 27 inches wide

£65 ono Kate 01362 668516

## FAKENHAM & DISTRICT FLOWER CLUB

Tuesday 2 July 2024

"From May to September"

with Andrew Key

Hempton Memorial Hall  
Hempton, Fakenham NR21 7LG

Visitors welcome £8

More details : Jackie on 01328 851933

Barbara 01328701218

*Wednesday*

*12th June*

*10th July*

*(No T@2 in August)*

*11th September*

*9th October*

*Bring yourself, a  
friend and a  
neighbour*

*Like a lift? Call Tish*

*01362 668 678*

*Come & Join us for T@2*



*Afternoon tea*

*from 2~4pm*

*cake, sandwiches,*

*savouries*

*& music! At the*

*North Elmham*

*Institute on 2nd*

*Wednesday of the  
month*

*All costs covered by*

*St Mary's Church*

*Any questions? Call Jo 07796 493495*



Payments accepted: bacs, cheques or cash

**PROFESSIONAL OVEN CLEANING  
WITH OVER 10 YEARS EXPERIENCE:**

- Non Caustic cleaning
- All brands & types of ovens cleaned
- Domestic & commercial ovens
- Hobs
- Extractor fans
- Microwaves
- BBQ's
- Bulb replacement
- Prices starting from £50

**01362 652851 / 07415 605234**



For **ALL** your cleaning needs call us on **01362 652851** or email: [info@180ovencleaning.co.uk](mailto:info@180ovencleaning.co.uk)

5 Pastures Loke, North Tuddenham, Norfolk, NR20 3FU

[www.180ovencleaning.co.uk](http://www.180ovencleaning.co.uk)

The  
Electoral  
Commission

You now need  
photo ID to  
vote at a  
polling station

No ID? You can apply for free voter ID

Find out more at

[electoralcommission.org.uk/voterID](http://electoralcommission.org.uk/voterID)

or call 0800 328 0280



## NORFOLK BLOOD BIKES

### **"What is that fluorescent motorbike in Eastgate Street and what is it doing?"**

Near to the top of Eastgate Street you may sometimes see a motorcycle with chequered yellow, fluorescent markings and wonder what it is doing and where it is going, often in the middle of the night, the answer is it is a volunteer Blood Bike ridden by Adrian Nicholls.

Norfolk Blood Bikes are a team of volunteers that give up their own time transporting urgently required blood, plasma, samples and medical instruments between various hospitals and medical centres throughout the region.

At any time of the night (including days at weekends and bank holidays), Adrian can receive a call letting him know that one of these products is needed to be collected without delay from the main blood bank at Addenbrookes Hospital in Cambridge and rushed to a patient in need at one

of our local hospitals such as the Queen Elizabeth Hospital in Kings Lynn, the NNUH in Norwich, James Paget Hospital in Gorleston or even further afield. Often it could be medical samples that need to be picked up and taken immediately to a specialist analysis centre for rapid results, so that surgeons and Doctors can get the information they need to treat the patient correctly, thereby saving their life.

Norfolk Blood bikes is split generally into groups attached to the major hospitals, the Norwich group where Adrian is based also supplies the East Anglian Air Ambulance on a daily basis with blood etc. to enable them to stay operational and ready to take to the skies at a moment's notice.

Furthermore, during the daytime on an ad-hoc basis, some of the volunteers offer to transport Donated Breast Milk from Donors to the Milk Hub in Norwich, to all of the neo-natal units that require supplies and to the Human Milk Foundation in Hertfordshire.

*Funny Dogmother's*  
 DOG GROOMING



**Dog Grooming Salon in  
 North Elmham**

The Salon is fitted with a Hydrobath,  
 Airconditioning and water softner.

Only quality products used and  
 one dog in salon at a time.

City and Guilds Qualified, Fully  
 Insured, Dog first aid Trained.

**All Dogs Welcomed**

Orchard House, Pump Street,  
 North Elmham, Dereham  
 NR205LS

Please Call Barbara on  
**07389809941**

To book an appointment

**LOGS READY TO BURN**

**KINDLING AND LOG NETS AVAILABLE**

**MARK 07766 223438**

**Eastgate Centre**

**North Elmham  
 Large Hall; Kitchen;  
 Cloakrooms;  
 off road parking  
 Available for bookings**

**For rates please contact:  
 01362 668245**

## Yoga Classes

North Elmham Memorial hall .  
 Stretch. Relax. Strengthen.

Classes led by qualified and insured  
 yoga teacher

Suitable for all ages and abilities  
 Offering chair exercise class  
 and general class

Contact

**Karen (kay)**

[Karpmorg@yahoo.com](mailto:Karpmorg@yahoo.com)

07752580414



All of the Blood Bike riders are fully trained and hold an Advanced Rider qualification from RoSPA or the Institute of Advanced Motorists (IAM). This ensures that they possess a very high standard of vehicle control and thorough knowledge of the highway code; allowing them to get to their destination quickly whilst riding safely and effectively in all conditions.

Their work is all voluntary, and Norfolk Blood Bikes is funded by charitable giving alone. The goodwill of these people saves the NHS and the taxpayer a huge amount each year. Without them, these life-saving products may not reach the Doctors and surgeons treating our loved-ones in time. Premature babies may not get the nourishing human milk required for early development and the bolstering of their immune system. Urgent samples needed to identify underlying issues might otherwise not reach the microbiology labs within the short time window to be viable.

Whatever the weather; torrential rain, scorching sun, howling winds or even snow (they use cars in extremely cold weather), they are ready to go.

So, if you see Adrian or any of his volunteer colleagues riding their Hi-Vis blood bikes, spare them a thought, give them a wave, and if safe to do so, let them pass whenever possible. One day it might be you or your loved one that needs their precious cargo as quickly as possible!

<https://norfolkbloodbikes.org.uk>

## KENNETH GEORGE SNOWLING

Kenneth Snowling, 14406400, 10th Bn, Highland Light Infantry died 6th August 1944 aged 18.

He is buried in Bayeux Cemetery, grave XX.D.16

We watched the programmes on TV showing the D Day Landings. We have

seen countless films about these landings with stirring music in the background and thinking how wonderful it all was... but having watched most of the footage of what it actually was like 80 years ago it left me in tears, and the greatest admiration for how it all came about. No wonder it took two years to get everything in place.

The sight of all those boats and the men getting off their craft and wading through the water reduced me to tears.....

Many years ago we were in Normandy, visiting the cemeteries and the beaches. We were at Omaha walking towards the beach, behind a group of elderly Americans. One of them lagged behind and I heard him say 'the last time I was here the sea was red'. I cried.

We only had one local lad from Elmham who was involved later on in the follow up fighting. He was Kenneth Snowling who was 18 when he died on the 6th August – Ray his brother told me how Kenneth had lied about his age to join up. He was killed by a German sniper.

We found his grave and I had a quiet word with him telling him how his brother kept his memory alive.

Then I cried again!

*Janet Woodhouse*

## WHERE IN ELMHAM?

Answers to last month's photos are:

1. Lion on Wall, Lion House, Eastgate Street
2. Flint wall small opening, bus shelter, Eastgate Street
3. Bench, entrance to Orchard Close.
4. Flint wall/brick window outline, Old Hall Farm, Eastgate Street
5. Window with metal grid, building next to Station House







## **SUNSHINE, SMILES, AND RECORD-BREAKING FUN AT THE ELMHAM GARDEN FETE!**

The sun smiled down on this year's Elmham Garden Fete, a glorious day that defied the unpredictable skies! Bathed in sunshine, it was the perfect setting for a record-breaking event.

The crowds came thick and fast all afternoon, making it the most successful year yet, raising a phenomenal £8,270! The vital funds will go directly towards supporting St Mary's Church which will put it towards the Church food larder, Tea@2 and other community projects.

This year's fete was another delightful medley of activities. The toe-tapping tunes of Scotch & Soda filled the air, while children embarked on a teddy bear hunt and peeked into the Icehouse. Yummy cakes and sizzling hot dogs kept everyone fuelled, while games galore, and a lively dog show with enthusiastic young handlers brought laughter and cheers.

But the true magic of the fete lies in its incredible community spirit. It's a testament to the efforts of volunteers who dedicate their time and talents. From meticulous planning months in advance to setting up stalls and baking delicious treats, it's a collaborative effort from start to finish.



This year marked a turning point. A new team has been learning the ropes from the seasoned veterans who have expertly run the fete for over twenty years. A huge thank you goes out to Tom, Jo, Julia and Susanna for their years of dedication – their hard work has paved the way for a smooth transition.

A heartfelt thank you goes out to everyone who contributed to this unforgettable day!

The fete committee is already looking forward to next year's event and could use some extra helping hands. Even an hour or two of your time can make a big difference. Keep an eye out for volunteer requests in an edition of this magazine next spring's – let's make the 2025 fete another shining example of community spirit!

The fete now also has a facebook page. Search 'Elmham Garden Fete'.

Thank you!



## GARDENING CLUB

We had a charming and interesting illustrated talk by Kathy Gray who used various well known gardens to illustrate her points. She is obviously a well travelled gardener and gave us many insights into different locations. One phrase she used which I think we all understood was "wind pruning" as we have all suffered from that recently.

The Flower of the month was a beautiful white Iris brought by Joyce Middleditch and the refreshments, as usual were splendid.

Ray explained about our Barnsdale trip on June 30th and final details and cost will have been emailed to everyone.

Our July adventure is a visit to Honeysuckle Cottage at Gressenhall. The cost is £10 for entrance and refreshments. Final details of time will be emailed to everyone.

*Meg White*

## KNIT AND NATTER

Thank you to all the children, and quite a few adults, who played our game and bought our knitted goods at the Garden Fete last month. We enjoyed making all those little animals and hope that they have now found loving homes all over Norfolk. All the money from our stall has been distributed throughout our numerous local needs, but with special thoughts we gave an extra donation to the national Motor Neurone Disease appeal.

We were extremely lucky with the weather on the day of the Fete, since then it has been going downhill. However, to look on the brighter side, the rain has kept us off the garden and back to our knitting, so I've been in touch with Rebecca, the NNUH fund raising manager, to ask what they are needing now. She suggested, blankets 60cm x 40cm (24in x 16in) without holes or crochet designs, for the baby unit. They could also use larger knee

blankets 90cm x 60cm (35in x 24in), with twiddling pieces firmly attached for the dementia ward.

So, off we go! Wool, needles and patterns are available at our next meeting for anyone who feels that they would like to contribute or give me a call. Donations of wool are always welcome.

Our next meeting is on 2nd July, 2 til 4 at the Pavilion.

*Eileen Cotterill*  
01362 668380

## DIALECT... BACK THEN

I found this dialect book in the bookcase, reading it I was transported back to the early 1950's at Primary School. We all talked quickly and mumbled but we understood each other perfectly! Now it would be like a foreign language.

The booklet was printed by the EDP and called 'Broad Norfolk.'

Here are a few examples:

A mother whose boy had been away from school for several days sent a note to the teacher with the following excuse...

"Keptathometogogoataterin"

What about the country girl who went to London and found a job as a servant. When she returned home for a holiday her father was at the station to meet her.

Showing off, she said to him "Hello Pa, how is Ma and all the little ones?"

He replied: "Cum on hare, maw, and cock yar leg inter this hare dicky cart, and fur the Lor's sake leave orf a crackin a yar jaw".

A Norfolk Head Master said "I try to keep my pupils 'duo-dialectal', however one pupil put it very aptly... "We hetta sing proper and talk natural like".

A nurse in a Field Hospital during the 1914-18 war had reason to believe that one of her charges, a badly wounded

soldier, came from her native village. The rules forbade any conversation with patients, but she leaned over him and whispered "Ha yor fa gorra a dicky, bor?"

The soldier brightened up at once and he gave the correct answer, also in a whisper. "Ya, an e want a fule ter roide 'im. Will ya cum?"

At the time of this photograph, we all talked like this. There were no airs and graces in our speech. All our fathers worked on the land, were lorry drivers, worked in light industry locally, in garages... wherever there was work, there were local men, and women were working on the land, fruit picking and doing many of the jobs that had always been the prerogative of the men. Times and things were changing.

When I left the 6th Form at the Grammar School in Fakenham to do 3 years training to become a Primary School teacher, I went to a Training College in London.

My word what a cultural shock for a country girl !I never knew there were so many expressions for doing things, so many accents. As today, there were students from all over the British Isles and indeed the world.

I had a friend who came from Devon.... her accent was very pronounced and many folk thought she was American and as for me, lots of them thought I was Australian! However, at the end of three years we had all had the rough bits of our accents rubbed off.

However, there are some things I cannot lose when talking....hent being one of them, meaning haven't and hull meaning to throw. And never forget if you are a true Norfolk person you will always drop the t's at the end of words!! And now at my time of life I feel words like these are what make me a Norfolk girl and proud to be so!!

*Janet Woodhouse*

## DATES TO REMEMBER FOR JULY

Tue 2nd	Knit and Natter	Pavilion	2.00pm
Wed 3rd	Parish Council Meeting	Pavilion	7.30pm
Thu 4th	ELECTION DAY	Polling Station: Pavilion	7.00am–10.00pm
Wed 10th	Tea at Two	Memorial Hall	2.00pm
Thu 11th	Wives + All My life with a Guide Dog	Memorial Hall	7.30pm
Mon 15th	Countrysiders	Memorial Hall	7.00pm
Wed 17th	Mobile Library	The Heath to Orchard Close	2.30–5.20pm
Fri 19th	End of School Term		
Thu 25th	Gardening Club Visit	Honeysuckle Cottage, Gressenhall	TBC
	Royal British Legion	King's Head	8.00pm

### DON'T FORGET

Wednesdays	Norwich Bus	Bus Shelter (Pavillion)	9.37am
------------	-------------	-------------------------	--------

***Please remember, we can only print dates that YOU give us***

PURCELL BACH DOWLAND FRESCOBALDI and more

SATURDAY 20<sup>th</sup> JULY

2.00 pm

St Mary's Church

North Elmham



MUSIC  
FOR A  
SUMMER'S  
AFTERNOON



MUSICA MIRA

Jonathan Dodd

Jon Payne

Sophie Bell

Willow Swiatek



FREE ENTRY WITH RETIRING COLLECTION



## MADHOUSE NEWS

It is that time of year for fetes and we would like to express our gratitude to the Bowls Club for inviting us to have a stall at their event, and that we and the children had a chance to connect with others in our community. It was very enjoyable for all.

Your support was also appreciated at our event, and we were thrilled to have all those who attended and the children and families who helped and came along, to make it a success.

By participating in fund raising events, the children learn to be responsible, supportive and learn about fundraising for others.

We appreciate the children's efforts and your contributions, and we are incredibly grateful for all the many donations received from local companies as well as the residents of North Elmham.

The profits are to be divided between The Food Larder/Tea at Two, North Elmham School, Bereavement books written by Lorna Vyse and a retirement home for animals. We raised £400 profit, and this will be divided between the groups.

We are looking forward to meeting you all again, as we plan to have other events coming up and it would be fantastic to see you there!

*Debbie Coull*

## MY YHA MEMORIES

It is very interesting to read about John and Eileen Cotterill's time as Youth Hostel Wardens. I do remember most were very welcoming and helpful, but there were some very strict ones! All in by 10 pm and lights out by 10.30 pm, no mess in the members kitchen, imagine this today!

From about the age of fourteen and for the following ten years, I spent over 500 nights at Youth Hostels in all four

countries of the UK ( one of these being Welsh Bicknor), plus many in Europe. Most of these were cycling, but some walking, with a local YHA Group.

I have postcards of most of the hostels I visited, and it is interesting to note what a poor state most of the properties were in, some being in ex-army camps. Most were not that warm either, so we used to pile lots of blankets on the bed and being ex-army blankets, you could hardly move.

I realise that there is a lot more traffic these days, but there are still plenty of nice walking areas and just wonder why travelling about to keep young people occupied is not still popular today. Many male members carried sheath knives, but I do not remember anyone being stabbed!

We only had two weeks holiday each year, cooked our own food and carried everything in a single saddlebag. I do think we could not have changed clothes as well. How times have changed, not sure for the better or not?

*Derek Mummery*

**Ed's note:** John and Eileen continue their story on page 49.

## ROYAL BRITISH LEGION

We held our meeting at The Kings Head on the 30th May, and after the minutes were signed off, Mike Aston thanked all those who assisted at The Legion's stand at the Garden Fete at which we raised £75 for The Poppy Appeal which we thought was very good. A donation will be sent to The Church.

In view of summer holidays our next meeting will be July the 25th, thereafter the AGM will be the 12th September, and one final note a big thank you to Tom and Jo for a great garden fete.

*Mike Aston Branch Sec*

# King's Head Hotel

North Elmham, NR20 5JB

Ac



**LARGE BEER  
GARDEN**  
at rear of hotel  
with kids play area

**OPEN 7 DAYS  
A WEEK**

**FOOD SERVED**

**MONDAY TO  
SATURDAY  
12.00NOON  
& 6.00PM TO**

**SUNDAY  
12.00NOON**

**Book your table online:**  
**[kingsheadnorthelmham.co.uk](http://kingsheadnorthelmham.co.uk)**

**Call: 01362 668856**



accommodation • Bar • Restaurant • Beer Garden



YS  
D  
•  
TO 2.30PM  
D 9.00PM  
TO 7.00PM



**LOU GOLDSMITH**  
PSYCHOTHERAPEUTIC  
INTEGRATIVE COUNSELLOR  
BSC (HONS) UKCP ACCREDITED

## Does something need to change in your life? Are you feeling stuck?

**Talking things through with someone in a safe  
non-judgemental environment can help you  
find a way forward.**

I have 16 years of working with a diversity of presentations  
within Mind Charity/NHS/ Private Practice.

Face to face therapy in Reepham.

Zoom and telephone appointments also available.

Please see my website below for details.

Call: 07539274876

Email: [louise.counsellingservices@yahoo.co.uk](mailto:louise.counsellingservices@yahoo.co.uk)

**[lougoldsmithcounsellingservices.com](http://lougoldsmithcounsellingservices.com)**



## Aquanique Plumbing

**BATHROOMS • PLUMBING • OIL HEATING**

- Full Bathroom & Kitchen Installations
- All Domestic Plumbing Work
- Oil - Servicing, Installation, Maintenance/Repairs & Tanks
- Central Heating



07432 853481

[info@aquaniqueplumbing.co.uk](mailto:info@aquaniqueplumbing.co.uk)

01603 872698

[www.aquaniqueplumbing.co.uk](http://www.aquaniqueplumbing.co.uk)



# ELMHAM WILDLIFE



I often go for a walk somewhere around the village, looking for wildlife – though not nearly as often as I would like. Some walks are more productive than others, but I particularly enjoyed one walk in late May – so I thought I'd share some of the highlights here this month. In fact I saw so much I'm going to have to split it over two or even three months.

I started off at the chapel ruins where I had a look for the Black Fern Aphids that I'd found here in 2018. Until then the species was only known in the UK from glasshouses and other indoors situations, but it soon transpired that we had a colony surviving outdoors on the Hartstongue ferns growing on the walls of the ruins. Today I struggled to find much Hartstongue, but when I did find a plant I gently turned a leaf over to look underneath it and sure enough, there were a dozen or so tiny black aphids – they are still here.

The grass around the ruins had not been cut recently, except along the paths. This was great news – so good for wildlife. And it didn't take much searching to find a few interesting insects: a metallic green Swollen-thighed Beetle fed on an Oxeye Daisy, a 24-spot Ladybird perched on the tip of a nettle leaf (photo 1) while another climbed down a blade of grass. An Early Bumblebee rested on a leaf (photo 2) while a Wheat Stem-borer sawfly (a small wasp-like insect) fed on a buttercup flower (photo 3). A little Diamond-back moth fluttered past, landing briefly in the grass – a migratory species that had probably just flown here from Europe or even beyond.

Moving into the Cathedral Meadows I noticed a small black click beetle settled on the edge of a leaf (photo 4). It's one that doesn't have a widely-recognised







English name so is usually referred to by its scientific name, *Limonius poneli*. I've seen them here a few times before – in fact it's the only place I've seen them.

Along the far hedgerow several Common Nettle-taps were buzzing around the nettles (photo 5). This is a very small brown moth with a distinctive appearance – they can be very numerous around nettles. Further down there was a larval web on some Hawthorn (photo 6). I had a pretty good idea what it was even before I got close enough to see the caterpillars in and on it, and when I approached, I could see that it was indeed occupied by Small Eggars caterpillars. Adult Small Eggars are beautiful, but they don't often come to light traps, so the species is more often recorded in this larval stage.



There were lots of insects at the bottom of the meadows including Blue-tailed Damselfly and Banded Demoiselles. Lots of the buttercups were being pollinated by black hoverflies, most likely a species called Buttercup Blacklet though I wasn't able to confirm that.



As I walked back up to the gate to the next meadow I noticed some strange sac-like structures hanging on the Blackthorn (photo 7). I'd never seen these before but they weren't like the normal fruit of Blackthorn (sloes). They were bigger, more elongated and powdery white in colour. They were galls – specifically Pocket Plum galls – which are abnormal growths produced by a plant but caused by another organism. With many galls this other organism is an insect or a mite but, in some cases, including this one they're caused by a fungus.



The long grass in the next meadow was alive with insect life. A Pea Moth, a Diamond-back, a Silver Y (another migratory moth), a Marmalade Hoverfly, to name but a few. There



were even more in the Wildflower Meadow including one particular species of micro moth that came as quite a surprise to me as I've never seen them here before and yet there were clouds of them. They were (or at least the ones I saw well were) White-spot Yarrow Moths (photo 8). The closely-related Lead-coloured Daisy Moth was also found here, benefiting from the Ox-eye Daisies growing in the meadow.

I walked back along the edge of the meadows, beneath the oak trees that line the disused railway. The oaks are always full of insect life – many of these are unique to oak trees but the first one I found, a caddisfly called *Limnephilus sparsus*, just happened to be in oak foliage by chance. Next up was a Common Green Sawfly (photo 9), a green and black insect (mostly black from above but more extensively green below). Sawflies are related to wasps but lack the wasps' narrow waist and (like most wasp species actually) they don't sting. Further on a couple of large orange sawflies were flying around an Oak tree. They turned out to be a species called Uninscribed Sawfly, a new one for me (photo 10).

Next, I moved on to the railway and began to walk towards County School Station, but I've written enough for this month so I will save what I saw there for next month's write-up...

It's always good to hear what you've been seeing so do please keep on letting me know. Recently readers have let me know about Slow Worms by the churchyard (which I would have loved to see myself) and a massive larval web of what turned out to be Spindle Ermine moth caterpillars. If you have anything else interesting to share, please do drop me an email me at [appleton.dave@googlemail.com](mailto:appleton.dave@googlemail.com), or phone me on 668431 or message me via X at @ElmhamMeadows.

*Dave Appleton*



X @ElmhamMeadows



# **NORTH ELMHAM LIVING SUSTAINABLY (NELS)**

## **HAVE YOUR SAY**

In North Elmham, we're privileged to have the River Wensum, one of the world's globally rare chalk streams, running through the parish.

Norfolk is also home to habitats such as the Brecks and Broads but overall natural habitats have been greatly depleted. Norfolk County Council are currently consulting on the local nature recovery strategy which will set out their approach to investing in nature. If you're online you can have your say about how the council should prioritise restoring nature and enable access to it by visiting <https://tinyurl.com/lnrs-survey> or scanning the QR code on the right. The survey closes on 14th July.

On 4th July the general election gives us the opportunity to have a say about what we want for the country more broadly. Most parties have something in their manifesto, or in the words and actions of

their existing MPs, about the environment. When weighing up all the factors that will inform how you decide to vote perhaps consider what the parties are saying about the importance of a healthy environment for economic prosperity and social justice, as well as for its own sake. You might also want to check out the vote climate website [voteclimate.uk](https://voteclimate.uk).

*Vitty Danino-Appleton  
for the NELS group*



## **NORTH ELMHAM CEVA PRIMARY SCHOOL**

### **SATs**

The Year 6s approached their SATs with boldness and perseverance. We asked them all to do their best and they made us proud of them.

### **Residential**

The sun shone down on us for our Horstead residential, attended by Years 3 and 4 from North Elmham and Stibbard Schools. All children pushed themselves and achieved more than they thought possible. For some it was their first time away from home and they were all very brave. We made rafts and rowed them across the river, we took on a vertical challenge and crate stack, we learnt the art of archery and foraged in the wild to make nettle and Moroccan mint tea - which was delicious and made bread from oats, self-raising flour and water that we cooked on a stick over a campfire and ate it with butter made from Lidl cream. We learnt how to pick nettles safely - without getting stung and some were even brave enough to eat them too. More importantly we made friends and memories and returned to school exhausted but happy. I was extremely proud of how all the children represented the school.

### **Sheep**

During this half term, Sheep have been busy learning all about the Seaside! We learnt about human and physical features of the seaside and are going to start to learn about how the seaside has changed over the years. In Science, we have been naming everyday materials, we set up some little investigations to discover which material would be best to keep our monkey teddy dry! We have been

exploring and developing our outdoor area, we love our calm shed and our new rope ladder!

### **Whales**

Aside from a fantastic residential, Whales class has been busy at school as well! We have been learning this term all about some of the key British monarchs in British history, and Whales were especially interested to learn why Henry VIII had so many wives! In English, we have been reading poetry about seas and rivers, which ties into their learning in science about the water cycle. Children will soon be writing their own poems and we are excited to see what beautiful metaphors and personification they come up with. In DT, we have been honing our sewing skills in preparation for making our own money purses, and in Re, we have been exploring the theme of creation and are looking forward to the upcoming RE day where we will explore this further as a whole school.

### **Lions and Turtles**


This term the children are continuing with reading Viking Boy from which they will be writing both a story and a newspaper report based on the event in the story. Then we will be moving on to reading The Switch, a body swap story written by Anthony Horowitz. Year 6 will be doing some maths projects based on real-life scenarios like budgeting and buying a house. They conducted market research amongst the younger children to gather data for making an electronic toy for the children in Sheep and Whales classes to use and evaluate.

We have upcoming events for the children to look forward to in this last term such as

Sports day, bike ability, their Leavers service and transition: A jam packed half term awaits!



*Feel Warm, Cosy & Safe*  
with a Woodburner from Norfolk Woodburners!




**BEST PRICE**  
Guaranteed

Main agents for  
Parkray, Hunter  
& Woolly  
Mammoth Stoves

clearSkies

Installation of  
Wood Burners &  
Multi-Fuel Stoves  
Chimneys Lined  
No Chimney,  
No Problem!  
Fireplace Build  
Works

*Offering the best local service!*  
T: 01328 700161 | M: 07966 661175  
E: [norfolkwoodburners@outlook.com](mailto:norfolkwoodburners@outlook.com)  
[www.norfolkwoodburners.co.uk](http://www.norfolkwoodburners.co.uk)



## CAMERON REID OSTEOPATH

SPORTS THERAPIST

**Treatment For:**  
Back & Neck Pain  
Sports Injuries  
Headaches/migraine  
Whiplash



30 years experience  
Treatment suitable for all ages  
45 Norwich Road Dereham  
Tel: 01362 696079 07810 310045  
[reception@cameronreid.com](mailto:reception@cameronreid.com)



**PAUL COX MBE**  
07960 863 991  
[pscelectrics@gmail.com](mailto:pscelectrics@gmail.com)

Domestic, commercial & light  
industrial installations & repairs

Part P approved

Follow us on:





## DKC PLUMBING

### Oil Boiler Specialists

- Oil Fired Boiler Servicing
- Boiler Breakdowns
- Boiler Repairs
- Oil Tank Repairs
- Radiator Power Flush
- General Plumbing
- Heating Systems
- Domestic & Commercial

**Out Of Hours**  
call outs  
available

Fully insured

rated people  
Google  
facebook  
Yell.com

95% of all  
breakdowns  
fixed within  
the first  
hour!!



Call today for a quote  
**07375 995 198**  
[www.dkcp plumbing.co.uk](http://www.dkcp plumbing.co.uk)



## NORTH ELMHAM SCHOOL HOUSE AND LAND CHARITY

Are you under 25 years of age? If so, were you a pupil at North Elmham School? Do you need financial assistance to help you gain further qualifications to enable you to undertake higher education or to develop non-academic skills?

If your answer is yes to these questions, the North Elmham School House and Land Charity may be able to help you.

To apply write to:-

Clerk to the School House & Land Charity, Mrs C Payne, 84 Eastgate Street, North Elmham, Dereham, Norfolk, NR20 5HF by 31st July. Unfortunately the Trustees are unable to consider applications after the closing date.

All applications will be carefully considered by the trustees and a reply will be sent.

## IF YOU FIND AN INJURED BIRD

Recently I made the acquaintance of a young rook. Sleeping downstairs, we were woken up one morning at 4.00 am by a raucous din – it turned out to be a young rook with full plumage who obviously wasn't pleased with life at the moment!

There is a large conifer alongside our garden and for the last five years there have been rooks nesting there. Did he fall out or was he pushed?

He wandered around the garden until 8 o'clock, obviously calling for mum and dad, but sadly they didn't want him. I was putting the washing on the line when suddenly I looked down – and there he was. His feathers were shiny as were his eyes. I dropped a damp tea towel over him and scooped him up and put him in a shopping bag! I clutched the bag by the

handles as I drove to Broom Green and Bruce Howell's house.

Bruce takes in injured birds and in the past, hedgehogs too. He weighs the birds and feeds them on dog food and specially formulated bird food and also gives them medication.

He said the bird was starving – he showed me as he tipped it up in his hands, you could see the breastbone sticking out and also there was a small place at the base of the wing which might have prevented it flying.

Bruce said he would take care of him and ring me regularly with updates and, so far, the rook is doing well.

People bring him all kinds of birds which they have taken to their local vets, who tell them to go to Bruce. They come from miles away and like me, I guess they feel an affinity with the bird. They often come back to return the birds to where they were found.

So, if you do find a bird which has been hit by a car, or caught by a cat and is injured, give Bruce a ring 01362 668 303 and chat to him. He has various birds who have decided life with regular meals is better than foraging for themselves!

Isn't it nice to know that there is someone here with the ability and affinity with birds to nurse them back to health. Good luck to them all.

*Janet Woodhouse.*





VISIT US ONLINE OR CALL US  
TO DISCOVER MORE

[www.creativechiro.co.uk](http://www.creativechiro.co.uk)  
[info@creativechiro.co.uk](mailto:info@creativechiro.co.uk)  
01328 854325



## DID YOU KNOW?

We offer a wide range of treatments and services you may not have tried yet..

Chiropractic  
Deep Tissue & Sports Massage  
Relaxation & Pregnancy Massage  
Reflexology  
Therapeutic Facials  
Neals Yard Treatments  
Tailored Health Guides  
Free 30 Minute Assessments

Creative Chiro, Pensthorpe Natural Park, Fakenham Road, Fakenham, Norfolk, NR21 OLN.

# MASTER CHIMNEY SWEEP

## NVQ QUALIFIED CHIMNEY ENGINEER



- All Chimneys, flues and appliances swept
- Certificates issued
- CCTV chimney surveys
- Bird/rain guards / Anti down-draft cowl supplied and fitted
- Stove servicing and maintenance



**Established 1995**

**CALL D THOMPSON CHIMNEYS LTD**

**01328 851081**

**[www.the-sweep.co.uk](http://www.the-sweep.co.uk)**





## YOUNG FARMERS

North Elmham Young Farmers have had a very busy month! Starting off with a tour and talk on the 1st of May at Batesmoor Farm with Issy Rainy, who took us around the meadows looking at her Lincoln Reds and Highland Cows.

Norfolk YFC held their Oak Ball to celebrate 80 years of Young Farmers in Norfolk. North Elmham had four tables and everyone had a fabulous evening.

On the 19th of May it was a farm event held at Morley Farms, we won for the first time in 10 years, which is an amazing achievement! Competing in almost everything and placing in almost everything we entered. The following weeks meeting was a tour of TMA Bark, a family ran business who are one of the largest producers and market leaders in the UK supplying large volume of bark, mulch, and wood-chip products around the country. Everyone enjoyed learning about the process of bark and wood-chip production.

**BACK TO THE 80'S!!** On the 25th of May North Elmham YFC held their Back to the 80's social and everyone enjoyed the night. We raised a total of £953, which will be going to our two charities - Heart UK and the Big C. To end a very successful month we took part in car Hide and Seek around Gressenhall and Beetley, which was enjoyed by all. We are having a chilled June with pub and beach meets before harvest and our Rally (which is on the 7th July). Our YFC Year Starts again in September, we will be holding a New Members Evening. We will confirm the date closer to the time.

Weekly meetings are usually held at The Kings Head, North Elmham on Wednesday at 7.30pm (unless stated otherwise).

For more information in joining North Elmham Young Farmers contact Luke Pratt.

Call: 07876010824

Email: [north\\_elmham\\_yfc@norfolkyfc.co.uk](mailto:north_elmham_yfc@norfolkyfc.co.uk)

Instagram- @northehelmhamyfc

# NORTH ELMHAM GROUP

## Community Speed Watch



**PROVING TO BE A SUCCESSFUL DETERRENT**

**MORE LOCATIONS PLANNED**

**MORE VOLUNTEERS NEEDED**

If you would like to be involved or want further information, please contact the group's organiser Paul Carr at [carrpaulus@aol.com](mailto:carrpaulus@aol.com).

**PLEASE DRIVE CAREFULLY**

*The Community Speed Watch (CSW) initiative allows members of the community to address the issue of speeding by becoming actively involved in road safety, monitoring speeds at safe locations with speed detection equipment.*

*Police forces across the country implementing Community Speed Watch can show a reduction in overall average speeds and a significant reduction in drivers travelling well above the speed limit.*

**Together we can make a difference**



## STUFF IS THE FABRIC YOU NEED

Rifling through some papers, we found an article about Elmham in the Bury & Norwich Post for Wednesday 2, 1856 – about the death of an Elmham man called William Herring, whose father was the Rector of St Mary's church here in the village.

Now I quote, "The second son of the Rev Thomas Herring, Vicar of North Elmham in this county. Mr Herring, at an early age, was sent to Holland to qualify himself for mercantile pursuits. There he acquired a competent knowledge of the Dutch and German languages, as well as the Dutch method of book-keeping, in which they are said to excel.

On his return to Norwich he was placed under his uncle, the late William Herring, Esq., an eminent manufacturer. He afterwards removed into St Saviour's where he carried on the manufacture of stuff goods for the Dutch market."

Madam Milles (of Elmham House) as she was then called, used to buy a quantity of wool annually which had been prepared for spinning. She would give this to the poor in the village, to be spun.

After it was spun into yarn, it was returned to her, then the Vicar sent it to Norwich to his brother (William Herring Snr) to be made into Stuff. The finished fabric was returned to Madam Milles who distributed it among the poor in the village.

What a strange word for material. We all use the word 'stuff' regularly when we can't think of the correct word we need....

Looking the word up, among other things it says it can be mixed with linen to be woven or left as it is for working clothes.

We live and learn!

## WIVES PLUS ALL

Our June meeting on the evening of Tuesday 11th saw the Club visiting Dale Farm in Dereham where we were made welcome by the owners Graham and Sally Watts. Graham showed us round the garden and detailed it's history and work carried out on the one time derelict farm house and land that has made it today the splendid peaceful garden in Dereham Town Centre. The garden opens to the public as part of the Norfolk's National Garden Scheme and this year's National Garden Scheme's Brochure describes it as

"A two acre plant lovers' garden with a large spring-fed pond, over 1,000 plant varieties in exuberantly planted borders with wood sculptures exhibition, promoting nature with waterside gardens. The garden has a Collection of 150 hydrangeas. There is a wide choice of plants for sale."

We rounded off the evening with a welcome cup of tea and homemade delicious tasting cakes provided by our hostess Sally. We gave our thanks to Graham and Sally for an enjoyable evening visit to them.

### Next Meeting

Wives Plus All's next meeting will return to the North Elmham Memorial Institute Village Hall and will be on

**Thursday 11th July at 7.30pm**

**When Gillian Southgate will give a talk on "My Life with a Guide Dog."**

A raffle will be held and there will be refreshments.

All welcome please come along.

*Anne Ferris*



## Chartered Community Physiotherapist

HCPC & CSP registered

Assessments & Treatments in your own home

or at our Dereham Clinic

Support with any condition including:

Mobility and falls

Joint or muscle pain

Neurological

Call Rachael on

07507 870878

Or

Email me on

[rachael@equiphysique.co.uk](mailto:rachael@equiphysique.co.uk)

WHITE PINE



For all your :

Tree works

Fencing

Landscaping

Please call Martin

07795350990

## Littleproud & Son

### Independent Family Funeral Directors



**NEWLY OPENED**  
**FUNERAL HOME IN DEREHAM**

**Tel: 01362 695458** (24hrs)  
South Green, Dereham, NR19 1PU

- Personally supervised by the Littleproud family & dedicated staff
- Traditional & Bespoke Funerals at an affordable cost
- Horse Drawn Funerals
- Pre-Paid Funeral Planning
- Memorial Consultants
- Modern Jaguar Fleet

**Tel: 01760 440269** (24hrs)  
Hale Road, Bradenham, IP25 7RA



*"Our family taking care of your family"*



[www.littleproud-funerals.co.uk](http://www.littleproud-funerals.co.uk)



## BRISLEY & NORTH ELMHAM CRICKET CLUB

Some very unseasonable weather has made ground preparations challenging but to date only one game has been lost to weather and that was an away fixture. The Saturday first team suffered a little run of underperformance but has recovered strongly to lie second in Division 1 West. Although yet to record a victory the second team has been strengthened by new signings and are improving week by week. The Ladies team has enjoyed an excellent start to their season with two league victories from 2.

A special mention to Dave Pearson who came out of a 30 year retirement to join his grandsons in the second team and opened the batting with determination.

### Upcoming Home Fixtures

Date	Team	Fixture Type	Opposition
Fri 5th July	Ladies	League	Sheringham
Sat 6th July	Saturday 2nds	League	Aylsham
Fri 12th July	Interclub game	N/A	N/A
Sat 13th July	Saturday 1sts	League	Snettisham
Sat 20th July	Saturday 2nds	League	Yarmouth
Sat 27th July	Saturday 2nds	League	Happisburgh

# GARROD PROPERTY MAINTENANCE

QUALITY BUILDING DEVELOPMENT AND IMPROVEMENTS

- **Property renovation & extensions**  
Highly skilled local trade professionals
- **Bespoke handcrafted joinery**
- **Flint knapping, walling & bricklaying**
- **Hard landscaping and specialists in grid paving & driveways**



**We provide a personal and professional service tailored to our client's requirements from concept to completion. Everything we do is finished to the highest standard.**

**Contact us  
today for a  
no obligation  
quotation!**



**info@garrodpropertymaintenance.co.uk**



**www.garrodpropertymaintenance.co.uk**

# 07799 536145

## Park Physiotherapy



Muscle & joint pain; Sports injuries; Back Pain; Arthritis  
Neck and Arm pain;  
Dizziness; Headaches;  
Continence & Pelvic Health for men & women; pregnancy problems

**Leys Farm, Hockering NR20 3JE**

**01603 881184**

[www.parkphysiotherapy.co.uk](http://www.parkphysiotherapy.co.uk)

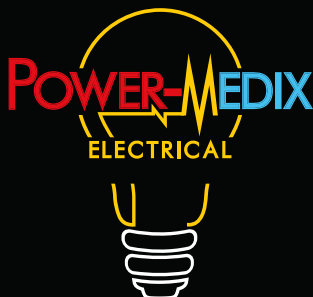
Chartered Physiotherapists Registered with the Health Care Professions Council

- Inspection & Testing
- Maintenance
- Fault-finding
- Installation

**01362 527977**

[info@power-medix.co.uk](mailto:info@power-medix.co.uk)

[www.power-medix.co.uk](http://www.power-medix.co.uk)



## **Recent Results**

### **Saturday May 18th**

*Div 1 West B&NE 1sts lost by 51 runs*

Thornham 194 all out (Abdul Ali 5-26)  
B&NE 143 all out (Fordham 82 Bend 22)

B&NE were well beaten in this clash between 2 unbeaten sides. Early catches were shelled and despite Ali cleaning up the lower order, the target was too much as opener Fordham battled his way without much support apart from a cameo by Phil Bend.

Premier Seeds MoM: Billy Fordham for his 82 runs and fine wicket-keeping with 3 catches.

### **Tuesday May 21st**

*Wicklewood T20 B&NE lost by 78 runs*

Norwich Tigers 132-9 (O Hall 4-22 Hassam 2-17) B&NE 54

A crushing defeat on B&NE's Wicklewood debut. After losing a crucial toss, B&NE controlled the opposition's scoring for the first 15 overs before the final five went for 50 runs and with the increasing gloom and rain it was almost impossible to see the red ball and only 2 batsmen made double figures.

### **Friday May 24th**

*Belladonnas won by 13 runs*

Belladonnas 115-4 (A Waters 29 no)  
Downham Stow 102-8 (T George 3-16 S Hall 2-15).

### **Saturday May 25th**

*B&NE lost by 11 runs.*

Beeston 128-6 B&NE 116-6

The old saying catches win matches was never truer than in this rain-affected local derby. Having put down some early chances, B&NE faced a tough target in their allotted 25 overs and the visitors fielding was outstanding both catching

and ground fielding and despite Ollie Hall's efforts B&NE fell 11runs short.

Premier Seeds MoM: Ollie Hall for his 36 runs

### **Saturday June 1st**

*B&NE 1sts won by 25 runs*

B&NE 212-9 (Abdul Ali 83 Donnelly 63no)  
Felthorpe 187 (O Hall 4-53 Ali 3-25)

B&NE returned to winning ways when they travelled to early league leaders Felthorpe and this result pushed them up into second place. A savage onslaught from Abdul Ali saw him smash 9 sixes while Tom Donnelly continued his excellent batting run as he climbed into the top 5 batters across the League. All the Felthorpe top 6 batters got into double figures but tight bowling and excellent fielding won the day.

Premier Seeds MoM: Abdul Ali for his 83 runs and 3 wickets.

*B&NE 2nds lost by 5 wickets.*

B&NE 76 (B Fordham 22) Felthorpe 2nds 77-5 (M Wiseman 2-13 Bend 2-8)

Aspire Mortgages MoM: Max Wiseman

### **Thursday June 6th Wicklewood Trophy**

*B&NE won by 74 runs*

B&NE 153-5 (Ali 73) Hingham 79 (Hall 4-15 Donnelly 2-16 Ali 2-4)

Abdul Ali hit 6 sixes in his onslaught and was ably supported by Futter's 23 and Donnelly's unbeaten 20. Ollie Hall grabbed another 4 wickets as the visitors subsided within 16 overs.

Premier Seeds MoM: Abdul Ali for his 73 runs and 2 wickets.

### **Friday June 7th**

*Belladonnas won by 14 runs*

Belladonnas 103-7 (S Hall 22no)  
Sprowston 89-7 (A Waters 3-14)

## **Saturday June 8th**

*B&NE 1sts won by 49 runs*

B&NE 261-9 (Tuthill 119) Saham Toney 212-5 (Donnelly 2-56)

A maiden club century for newcomer James Tuthill was the standout performance as B&NE set a challenging target for the visitors, a target that was never seriously threatened although they lost only 5 wickets.

Premier Seeds MoM: James Tuthill for his 119 runs and 2 wickets.

*B&NE 2nds lost by 3 wickets*

B&NE 180 (Laing 80 Fordham 37) Ashmanaugh 181-7

A best ever score of 80 for James Laing on his return to the club ably supported by Billy Fordham (37) ensured a good score for the second team who are still searching for their first victory. Two wickets apiece for youngsters Max Wiseman and Luke Bould and veteran skipper Bend almost clinched that win but the home side reached the target with plenty of overs to spare.

Aspire Mortgages MoM: James Laing for his 80 runs.

## **WHAT'S ON LOCALLY**

### **Brisley Village Cinema**

We are taking a break for the summer and hope to welcome you back in September.

Dave Pearson 07816 139926 –  
dpearson1954@yahoo.co.uk

### **Walkers Are Welcome**

Please come and join us for a walk in the local area. Our short walk of around four miles is always on the first Friday of the month. There is a dual walk planned for later in the year (a long walk with a shorter alternative) as well as continuing

our walks of just two miles for those wanting an easier walking experience.

For up-to-date information, please check our website [www.derehamwaw.org.uk](http://www.derehamwaw.org.uk) or email Ken Hawkins: [ken-hawkins@tiscali.co.uk](mailto:ken-hawkins@tiscali.co.uk) or call him on 07505 426750.

### **Brisley Heritage Festival**

The St. Bart's, will bring to life the village's rich history and provide opportunities to learn more about the people and history of Brisley and wider Norfolk. The event will bring together many stories that have accumulated over the last millennia, some of national significance. The festival offers events and experiences for all ages - keep an eye on our social media pages for the latest information!

The festival is organised by St. Bartholomew's Church, Brisley with the support of contributors from local groups and organisations.

Friday 6th September: 8:30 onwards.

Saturday 7th September: 10:00–16:30

Sunday 8th September: 10:00–16:30

Contact Katie Longwill on: 07967664690

## **UPDATE ON COMMUNITY SPEED WATCH**

The North Elmham CSW has been in operation for one year and now has nine volunteers and we have recently added two more Police approved locations- Pump St and Station Road.

We are just one of over a hundred CSW teams operating in the county of Norfolk.

We have asked the Parish Council to discuss improved signage with Highways, and other safety measures will be proposed as we progress.

Kind Regards

*Paul W Carr*



## 25 YEAR CAREER WITH THE YHA

### Changes

As I said in the last article, after eight or so years at Welsh Bicknor, with all its specific problems, we were tired and needed a change. We thought a nice small hostel would fill the bill. So, we applied for, and got, a smaller hostel in Castle Hedingham in Essex, only about five miles from the Suffolk border. The nearest town being Sudbury.

We realised almost immediately that it really didn't suit us. Being quite small, the staff was just us two, plus some part time help from locals. Also, we shouldn't take time off together, being manager and assistant. Not a sustainable arrangement. We were quite successful, and managed to increase the business. We had a close association with Waltham Forest College. We even had a wonderful teacher employed by the college, attached to the hostel. She introduced me to the joys of "educational research", meaning we could go off to all sorts of places, under the guise of "researching" potential educational resources. These groups were a mixed bunch ranging from the genuinely interested to those that wondered why they couldn't go clubbing every night. We also seemed to appeal to primary school groups, which was lovely. On the last night of their stay, and if the teachers were interested, we had a barbecue in the garden. There was always a well meaning teacher (usually male) who took over the cooking on the charcoal barbecue. Eileen never trusted the chefs' capabilities, and cooked the sausages in the catering kitchen, and brought them out to be smoked on the barbecue. That way we ensured there were no health problems.

We were also the first stop for Dutch tourists arriving at Harwich. We were frequently asked "which way to Scotland".

To which we replied, " go to the end of the road, turn right and keep going for 350 miles".

After two years we applied for the hostel at Borth in mid Wales, between Aberwrystwyth and Aberdovey.

*John and Eileen Cotterill*

## ST MARY'S CHURCH

### Roll on Summer

As I write this in early June, I wonder whether the summer has already been and gone and we have plummeted into autumn. It has been a cool wet summer so far, although the grass and the weeds have loved it! Here's hoping that July will return us to the hot sunny weather we all hope for. The flowers for this month include the delphinium and the sunflower, to add to the rainbow of colours our gardens and meadows will be displaying.

The thought of colours reminds me of our church year being split into a number of seasons, represented by the five liturgical colours: blue for Advent; white for Christmas and Easter; purple for Lent; red for Holy Week and Pentecost; and green for 'Ordinary Time' which is where we are now.

This does not mean that this season is ordinary or mundane. Indeed, perhaps we really should call it Extraordinary Time, as green is the colour of revelation. That is, for this season, the revelation of one Eternal God as revealed in the Trinity – Father, Son and Holy Spirit. In nature during summer, green is seen throughout the natural world with green leaves, vines, and crops. We could say that green symbolises our own spiritual growth in Christ, nurtured by the Church and by the Gospel readings.

During July we have three feast days: the feast of St Thomas the Apostle on the 3rd of July, Mary Magdalene on the 22nd and St James the Apostle on the 25th.

# **WORZELS ROOFING**

**ROOFER TILER / SLATER**

**NEW, OLD WORK REPAIRS**

**07990 972381/01760 755024**

**WWW.WORZELSROOFING.CO.UK**

**Over 15 Yrs experience: No job too small  
Free estimates: Competitive prices**

## **ELMHAM MEMORIAL HALL**

Available for Hire

### **LARGE HALL**

With stage area and serving hatch

Ideally suitable for Wedding Receptions and Theatrical Productions

### **SMALL HALL**

With Snooker Table, Darts and Short Mat Bowls equipment

**Both Halls with access to rear garden area ( suitable for summer functions) and  
Well equipped kitchen. Crockery and cutlery available.  
Performing Rights and Public Entertainment Licences**

Registered with Breckland District Council under Betting & Lotteries Act

**Reasonable Hire Rates**

**Bookings 01362 668580**

Elmham Memorial Hall is Registered Charity – No 304020

## **ANT'S CARPETS**

Carpet and vinyl supplied and fitted

Free measures, estimates and planning

All work guaranteed – Home selection service available

Wet room flooring supplied and fitted

**Customers own carpet and vinyl fitted**

**Mobile: 07919273107 Tel: 01362 667747**

However, I imagine the biggest event that will mark this month will begin with the general election on the 4th of July and the aftermath which will headline the news for many weeks.

Remember there is a lot to look forward to this month. "Hot July brings cooling showers, apricots and gillyflowers", Sarah Coleridge. How about some elderflower cordial under the gazebo or a picnic on the lawn? I look forward to summer pudding with cream and summer holidays. Of course, the youngsters will be happy that school is finally out. This definitely is an extraordinary time.

Yours in Faith

*Colin Ferris*  
*Authorised Worship Assistant,*  
*Heart of Norfolk Benefice.*

## WORTHING NEWS

Our Sunday Services for July on the 14th Holy Communion and 28th Iona Morning Praise both starting at 10.30 am. We hope you will be able to join us.

### Advance Notice

Sponsor forms coming soon for:

The Norfolk Churches Trust  
Bike Ride  
Saturday 14th September 2024

This is the date that should be in everyone's diary whether you cycle, walk, ride, or whatever non-motorised means you use, or act as a 'sitter' at a church to give a welcome. Please join us on the day and visit these unique buildings and help to sustain what we are all proud to have around us.

Details & sponsor forms from:

Celia tel: 01362 668928

Email: [c.daniel784@btinternet.com](mailto:c.daniel784@btinternet.com)

"Blessing" (Millstream Cottages),  
Church Road, Worthing, NR20 5HR

To keep up to date with all our news and events, please visit and join Worthing Church Facebook page.

[www.facebook.com/  
StMargaretsChurchWorthing](http://www.facebook.com/StMargaretsChurchWorthing)

## ST. MARY'S CHURCH SINGING PROGRAMME 2024

*All by donation, apart from Chaos Collective on 24th August.*

### 20th July

Musicamira  
Early Music Concert 2.00 pm

### 10th August

Lauren Dove  
Singing Workshop 2.30–4.00 pm

### 24th August

Chaos Collective 7.30 pm  
Tickets £10 in advance/£12 at the door

### 7th September

Caz Jeffries  
Singing Workshop 2.30–4.00 pm

*St. Mary's Church, North Elmham  
NR20 5JU*

# Guitar and Music Tuition

## Beginners to Advanced

*Classical, Jazz, Folk, Pop and Rock, Bass Guitar*

*Jazz Improvising - any instrument.*

Qualified teacher and professional musician

**Peter Wild LTCL**

**Tel. 01362 668558 (North Elmham)**

# Plastering / Rendering

## GENERAL BUILDING MAINTENANCE

**NO JOB TOO SMALL !**

**CALL ME TO DISCUSS YOUR PROJECT**

**NEIL ALLSEBROOK:- 07802 238835**

**THANK YOU – CHAT SOON**

Payments accepted



### SPECIALISING IN EXTERIOR:

- Window Cleaning (WFP & Traditional)
- All external cleaning: gutters / fascias, uPVC & conservatory
- Patio / path & drive pressure washing

**BM Cleaning**  
COMPLETE CLEANING SERVICES  
**07879 457072 / 07912 851594**

### SPECIALISING IN INTERIOR:

- Carpet cleaning
- Upholstery cleaning
- Commercial & domestic hard floor machine clean & polishing



For ALL your cleaning needs call us on 07879 457072 or email: [enquiries@bmcompletecleaning.co.uk](mailto:enquiries@bmcompletecleaning.co.uk)

72 Eastgate Street, North Elmham, NR19 2UA

**[bmcompletecleaning.co.uk](http://bmcompletecleaning.co.uk)**

## WORDSEARCH

### DOCTOR WHO

C	W	A	C	L	A	R	A	D	R	W	H	O	A
O	D	H	L	E	A	E	C	D	E	A	I	O	C
M	C	T	O	R	S	S	T	R	T	T	A	O	A
P	T	R	P	V	O	O	E	O	H	H	S	E	P
A	X	A	T	R	I	R	T	L	A	E	P	R	T
I	O	M	H	X	S	A	A	E	S	M	A	U	A
N	B	T	E	S	E	E	N	M	K	A	C	T	I
I	E	S	D	I	Y	I	I	I	E	S	E	N	N
O	C	E	O	L	R	B	M	T	L	T	T	E	J
N	I	I	C	E	O	A	R	M	A	E	A	V	A
S	L	T	T	N	R	U	E	E	D	R	R	D	C
E	O	W	O	C	E	N	T	N	S	E	D	A	K
O	P	O	R	E	N	D	X	F	M	N	I	I	A
D	R	B	J	T	I	P	E	F	E	Z	S	L	H

TIMELORD

EXTERMINATE

WHOVIAN

TARDIS

DR WHO

SILENCE

ADVENTURE

BOW TIES

THE DOCTOR

THE MASTER

CAPTAIN JACK

DALEKS

COMPANIONS

ROSE

RORY

SPACE

POLICE BOX

FEZ

MARTHA

CLARA



## Joanne Medler Hypnotherapy

ACCPH Registered Hypnotherapist, NPL & EFT Practitioner in North Elmham

Helping people overcome various life issues. Contact me to see how Hypnotherapy may be able to help you

Tel: 07766 870145      Joannemedlerhypnotherapy@gmail.com  
www.joannemedlerhypnotherapy.com

**Tina Barnes** MCFHP MAFHP

**Foot Health Professional**

*Professional treatment in the comfort of your own home*

*We specialise in treatment for:*

Corns	Ingrown toe nails	Fungal infection	Toe orthotics
Callus	Nail deformities	Diabetic foot assessment	

*For a private consultation & appointment:*

**Tel: 01362 668348 - Mobile: 07833 511353**

**Help at Hand**

**Peter Cross**



**phone/fax: 01362 861024**

**mobile: 07796550189**

**All jobs considered**

Gardens/Driveways restructured and designed  
Brickweave/Patios/Pathways/Carparks/Borders/Edging etc  
(All materials & aggregates can be delivered and surplus  
cleared away)

**Complete Self-Sufficient Service**



Oil Boiler Servicing  
and Breakdown  
Repairs

Authorised



Engineer

**Assured Boiler Care Ltd**



Oil Tank Replacement  
For further details, Contact David Rowe on



Power Flushing  
Existing Heating  
Systems

**01328 700500 or 07900 060940**

**20% Off the cost of Power flushing for limited time only**



## CHURCH SERVICES



HEART OF  
NORFOLK  
CHURCHES

### JULY 2024

#### 7TH JULY – 6TH SUNDAY AFTER TRINITY

9:30 am	Wood Norton	Morning Praise
10:30 am	Bawdeswell + Zoom	Holy Communion
10:30 am	North Elmham	Holy Communion
10:30 am	Stibbard	Holy Communion

#### 14TH JULY – 7TH SUNDAY AFTER TRINITY

10:30 am	Bawdeswell + Zoom	The '10:30'
10:30 am	Wood Norton	Holy Communion
10:30 am	Worthing	Holy Communion
10:30 am	Stibbard	Morning Praise

#### 21ST JULY – 8TH SUNDAY AFTER TRINITY

10:30 am	Bawdeswell + Zoom	Holy Communion
10:30 am	North Elmham	Iona Holy Communion
10:30 am	Foulsham	Holy Communion
4:00pm	Wood Norton	Sung Evensong

#### 28TH JULY – 9TH SUNDAY AFTER TRINITY

9:00 am	Guist	Holy Communion
10:30 am	Bawdeswell + Zoom	Word & Praise
10:30 am	Foulsham	Holy Communion
10:30 am	Worthing	Iona Morning Praise
10:30 am	North Elmham	Morning Praise

\*Services at Bawdeswell Church are also available on Zoom.

[www.heartofnorfolkchurches.org.uk](http://www.heartofnorfolkchurches.org.uk)

# ADVERTISERS INDEX

## Children

Madhouse (Childcare)..... 6

## Eating Out/Eating In

Kings Head Hotel .....30–31

Willie Weston (Fishmonger)..... 4

## Fitness, Health & Beauty

Alison Watson (Beauty & Podiatry) ..... 4

Cameron Reid (Osteopathy) .....38

Creative Chiropractic .....40

Equiphysique (Physiotherapy).....44

Joanne Medler (Hypnotherapy).....54

Lou Goldsmith (Counselling) .....32

Park Physiotherapy.....46

Tina Barnes (Podiatry) .....54

Yoga Classes .....22

## For The Home & Garden

180 Oven Cleaning .....20

Aquanique Plumbing.....32

Anglia Roofline (Soffit & Fascia Boards, Gutters) ... 2

Ant's Carpets.....50

Assured Boiler Care.....54

BM Cleaning.....52

Dereham Hire (Digger & Tool Hire/Sales).....18

DKC Plumbing & Oil Boiler Specialists .....38

D Thompson Chimneys (Chimney Sweep) .....40

Firing Squad (Woodburners) ..... 8

Garrod Property Maintenance .....46

Greensleeves (Lawn Care).....18

Help at Hand (Garden Maint).....54

John Coles (Electrician/Property Maint) ..... 8

Neil Allsebrook (Plastering & Rendering) .....52

The Norfolk Sweep (Chimney Sweep)..... 8

Norfolk Woodburners (Installations).....38

Paul Cox Electrical.....38

Power-Medix (Electrician).....46

R P Pest Control..... 2

Richard Roos (Property Maint) ..... 6

S&C Window Repairs ..... 4

Tree Work East .....59

White Pine (Tree Maint/Fencing/Landscaping).....44

Worzels Roofing .....50

## Firewood

Mark Bane (prev MB Logs) .....22

## Funeral Directors

Fakenham & District Funeral Services .....10

H Brett & Sons .....16

Littleproud & Son .....44

## Holiday Accommodation

Kings Head Hotel .....30–31

## Pets

Four Paws (Dog Grooming) ..... 6

Furry Dogmother's (Dog Grooming).....22

## Tuition

Kay Barker Fine Art ..... 6

Nick Long (Driving) .....16

Peter Wild (Music) .....52

## Vehicle Maintenance

Classic Offroad Garage Services.....18

Norwich Road Garage.....10

North Elmham Service Station.....59 & 60

## Venue Hire

Eastgate Centre .....22

Elmham Memorial Hall .....50

## Other

Broadland Lifting Services ..... 16

Clan Press.....59

Computers@Home ..... 4

Fakenham Prepress .....22

Gressenhall Museum .....20

*To advertise in the Elmham News please contact  
Martin Phillips: martin.s.phillips@btopenworld.com*

## This Month's Photo Contributors

Our thanks go to everyone below who submitted  
and gave permission for the images included  
this month.

COVER: Sarah Felton

PAGE 13 & 15: Countrysiders

PAGE 21: Adrian Nicholls

PAGE 24 & 25: Nicola Ruth Earle, Jo Fitzalan Howard

PAGES 33–35: Dave Appleton

PAGE 36: Vitty Danino-Appleton

PAGE 41: Young Farmers

PAGE 45: Mark Ballman



# NORTH ELMHAM PARISH COUNCIL

## PARISH COUNCILLORS

**Chair:** Paul Grainger, 01362 667 135  
**Vice Chair:** Martin Phillips, 01362 668 409  
Ann Ferris, 01362 668 580  
Tom Fitzalan Howard, 01362 668 232  
Brian Gee, 01362 422 799  
Ann Keeble, 01362 668 216  
John Labouchere, 01362 668 306  
Nick Markwell, 01362 668 557  
Michael Rayner, 01362 667 859  
Colin Smith, 01362 668 585

## PARISH CLERK

Kevin J Webb, 01328 855046  
northelmhampc@hotmail.co.uk

## MEETINGS

Held on 1st Wednesday of the month in the Pavilion at 7.30pm. All parishioners welcome. Public participation takes place at the beginning of each meeting. County and district councillors attend meetings whenever possible.

Between meetings specific matters for the Parish Council can be notified according to the list below.

## VILLAGE FACILITIES

Allotments..... Martin Phillips  
Broom Green & Pound ..... John Labouchere  
Cathedral Meadows ..... Tom Fitzalan Howard, Ann Keeble  
Cathedral Ruins..... Ann Keeble, Tom Fitzalan Howard  
Eastgate Centre..... Martin Phillips, Paul Grainger  
Millennium & Jubilee Wood..... John Labouchere  
Playing Field & Pavilion..... Colin Smith, Ann Ferris  
Prince William Wood..... Tom Fitzalan Howard, Nick Markwell  
Village Green ..... Colin Smith, Brian Gee  
Footpath Warden..... Ann Ferris

## SERVICES

Environment & Maintenance ..... Martin Phillips  
Highways ..... Paul Grainger, Brian Gee  
Mid-Norfolk Railway Liaison..... Michael Rayner, Nick Markwell  
Planning..... Michael Rayner, Martin Phillips, John Labouchere  
Street Lighting..... Tom Fitzalan Howard, Nick Markwell, Colin Smith  
Tree Warden ..... Tom Fitzalan Howard, Nick Markwell, Colin Smith  
Website ..... Martin Phillips

## PARISH CHARITIES

There are a number of charities that make grants to individuals resident in the parish. Please consult the community website for information [elmham.org.uk/parish-council/village-charities](http://elmham.org.uk/parish-council/village-charities).

# NORTH ELMHAM DIRECTORY

**Elmham Surgery, Holt Rd - 01362 668215**

**Group website: [elmhamsurgery.com](http://elmhamsurgery.com)**

Surgery Opening Times Mon, Tue, Thur, Fri 8.30 am–6.30 pm, Wed 8.30 am–6.00 pm)

**Swanton Morley Surgery, Dereham Road - 01362 638100**

Surgery Opening Times Mon–Fri 8.30 am–6.00 pm

**Elmham and Swanton Morley Dispensary**

Dispensary Opening Times Mon, Tue, Thur, Fri 8.30 am–12.00 pm, 2.00 pm–6.30 pm  
Weds 8.30 am–12.00 pm, 2.00 pm–6.00 pm

## Other Useful Contacts

**NHS Medical Help**

**Dial: 111**

**111 online: [111.nhs.uk](http://111.nhs.uk)**

**POLICE: Non Emergency Dial: 101 - EMERGENCY Dial: 999**

Breckland District Councillors	Gordon Bambridge Bill Borrett	01603 881364 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	<a href="mailto:george.freeman.mp@parliament.uk">george.freeman.mp@parliament.uk</a>	01953 600617
North Elmham VC School	Ms Victoria McConnell, Head Teacher	01362 668318
Chairman of School Governors	Robert Plant <a href="mailto:chairofgov@northelmham.norfolk.sch.uk">chairofgov@northelmham.norfolk.sch.uk</a>	
Memorial Institute	Bookings: Ann Ferris <a href="mailto:p.ferris84@yahoo.com">p.ferris84@yahoo.com</a>	01362 668580
Pavilion	Bookings: Ann Ferris <a href="mailto:p.ferris84@yahoo.com">p.ferris84@yahoo.com</a>	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Website	<a href="http://www.elmham.org.uk">www.elmham.org.uk</a>	

Dereham Library, 59, High Street, Dereham, NR19 1DZ - 01362 693184

Opening times: Mon–Fri 09:30–19:00, Sat 9:30–16:00, Sun 10.00–16.00 (Open Library access only)

Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Power Cut (24 hours)	0800 31 63 105
Samaritans		116 123
Citizens Advice Bureau	<a href="http://www.ncab.org.uk">www.ncab.org.uk</a>	0800 144 8848

## Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	<a href="mailto:heartofnorfolkrector@gmail.com">heartofnorfolkrector@gmail.com</a>	668850
Roman Catholic	Father Jay T Magpuyo	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Diana Bennetts	<a href="mailto:dereham@salvationarmy.org.uk">dereham@salvationarmy.org.uk</a>	696341
More2Life	Anne-Marie Fewell		01328 701830

## Church Wardens

Elmham	Michael Newey	668424
Worthing	Celia Daniel	668928





## TREE WORK EAST Ltd

*Tree Surgery & Maintenance  
Stock fencing & Landscaping*  
[www.treeworkeast.co.uk](http://www.treeworkeast.co.uk)

*"Call for a  
free quotation"*

Horningtoft NR20 5DJ

Established 2007

Office: 01328 700942

Mobile: 07876125301



**City &  
Guilds  
NPTC  
Qualified**



**E2m Public  
Liability Insurance**

T. 01553 772737 E. [info@clanpress.co.uk](mailto:info@clanpress.co.uk) W. [www.clanpress.co.uk](http://www.clanpress.co.uk)

I Dundee Court • Hamburg Way • King's Lynn • Norfolk • PE30 2ND

*The complete printing solution*  
**clanpress**  
[www.clanpress.co.uk](http://www.clanpress.co.uk)

Litho Printing • Digital Printing • Design

Brochures • Leaflets • Folders • Flyers • NCR Sets • Business Stationery

Newsletters • Roller Banners • Outdoor & Indoor Signage

# NORTH ELMHAM SERVICE STATION

Servicing, MOTs, Diagnostics, Tyres,  
Batteries, Exhausts  
& Restorations

**Mobil 1**  
**SERVICE CENTRE**

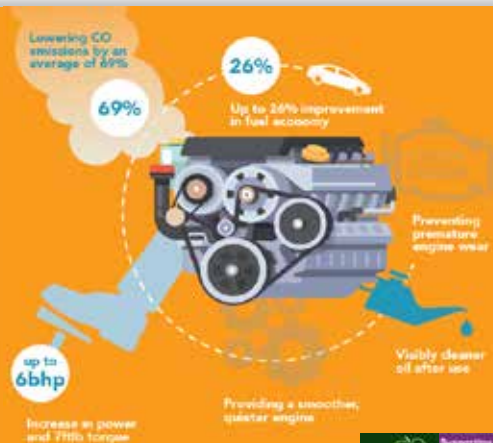
Monday - Friday 8:30am-5:00pm  
Saturday 9:00am-12:00pm

Station Road, North Elmham, NR20 5HH

**Tel: 01362 668226**



# Detox your engine



**The UK's ONLY Multi Award Winning Engine Decontamination Treatment is now available here at North Elmham Service Station**

You can enjoy **IMPROVED FUEL ECONOMY** and **RESTORE ENGINE PERFORMANCE**  
**North Elmham Service Station** now have The Multi Award Winning EDT Automotive Engine Decontamination System which has been purposely engineered to enhance both petrol and diesel engines



## **The ONLY Engine Decontamination Treatment available in the Dereham area**

**Ask one of our team on how an Engine Detox can save you money AND Improve your cars performance**

### **Benefits Include :**

- **Increased Miles Per Gallon**
- **Drastically reduced exhaust emissions**
- **Prolonged engine life**
- **Reduced engine internal friction allowing smoother running**
- **More efficient oil flow around engine**



**01362  
668226**

**Station Road  
North Elmham  
Dereham  
Norfolk  
NR20 5HH**

