


# Elmhurst News

DECEMBER 2021/  
JANUARY 2022

**OUR VILLAGE COMMUNITY MAGAZINE**



Wishing all our  
readers a very  
Merry Christmas  
and a Happy  
New Year

**FREE MAGAZINE: DONATIONS WELCOME**

# J C Landscape & Maintenance

Offering both hard and soft landscaping, as well as gardening and maintenance services.



Feel free to get in touch for a free no obligation quote

James Dunnington (BSc)  
jamesdunnington12@hotmail.com

07414894668

Gardening services provided:

Lawn cutting  
Hedge cutting  
Tree pruning/removal  
Full garden clearances  
Flowerbeds

Landscaping services provided:

Patios  
Fencing  
Brickwork  
Sheds  
Decking  
Ponds



## S&C Window Repairs

taking the pane out of damaged windows

**Local independent business - Free estimates**

**Repairs to double glazed windows, doors and conservatories**

Steamed up windows, broken handles, hinges, replacement gasket, plus cat flaps, door panels and more.

**01603 520136 or 0800 1601932**

sandcwindows@gmail.com www.sandcwindows.co.uk

## R P Pest Control & Environmental Services

Helping you put your pests out of business

***YOUR FRIENDLY LOCAL PEST CONTROLLER***

**Wasps, Rats, Mice, Moles, Rabbits, Pigeons  
and most Insects Controlled**

**CALL RICHARD**

**RSPH Qualified, Fully Insured  
North Elmham, Dereham, Norfolk**

**Tel: 01362 667138**

**Mob: 07583076214**



## EDITORIAL

Here we are at the beginning of December, hopefully looking forward to Christmas, without Covid complications,

Beside our usual contributions, whose authors we heartily thank for sticking with us month after month, no mean feat, we have articles on two loved local residents which shows how their lives were integrated into village life. Those of us who have been here a long time, or even for ever, are conscious of changes.

The magazine used to be typed on a typewriter, taken up to the vestry in church, printed on a Gestetner and then painstakingly put together, interleaving the advert pages before stapling and delivering. Now once typed, it is put into the correct format by the formidable Sarah Felton and sent via email to the printers in King's Lynn, who print and deliver to Bob Fletcher. The one thing in common are the deliverers, who take their allotted magazines and deliver to your door, come rain or shine, with only one

exception for Covid. Bryan Tidnam was one of those faithful, who could be relied upon to do his thing for Elmham News. We will miss you.

We try to reflect village life in our articles, trying to keep everyone up to date not only with our past but with what is to happen. As the village grows, we ask everyone to feel part of the community and to join in, meeting new people and getting to know our neighbours.

Elmham's Got Talent will be a welcome bright spot in December and later in January – OK so you don't know who's in it, but you can come along and be prepared to enjoy. Book your tickets in advance from Sarah Felton and support those who are putting themselves out there for your entertainment.

The Christmas tree near the Pavilion will be lit up for December and everyone can join in the Christmas Lights competition which will be judged during the week

**PLEASE NOTE: Submission deadline for articles to be included in the FEBRUARY edition is 14TH JANUARY. Please email your article to each of the editors listed below asap before the deadline.**

**Volume 44, No 11, December 2021**

**DONATIONS APPRECIATED**

### EDITORS

Chris Hill	Editor	laine.hill@icloud.com	01362 667028
Caroline Payne	Editor	carolinejpayne@hotmail.co.uk	01362 668704
Meg White	Editor	megandnigel@gmail.com	01362 668302
Janet Woodhouse	Editor	robert.woodhouse2@gmail.com	01362 668525

### ADVERTISING

Martin Phillips	Advertising/Treasurer	martin.s.phillips@btopenworld.com	01362 668409
-----------------	-----------------------	-----------------------------------	--------------

### PRODUCTION & DISTRIBUTION

Sarah Felton	Magazine Layout & Design	sarahfelton@yahoo.com	01362 667206
Bob Fletcher	Distribution (and Chairman)	Beverley, Nr Church, NR20 5JU	01362 668514
Jeannette Fletcher	Member	Beverley, Nr Church, NR20 5JU	01362 668514
Brian Wheeler	Member	21 Cathedral Drive, NR20 5JH	01362 668621

### DISCLAIMER

The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the joint editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.

## DECEMBER & JANUARY DATES TO REMEMBER

Wed 1st Dec	Parish Council Meeting Folk Club: Ken & Friends"	Pavilion King's Head"	7.30 pm 3.00-5.00pm"
Thu 2nd	Wives + All Yuletide social	Memorial Hall	7.00 pm
Mon 6th	BINGO for Institute Bowls	Memorial Hall	7.00 pm-
Tue 7th	Knit and Natter	Pavilion	2.00 pm
Wed 8th	Sewing Group Mobile Library	Tumbleweed, Eastgate Street The Heath to Orchard Close	2.00 pm 2.30-5.20pm
Fri 10th	Elmham Talent Show See page 14 for details	Memorial Hall	7.30 pm
Wed 15th	Tea @ Two	Memorial Hall	2.00 pm
Fri 17th	End of Term		
No Gardening Club in December			
Sat 1st Jan	New Year's Day		
Tue 4th	Knit and Natter	Pavilion	2.00 pm
Wed 5th	Start of term Sewing Group Mobile Library Parish Council Meeting	Tumbleweed, Eastgate Street The Heath to Orchard Close Pavilion	2.00 pm 2.30-5.20pm 7.30 pm
Wed 12th	Tea @ Two	Memorial Hall	2.00 pm
Fri 14th	Elmham Talent Show See page 14 for details	Memorial Hall	7.30 pm
Sat 15th	Elmham Talent Show See page 14 for details	Memorial Hall	7.30 pm
Wed 19th	Sewing Group	Tumbleweed, Eastgate Street	2.00 pm
Thu 27th	Gardening Club AGM + slides	Memorial Hall	7.30 pm
No Wives + All in January			

***Please remember, we can only print dates that YOU give us.***

If you contact us via email please send it to all of the Editors. If you only send it to one of us we might miss it. Thanks.

**Janet:** robert.woodhouse2@gmail.com, **Meg:** megandnigel@gmail.com

**Caroline:** carolinejpayne@hotmail.co.uk, **Chris:** laine.hill@icloud.com

starting on 13th December. Even one string of lights will brighten a dark evening and help someone feel better.

Thank you to all our contributors and deliverers and advertisers for your support throughout the past year.

Thank you for donations from Friends and Neighbours and Anon on Station Road.

Here's wishing us all a Merry Christmas and a bright and promising New Year.

*Your Elmham News Team*

## **NORTH ELMHAM PARISH COUNCIL MEETING**

### **WEDNESDAY 3RD NOVEMBER**

*The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary.. The full official minutes can be viewed in the Post Office and on the Community website, once approved.*

*Councillors Present Were:* Mrs. J. Borgnis (Chairman), Mr. M. Phillips, Mr. T. Fitzalan Howard, Mr. B. Gee, Miss A. Ferris, Mr. P. Grainger, Mrs. A. Keeble, Mr. N. Markwell, Mr. M. Rayner and Mr. C. Smith.

*Also in Attendance:* Mr. K. Webb (Clerk), Mr. G. Bambridge (District Councillor), Mr. J. Heaton (Breckland Council), Mr. E. Mumford-Smith and Mr. A Ballard (Broadland Housing)

*Apologies for absence:* Mr. J. Labouchere

### **Public Participation**

It was stressed that if parishioners had any concerns with matters handled by the Parish Council, they should write to the Parish Council or, alternatively, attend the monthly meetings at which issues can be addressed. In addition, assistance can frequently be obtained by referring to the minutes as many of the questions raised have already been answered.

### **Results of Housing Needs Survey**

Information was provided by James Heaton, Breckland Council's Housing Enabling Officer, Ed Mumford-Smith, Head of Development (Broadland Housing Association) and Adam Ballard (Broadland Housing Association).

Broadland Housing Association is based in Norwich with an office in Dereham. They have provided over 5,000 properties and aim to produce schemes of a high quality.

With regard to North Elmham, over 600 forms were sent out with 194 being returned. 26 people have a need and this would normally result in 15 houses, (including market housing), being built. They would include two bedroom houses, two bedroom bungalows and three bedroom houses. A shared ownership scheme would be available. A site of approximately one acre would be needed and it must not be in the settlement boundary although it should be well related to the existing village. Affordable housing must be outside the settlement boundary, but market housing can be either inside or outside.

The cost of land is approximately £12K per plot for affordable/shared housing and about £20K per plot for market housing. Therefore, the total cost of the land would be in the region of £200K. The Parish Council does not make a financial commitment but is asked to support advertising activities.

The matter will be discussed further at the next meeting.

### **Land Management Matters**

*Village Green;* A new tree (horse chestnut) has been planted but it is in an area which is currently flooded. No further information has been forthcoming from the Woodland Trust. Mr. Gee suggested the creation of a French drain to ease the flooding problems. It was agreed to take no action at present and to wait to see

# **Charles Seaman**

**Interior/Exterior Painter and Decorator**

**Domestic and Small Business Work Undertaken**

**Highly Competitive Rates**

Telephone: **01362 688309** 2 Bell Close, Bawdeswell, Dereham, Norfolk

## **WILLIE WESTON of BLAKENEY**

*Fresh locally caught fish, shellfish, pates & more*

**I will deliver your orders on Fridays**

**Please phone your orders to 01263 740910**

**or visit The Fish Shop, 5A Westgate Street, Blakeney**

---

### **Computers@home**

---

**01362 698872/851872**

**07768086272**

Email: [nijel@clara.net](mailto:nijel@clara.net)

Sales, Service & Repairs  
Computers New and Secondhand  
Internet & Software problems  
Repairs to printers, Scanners,  
Copiers & Fax machines  
Daytime, Evenings & Weekends

### **Alison Watson**

**Beauty Treatments & Foot Health Practitioner**

(S.A.C. Dip. FHP)

(College Guild of Graduates Register)

Facials, Waxing, Manicures/Pedicures, Tinting, Lash Extensions,  
Shellac Nails, Ear Piercing

Toenail Trimming, Corns, Callus & Fungal Infections

For Appointments, Please Ring; **01362 668419**

what Highways are going to do with the path. If nothing happens before March, the matter will be revisited at that time.

*Cathedral Meadows:* The brash is to be burnt in November or early December. A letter has been received from DEFRA regarding Nitrate Vulnerable Zones and the Nitrate Pollution Prevention Regulations, 2015. The farmer needs to keep records of the number of sheep in each section. Mr. Fitzalan Howard is to talk to him to ensure that this is being done.

*Bridleway On Disused Railway Line & Other Railway Linked Matters:* It was stressed that the Parish Council objections were not against the miniature railway but the fact that the Railway would be breaking the terms of their contract with Breckland Council if permission were to be granted.

*Allotments:* One annual rent remains outstanding. There is still a waiting list for an allotment. The skip was filled and has now been removed. Mr. Phillips said it would be useful to have a mirror at the entrance/exit to the site for safety reasons.

### **Highway Matters**

The request for safety rails outside the Tea Post has been turned down. A reason has not been given at this stage, but it is thought that it will be at some time in the future. It was agreed by all that no action would be taken regarding the sign in the car park near the church. (re Access sign)

### **Pavilion and Playing Field**

The Junior Football Club has expressed thanks that no charge will be made for the facilities this season and they will use the money saved to buy equipment. The car park has been sprayed. Some moles have returned. A Christmas tree is to be purchased at an approximate cost of £60.

### **Brookside Development Update**

The Norfolk Association of Local Councils has been campaigning to get an electric charging point near every village hall in Norfolk. Mr. Rayner is to investigate.

### **Youth Club facilities**

Mr. Fitzalan Howard is to obtain further information and figures on skate parks.

### **Risk Management**

It was previously agreed that funds collected in respect of pavilion activities should be checked by the Clerk immediately on being handed over and an appropriate receipt issued for the amount of money involved. A book has been purchased for this purpose.

### **Defibrillators**

The Chairman had issued a summary detailing the history and current position regarding the defibrillator which was originally purchased with money raised by North Elmham Young Farmers. The Circuit system has recently been mentioned and Mr. Neill (NARS) has been asked for a comment on this. A response is awaited. A request for volunteers to be Community First Responders (CFRs) is to be made.

### **Village Green Play Area Board**

Mr. Gee has prepared some notices in relation to contributors to the fundraising which members are going to look at and offer possible suggestions for any adjustments. A quotation is to be obtained from an engraver with the ultimate intention being to position the signs at the two entrances to the village green.

### **2011 Community Plan**

Mr. Grainger had reviewed the document and produced the updated list of eleven items. All agreed that the revised comments accurately reflected the current situation regarding the matters identified. Acceptance of the document was proposed by Mr. Fitzalan Howard and seconded by Miss Ferris. All in favour.

### **Proposal for New Electricity Connection in Holt Road**

A request had been received from Simon Codd, a Wayleave Surveyor. U. K. Power Networks have been asked to provide



Your local building & property maintenance service. Over 25 years professional building experience.

Building Repairs  
Joinery / Carpentry  
Bathrooms / Kitchens  
New Roofs / Roof Repairs  
Extensions / Alterations  
Conversions / Renovations  
Windows / Conservatories  
Traditional Norfolk Flint Work  
General Property Maintenance


**07881 957032**  
info@roosbuild.co.uk



**RICHARD ROOS**  
Building & Maintenance

**01362 470543**  
www.roosbuild.co.uk



www.fourpawsnorfolk.co.uk 

**07469 766 331** 

**Please call to book an appointment**

Corners Nursery, Fakenham Rd, Hoe, Dereham NR20 4HA

**Dog Grooming At Great Prices!!**

Fully trained - City & Guilds - Fully insured studio - First aid trained - All breeds and sizes welcome



**Smarter Phone Support**

- mobile devices made easy -

**NEW PHONE?**

Smarter Phone Support is dedicated to helping people feel more connected and comfortable using their mobile devices.

**NEW TABLET?**

➤ Device Set-Up ➤ Tutorials ➤ Problem Solving

Call Julia today on **07515 266622** or visit [www.smarterphonesupport.co.uk](http://www.smarterphonesupport.co.uk)



We are a registered OFSTED independent preschool offering flexible childcare for children aged 2-5yrs in a light airy free flow setting. Before/after school and holiday club for children 5-12 years. 10% Discount for North Elmham Primary School children.

If you would like to come and view or enrol your child, then please contact [northelmhamadmin@scribblespreschoolgroup.co.uk](mailto:northelmhamadmin@scribblespreschoolgroup.co.uk) or alternatively call 01362 668638



a new electricity connection to the new development at Holt Road (Brookside). This will require the installation of two new stay wires to an existing pole on Parish Council land, as well as a new route of underground cable. Following the works, the land will be properly reinstated to our reasonable satisfaction. The Chairman has signed the Wayleave Agreement (all in favour) which will be returned to Mr. Codd with a copy retained by the Parish Council.

### **Annual Budget for 2022/2023**

Members were requested to consider the financial requirements for those areas in which they have responsibility in order that the budget can be finalised at the next meeting. This will enable the Precept request to be made to Breckland Council.

The PCC has indicated a desire to plant a tree on Church Meadow, near the pond, to mark the forthcoming Jubilee. The Parish Council has been requested to make a financial contribution to the cost of the tree which is likely to be in the region of £800/£900, including a plaque and a guard. Mr. Phillips proposed a sum of up to £800 which was seconded by Mr. Markwell. All members were in favour except Mr. Rayner and Mrs. Keeble who opposed and Mr. Grainger who abstained.

### **Other**

Mr. Grainger proposed that a fund be put in place to assist eco-friendly projects which individuals or groups could apply to. This was seconded by Mr. Fitzalan Howard. All in favour.

### **District Councillors' Reports**

Mr. Bambridge advised the following:-

- a) Breckland Council has a new CEO – Maxine O'Mahony.
- b) Breckland Council has a new initiative which will involve members of the Senior Management Team getting out into the district to meet Parish Councils and other organisations.

c) The District Council budget is currently being formulated.

d) Lord Dannatt continues to chair the Norfolk Strategic Flooding Alliance (NSFA). A new phone line has been set up to enable people to report any flooding problems.

e) Grants from Breckland Council are available to assist with the cost relating to the Queen's Jubilee.

### **Planning Applications & Determinations**

#### **Applications**

(i) James Hird – stationing of a caravan for permanent residential occupation – certificate of lawfulness for existing use - 3PL/2020/1173/EU – Janninesa Farm, Eastgate Street. (To the best of our knowledge, it has been occupied for at least six years. If permission is granted, it is suggested that it is done so on the condition that it is limited to the current occupiers.

(ii) Richard Mumford – single storey side and rear extension to the main house with remodel of existing outbuilding to form holiday let accommodation – 3PL/2021/1419/F – Rackham House, 39 Holt Road – no comments.

#### **Determinations**

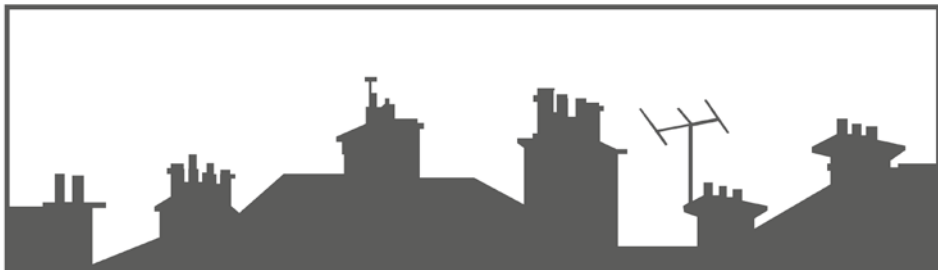
(i) Mr. and Mrs. M. Hammond – rear dormer roof extension – 3PL/2021/1234/HOU – 48 Station Road (approved).

#### **Correspondence**

1) Offer from parishioner to donate money to cover the cost of paint if the bus shelter is to be "smartened up" – agreed, with thanks, to this kind offer.

2) Advice from Mr. Bambridge (District Councillor) of the intention of the Senior Management Team to get out and meet Parish Councils.

3) Request from a parishioner to place a memorial bench in Millennium Wood



# The Norfolk Sweep

*Friendly, Professional Service • Fully Insured  
All Types of Chimney / Flues Swept*



**Anthony Walden**  
**01362 680189**  
**www.thenorfolksweep.co.uk**



## **JOHN COLES**

**ELECTRICIAN**

**PROPERTY ALTERATION/  
MAINTENANCE**

**All electrical work**

**And building work, plumbing &  
carpentry**

**All aspects of kitchen, utility & bathroom  
refit**

**(incl mobility & access solutions)**

**Garden landscaping**

**Happy to advise, discuss work/provide  
prices**

**Public liability insurance + references**

**01362 692249 or 07919 593391**

**Find us on Facebook**

**Your satisfaction is our reputation**

**Friendly, reliable family business**



# **FIRING SQUAD WOODBURNERS**

**Comprehensive stock to view at our  
showroom on The West Raynham Business Park**

**01328 838 665**

**e-mail: firingsquadwoodburners@yahoo.com**

**www.firingsquadwoodburners.com**

**APPROVED CLEARVIEW STOCKIST**

– agreed in principle; type of bench and preferred position to be requested.

4) Notification from e-on of a “change” in the unmetered supply w.e.f. 1/12/21 – from 25.40p per kWh to 33.80p per kWh (an increase of 33.1%)

5) Notice from DEFRA under the Nitrate Pollution Prevention Regulations 2015

6) Request from a parishioner to post a small number of flyers advertising tutoring services – agreed.

### Agenda Items For Next Meeting

- a) Affordable Housing
- b) Petition for changes in the Wind Farm policy in laying pipes

### Next Meeting

Wednesday, 1st December at 7.30 p.m.

## GARDENING CLUB

The October meeting started on a sad note. Our member Jane Smith and former chairman Ed Middleditch both died last month and our thoughts and prayers go to both families for their loss.

We welcomed our speaker Dr Ian Bedford, an entomologist for over 42years, he studied plant science research at the John Innes Centre at Norwich where he became head of the entomology department. He has travelled the world with his expertise and knowledge being featured on Gardeners World , Horizon , Local Radio and even on the Harry Hill Show to name a few.

On his retirement, he decided to pass on his vast knowledge and present online talks as well as visiting clubs and it was a pleasure for us to have him and speak to our club on the subject, “To control or conserve garden bugs”! He explained which are good for your garden and those that are not and how to encourage and control them, and we were all surprised

that what we thought were not welcome, in fact, did good.

After his talk Ian produced several products that are environmentally friendly as certain pesticides are killing wildlife and plants. One of the products he has endorsed and recommends to use is SB Plant Invigorator and bug killer, a unique 3 in1 pesticide ,mildewcide and foliar nutrient, which several members purchased .

Our annual Christmas Social will have taken place at the end of November.

Our next meeting is the A G M on the 27th January 2022 at 7.30 pm and afterwards, a photo slide of our church Flower Festival- please bring your diaries and thoughts for next year.

I would like to take the opportunity to wish you all the very best for Christmas and New Year

*Ray*

## DID YOU KNOW??

1. The mobile Library van carries supplies of Covid-19 self-testing kits. Just ask the librarian for some.
2. Sat 18th December is the last date for 2nd class mail and Tue 21st is the last date for 1st class mail.



What do you call a bee that can't make up its mind?

A maybe

## Mot, Service and Repair Centre

### Full Workshop Facilities

# NRG

- Servicing And Repairs To All Makes (Norwich road garage)
- Fully automated MOT testing
- Vehicle Diagnostics- Engine Management, ABS, SRS And A/C
- Air conditioning- Servicing and Repairs
- Tyres supplied and fitted at competitive prices
- Free collection and delivery (in Local area)
- Competitive prices- ring for a quote or pop in

### NORWICH ROAD GARAGE

43 Norwich Road, Dereham, NR20 3AS

Tel: 01362 692237 or 07900994749

(Next to the fire station)

Proprietor: Derek Jarrett (30 Years Experience)



## FAKENHAM & DISTRICT FUNERAL SERVICES LTD.

INDEPENDENT FAMILY FUNERAL DIRECTORS

*Emma Duggan & Beau Elliott*

*'Helping others at a time when it's  
most needed.'*

**TEL:01328 838838**

*(24hr emergency)*

WEASENHAM MANOR, FAKENHAM ROAD,  
WEASENHAM PE32 2TF



Golden Charter   
Independent Way Funeral Plans



## JANE SMITH REMEMBERED

---

Having lived in Elmham for 48 years, Jane had been involved in a number of spheres of community life.

These include 19 years working at Elmham Surgery, at first as a receptionist, especially when it was based at The White House, and then in the latter years, as a member of the clerical team. She became a familiar face to many people.

Jane was an active member of the Church community, being Secretary of the PCC for many years. As one of her interests was flowers and their arrangement, she was for many years one of the main organisers of the displays at the annual Flower Festival.

One of her many displays was the theme of 2002 "Royal Connections". The display received many congratulatory remarks

pertaining to the colours and props used, very much in tune with the choices made by the Queen Mother. The subject was particularly relevant to Jane, as her mother had died just one day before the Queen Mother at Easter that year. She always said that her mum had left in good company!

Music was perhaps her main interest, outside the family! Throughout her life singing figured prominently on her rota of activities. Being a member of groups of 10 to 15 singers suited her fine, especially if they sang 16th or 17th Century madrigals. The Thornhill Singers, based in North Elmham fitted these requirements very well and for over 30 years, she looked forward to Friday evening practices as well as the special events! For several years on a Sunday afternoon in July, The Thornhills sang from the balcony in Houghton Hall, a joy to experience and remember.

Jane will be missed in many ways, particularly by her family. It is through me that the family wish to extend their sincere gratitude to all who have sent cards and words of sympathy and condolence. These numerous contacts, with kind thoughts and memories have helped us to get through this sad and difficult time.

A very special thankyou to the Rev.Sally Kimmis, Emma Duggan, the Funeral Director, Jonathan Dodd, organist and Heather Caley and her helpers for refreshments. All of whom contributed in various ways, making the service for Jane a memorable occasion.

*Arthur Smith*

# North Elmham's **TALENT SHOW**



Celebrating the amazing talent in our village through music, songs, comedy sketches and more! With special performances from North Elmham Village School and invited friends.

**Friday 10th December 2021,  
at 7.30pm**

**Friday 14th January &  
Saturday 15th January 2022,  
at 7.30pm**

**Memorial Hall,  
North Elmham**

**Tickets £8 per person**

Price includes one raffle ticket and a drink (wine/beer/non-alcoholic)

**Tickets available  
immediately from:**

Sarah Felton

Text or call: 07525 497560

Email: [sarahefelton@yahoo.com](mailto:sarahefelton@yahoo.com)

Proceeds to North Elmham Memorial Hall

## **FAKENHAM CHORAL SOCIETY**

### **'A Festive Fantasia' Christmas Concert**

A festive feast of music awaits as Fakenham Choral Society presents its annual Christmas concert in Fakenham Parish Church on Saturday 11th December at 5.30 pm. Musical Director, Mark Jones, will lead the performance in his usual exuberant style! So do join the choir to celebrate their first performance since March 2020, come and sing along to some popular carols and enjoy a selection of wonderfully celebratory festive music to mark the season. The performance will last for approx. 1 hour 20 minutes with a short interval. Entry is free and there will be a retiring collection.

## **KING'S HEAD BOWLS CLUB ANNUAL DINNER**

On Saturday 20th November the King's Head Bowls Club held its 121st Annual Dinner and prize giving. Around 30 people attended the event held at the King's Head, and all enjoyed a superb meal.

The Club Captain commented that this event represented a bit of a double celebration as Covid-19 had prevented much of the 2020 season and also prevented annual dinner being held. 2020 as it was, was restricted to a rapidly reorganised Mid Norfolk League being played in August which seemed to be the only formal league played in this part of the county. Sadly, we did not do too well but did manage to enjoy a few spirited games in an otherwise non-eventful year. The Club did also manage to hold its Club Knock-Out singles and doubles, but the Ladies Cup was the only cup game played.

In 2021 things were almost back to normal and after a late start we played in both the Elmham League (Div 2) and the

Mid Norfolk League finishing in second place in both. The Club Cups were also played, and the King's Head provided us with excellent food after the games.

Apologies were given from the President, Dr Simon Hibberd and Christine, who were unable to attend owing to a previously arranged appointment, so the presentations were made by the Chairman Roger Duffield and Captain Martin Phillips

The Club trophies were awarded to:

### **2020**

#### **Ladies Cup**

Winner Sally Lloyd  
Runner-up June Howes

#### **Club Singles**

Winner Roger Duffield  
Runner-up Nigel Ferry

#### **Club Pairs**

Winner June Howes & Keith Vertigan  
Runner-up Stuart Cleverley & David Green

### **2021**

#### **Ladies Cup**

Winner June Howes  
Runner-up Sally Lloyd

#### **Presidents Cup**

Winner David Phillips  
Runner-up David Green

#### **Club Cup**

Winner Peter Bell  
Runner-up Roger Duffield

#### **Woodhouse Shield**

Winner Peter Bell  
Runner-up David Phillips

*MSP*



**The guy who invented the door  
knocker got a no-bell prize**

---

# VILLAGE MEMORIES OF BRYAN TIDNAM

---

## **From his Niece, Michelle...**

Bryan was born on 24 December 1938, sorry I am not able to find out much about his childhood. I know he enlisted in the Army on 6 February 1958 and served two years and twenty-three days, completing his Part-time National Service. He then served in the Army Reserve but do not know how long for. I know he has worked at a couple of places but not sure of his full work history but know his last job was caretaker and North Elmham School.

He married Brenda Jean Parnell on 21st April 1962 at Hindolveston Church. At the time Bryan was living at Elmham House Cottage in North Elmham. I believe they moved to Wayside in 1972 but not sure if they lived anywhere else before this date. He was married to Brenda until her passing.

All my life Wayside has been the place they lived and have many fond memories of visiting and staying as a child. Bryan had a bike licence but never passed his driving test but was able to drive a three-wheeler car. Which he had for many years until they made a four-wheeler version.

Bryan had a love of sport, and his television would always be on a sport channel. He was a Norwich City season ticket holder for many years in the same seat, 117. He collected merekats and you may have seen them outside the house. He loved his garden, and the property would be full of flowers. I have many pictures of the displays at the side of the house, and they were even mentioned in a gardening magazine. The Christmas decorations was also popular in the village and mum said there was a Father Christmas that would make a noise as you passed. Wayside will not be the same!



It was mentioned that he liked cricket after his passing and whilst sorting his house we found several old cricket books stored away. He loved to play bowls. I also know people would knock on the window as they passed, and he would put his hand up to wave to them. He will be missed by so many.

Bryan will be missed by all the family but most importantly he will be missed by so many in North Elmham, dear friends and people who he just said hello to.

## **From Janet Woodhouse...**

My father knew Bryan's dad because he too was brought up in Tasburgh and they reconnected when the Tidnam family moved to Elmham, as my father also worked for Air Vice Marshall Don.

Bryan's mother had died, and Reg married Kathleen Raynor, a friend of my mother who lived in Coffin Row. So, she became Bryan's stepmother.

Kathleen had worked in the NAAFI during the War, and towards the end she worked



in Germany which she enjoyed. She was also a brilliant cook and seamstress. She was always so proud of Bryan; he became the son she never had.

My abiding memory of Bryan will be of him and Brenda riding through the village in his three-wheeler car – a bit like Del Boy. If you drove behind him on the way to Dereham it seemed to rock a bit when he got up to speed!

He was a faithful deliverer of Elmham News for many years and could be relied upon to do anything he could to help.

Rest well Bryan, you have always been a loyal friend of Elmham, always ready to help, whatever was asked of you. You will be fondly missed.

#### **From Bob Dewing...**

Bryan's father's change of job brought the family to North Elmham. His father took the job of gardener at the Park and accommodation went with it, so that was where Bryan lived. This was where I first met Bryan. He used to have to carry two pails of water every day to use indoors. He attended the Primary School in the village. We played cricket together on the Park. We attended Dereham Boys Secondary Modern School together (now the Sixth Form) although in different classes as I am a little older in age.

After school we went our separate ways. He did his National Service I think in the Engineers Regiment. He married Brenda and they continued to live in the village.

His first job was with R.G. Carter Builders. Then Shavers chicken firm in Bawdeswell (now called Cobb). He littered the huts and fed the chickens.

We then met up again at RMC Concrete in Dereham. We would see each other every day. Bryan was on the machine that made the concrete blocks and I used to deliver the blocks out to people. This was the job Bryan retired from.

He then went on to become the caretaker at North Elmham Primary School for many years finally retiring a couple of years ago.

With me moving back to North Elmham seven years ago I joined the King's Head Bowls Club where Bryan and I regularly played bowls for the club as well as the Age Concern Club. I used to give him a lift to away matches. We would also see each other on the bus going from the village to watch Norwich City FC play.

He would be a regular visitor to our home for a meal or a cuppa. My daughter Tracy called him "Mr North Elmham." He was one of the many people who are the backbone of the village. He was still delivering the Elmham News at 82! He will be (and is) greatly missed by everybody. A cheery character who would always help anyone out.

Rest in peace Bryan.

#### **From David Green...**

Bryan was born in Tasburgh on 24th December 1938, but very sadly his mother died in 1951 when he was young.

He and his father Reggie moved to Elmham where Reg worked for Air Vice Marshall Don. David is not sure when the family came to Elmham.

Bryan went to the Primary School in Elmham briefly then on to Crown Road Secondary Modern School in Dereham.

He left school and became a butcher's boy, and then a station porter at Elmham station. He did two years National Service in the Royal Engineers, serving in the UK.

In his working life he moved around a bit – he worked for several years at Mid Norfolk Concrete, and as a labourer for Carters builders. Then he went on to Shavers Cobbs (chickens) at Bawdeswell and Bernard Matthews Farms.

He retired, then started working again – as Caretaker at Elmham School.

# Qualified Foot Health Professional

**Jennifer Hannant**

MCFHP MAFHP

Telephone: 01362 680176

Mobile: 07886 692285

Visiting Practice

Registered Member of The  
British Association of Foot

Health Professionals

*Furry Dogmother's*  
DOG GROOMING



**Dog Grooming Salon in  
North Elmham**

The Salon is fitted with a Hydrobath,  
Airconditioning and water softner.

Only quality products used and  
one dog in salon at a time.

City and Guilds Qualified, Fully  
Insured, Dog first aid Trained.

All Dogs Welcomed

Orchard House, Pump Street,  
North Elmham, Dereham  
NR205LS

Please Call Barbara on  
07389809941

To book an appointment

**ACHIEVE THE  
LAWN YOU  
HAVE ALWAYS  
WANTED...**

**Weed Free, Deep Green  
& Moss Controlled**

- 5 treatments a year
- Solid / hollow tining
- Scarification
- Lawn renovation
- Weed control
- Overseeding
- Moss control
- No contract

**Greenleeves**  
Lawn Treatment Experts

For a **FREE** No Obligation  
Quote and Lawn Analysis

**Call: 01362 652 812**

Email: [anglia@greensleeves-uk.com](mailto:anglia@greensleeves-uk.com)

He was a loyal and supportive friend of the village being a Parish Councillor and a member of the Institute Committee – and for years he delivered the Elmham News along Holt Road.

As a young lad he was the scorer for the village cricket team and told David he would love to be a good player but knew he would never make the grade!

He played Bowls at the Kings Head and was Captain in the 1990's. He was also Captain for Age Concern in 2010 and was Chairman for the Elmham League for around 40 years. As a young man he also played Table Tennis, it might have been for the Institute.

He had been a member of the Royal British Legion since 1960 right up to his death.

At different times he was Chairman/Secretary and President here and he attended most events organised by the Legion.

For 40 years he was a poppy collector and especially he will be missed here.

Something he was avid about, was being a supporter of Norwich City Football Club. He had a Season ticket and never missed a home match.

I shall miss him.

**Eds Note:** The church was full for Bryan's funeral on the 19th November, we feel that he would have been delighted and amazed at the number of people who came to pay their respects.

Last Post echoed across the church hill and over the Park whilst most of us were walking down to the Institute to enjoy a mardle and some of the the lovely refreshments provided by the Tea Post.

The annual Bowls Dinner for the Kings Head was held on Saturday the 20th November. Everyone raised a glass to Bryan who never missed the annual dinner and at the end of the evening the Kings Head provided us all with a tot of whisky in memory of Bryan.

## FLOWER FESTIVAL PHOTOS

Ian Macintosh very kindly took many photographs of the flower arrangements and things that happened over the weekend. We are unfortunately unable to reproduce them all in the magazine.

However, Sue and Ivan Ball have painstakingly put them on the community website for your delight, and we are most grateful to them. Anyone who is interested or who lives away, can now access them on <https://elmham.org.uk/photos/>



## EASY-PEASY FUDGE

### Ingredients

150g milk chocolate  
50g golden syrup  
50g unsalted butter  
400g crunchy peanut butter  
75g chocolate chips

### Method

Melt milk chocolate, syrup and butter in a saucepan at low heat, stirring occasionally.

Cool for 10 mins.

Line a 15x20.5cm tin with greaseproof paper.

Add peanut butter and chocolate chips into cooled mixture. Stir well.

Freeze till solid, cut into squares.

**Michael Cummings**, *HCPC Registered, D.Pod.M., M.Ch.S.*,

**Chiropodist/Podiatrist**,

**DEREHAM CLINIC: 1 GLENCOE COURT, MARKET SQUARE,  
DEREHAM, NR19 2AX**

**TELEPHONE: 01603 926969**

Website: [www.sprowstonchiropody.co.uk](http://www.sprowstonchiropody.co.uk)

**THE GARROD PARTNERSHIP LIMITED  
BUILDING MANAGEMENT**

The Garrod Partnership is a well established building management company specialising in providing tailor-made building solutions no matter what your job requirements.

Please get in touch to discuss your ideas.

Terry Garrod – 07771757499

Matt Barwell – 07585191010

[terry@garrodpartnership.co.uk](mailto:terry@garrodpartnership.co.uk)

[www.thegarrodpartnership.com](http://www.thegarrodpartnership.com)



**- Nick Long -**

**DOT, DVSA, ADI, DIA, MSA**

**NORTH ELMHAM BASED  
DRIVING INSTRUCTOR  
BOTH MANUAL &  
AUTOMATIC TUITION**

**DRIVING STANDARDS AGENCY (DEPARTMENT of TRANSPORT)  
APPROVED DRIVING INSTRUCTOR**

**Tel: 01362 668468**

**Mobile : 07786390275**

**Kay Barker Fine Art**

NEW: The Art Studio, North Elmham

**Art Courses for Adults - Fridays 10am–12noon**

**Art for Sale, Art Commissions**

Email: [kaybarkerfineart@gmail.com](mailto:kaybarkerfineart@gmail.com)

Telephone: 01362 667050

Visit the website [www.kaybarkerfineart.co.uk](http://www.kaybarkerfineart.co.uk)



## COMMUNITY FIRST RESPONDERS

Most parishioners will be aware that the Parish Council (PC) is trying to find ways to make sure that our Automated External Defibrillator (AED) is used to its best advantage. Cardiac arrest survival rates in Norfolk are 7-10%, but there is strong evidence to suggest that early defibrillation can increase our survival chances by as much as 50%.

Elmham Young Farmers raised the money to purchase the AED seven years ago through Community Heartbeat Trust (CHT), a national charity that promotes and supports the use of AEDs. Currently the device is situated in the North Elmham surgery car park.

At about the same time the AED was introduced, the PC set up a Village Emergency Telephone System (VETS) which is promoted by CHT. This system is designed to work alongside an Ambulance Service, so when a 999 call is made, the ambulance call-taker will telephone the dedicated VETS number in the relevant area and one of the local volunteers will collect the AED and take it to the patient.

The VETS scheme is not currently embedded within the East of England Ambulance Service NHS Trust (EEAST) dispatch system. This means that EEAST does not automatically call the VETS as part of their dispatch process. Instead, in the event of a cardiac arrest EEAST call-takers will try and stay on the line to the caller, and give CPR instructions prior to the arrival of a trained EEAST Clinician for Community First Responders (CFR). Clearly, if a person calling for an ambulance is advised to stay on the telephone to follow CPR instructions, they will not be able to call the VETS number themselves.

The PC is trying to find alternative ways to support EEAST and the North Elmham community, to provide emergency support to patients who have had a suspected cardiac arrest. The government's target for NHS Ambulance Trusts for Category 1 calls (cardiac arrests) is 7 minutes on average, and respond to 90% of category 1 calls in 15 minutes. This can be hard to achieve in Norfolk at times of high demand. Consequently, the PC has taken the advice of the Chairman of Norfolk Accident and Rescue Service (NARS), who is a fully trained Advanced Paramedic and very fortunately lives in the village. He has recommended that the PC could instead promote the recruitment of new CFRs who could join a CFR team based in Dereham. Information about this and how CFR work can be found on the EEAST website ([eastamb.nhs.uk](http://eastamb.nhs.uk)). The PC will cover the training costs of any parishioner who volunteers to be a CFR.

We believe that an increase in the number of local CFRs has the potential to improve cardiac survival rates. So, if you feel that you can help your local community in this very important way, please let a member of the PC know.

*Jennie Borgnis*  
Chairman, NEPC

## LETTER TO THE EDITORS

My husband recently had a fall in Eastgate Street and I would like to thank everyone who came to our assistance that day. They all went far beyond any kindness and help I could have wished for. Thank you to my neighbours for their well wishes and concern.

Thank you all.

*Marlene Ross*

## NORTH ELMHAM CRICKET CLUB

A large contingent of NECC players and partners made their way in October to the Annual Dinner and Awards evening of the Norfolk Cricket League held at the Mercure Hotel in Norwich.

They were there to pick up the Division 4 West trophy and to celebrate two individual members of the team, Josh Hall who to his great surprise won the Division top batter trophy and Phil Bend who the top bowler trophy. Phil's haul of 31 wickets put him eighth in the list of all players across the nine divisions and Josh's average of 132 was the best of all players who had had a significant number of innings.

Photos show: Individual winners (right), Josh Hall (left) and Phil Bend (right)

Team photo with trophy held by skipper Iain Sinclair and framed photo of the Division table held by vice-captain Phil Bend.



## POPPIES GALORE....

If you came to church recently you will have seen the poppy decorations on the window sills, courtesy of Knit and Natter, ends of the pews and a large camouflage net with poppies pinned on it hanging from the belfry.

The sewing group made hundreds of felt poppies before lockdown which we are hoping will be here for years to come. The camouflage net was bought on Norwich market, ex military and no longer needed. It is drying out quickly so don't think that will last too much longer!

As well as the poppies we hung little tags on each pew with the names of the fallen with the dates of when they all died. If you look at them carefully you will see which years had the highest number of deaths, 1917 during WW1 and 1944 during WW.

What a waste of young lives, how the Parish must have mourned them.

## KNIT AND NATTER

Our ninth "happy birthday" meeting went well, with lots of cake and candles. I announced, that this will be my last year as organiser as it's time for the young uns to have a go.

I took our bag of 182 Innocent Drink little hats into the Dereham branch of Age UK, and they were only too pleased to accept them - giving me a "thank you" card and badge to show the group. Also this week, 36 small cot blankets have been given to the prem baby ward at the NNUH. I shall certainly miss that side of the job.

Unfortunately, we have no North Elmham Christmas Fair to knit for this year, but fingerless gloves and wrap around scarves for the elderly are on our list of future projects.

The next meeting is on Tuesday 7th December at 2.00pm in the Pavilion. I would just like to say to everyone out

there who has given us so much support, helping us with our charity work, we say a big thank you, and wish you a warm and happy Christmas.

*Eileen 668380*

## ROYAL MAIL RESPONSE

Following last months edition of the News I thought you might like to know what the response was to my grumble to the Royal Mail about losing Sarah. John Labouchere.

Dear John, thanks so much for taking the time to provide such positive feedback about one of our delivery colleagues. We're proud of our people and we're always glad to hear reports of the good work they do.

I've passed your kind comments onto the manager of your local delivery office for them to share with their colleague.

Thanks again for contacting us. Regards.

Nicola Clark, Royal Mail

## ROYAL BRITISH LEGION

It is with deep regret the North Elmham Branch have to advise of the death of our past Chairman Mr Bryan Tidnam, who served our branch with dedication since the early 1960s. His funeral will be held at St Mary's Church on the 19th November at 2pm.

The Royal British Legion Remembrance Day service was held on the 14th November and was well attended. The service was conducted by Mr Michael Newey, and a reading given by Mr Ian Taylor. The Roll of Honour was called by Mr Tom Fitzalan Howard.

The committee would like to thank all those who attended and took part in the service, and to all who prepared and helped with refreshments.

*Mike Aston, Branch Sec*

# WORZELS ROOFING

ROOFER TILER / SLATER

NEW, OLD WORK REPAIRS

**07990 972381/01760 755024**

**WWW.WORZELSROOFING.CO.UK**

**Over 15 Yrs experience: No job too small  
Free estimates: Competitive prices**

## ELMHAM MEMORIAL HALL

Available for Hire

### LARGE HALL

With stage area and serving hatch

Ideally suitable for Wedding Receptions and Theatrical Productions

### SMALL HALL

With Snooker Table, Darts and Short Mat Bowls equipment

**Both Halls with access to rear garden area ( suitable for summer functions) and  
Well equipped kitchen. Crockery and cutlery available.**

**Performing Rights and Public Entertainment Licences**

Registered with Breckland District Council under Betting & Lotteries Act

**Reasonable Hire Rates**

**Bookings 01362 668325**

Elmham Memorial Hall is Registered Charity – No 304020

Authorised  Engineer



**Oil Boiler Servicing  
and Breakdown  
Repairs**

## Assured Boiler Care Ltd



**Oil Tank Replacement**

For further details, Contact David Rowe on



**Power Flushing  
Existing Heating  
Systems**

**01328 700500 or 07900 060940**

**20% Off the cost of Power flushing for limited time only**



## THE WONDERFUL WORLD OF ORCHIDS

Did you know that orchids can be found on every continent except Antarctica? There are 25,000 species – making them the largest plant family on earth – with a huge variety of different flower types, colours, sizes, shapes and scents.

We are all familiar with the “Moth Orchid” - Phalaenopsis. This species originates from tropical Asia and is one of the easiest to grow at home, best on an east or west facing windowsill in the kitchen or the bathroom. In the wild, these plants come from low-level areas that are warm and humid. Give them a spray with tepid rainwater every couple of days. The idea is to replicate the conditions they enjoy in the wild.

These plants should be watered once a week, preferably with rainwater. Care needs to be taken not to allow water to remain in the crown of the plant as this can lead to rotting. Leaving water on the leaves in bright sunlight may also cause burning. Best to allow the water to drain through the plant, never let the roots sit in water for too long. These orchids are “epiphytes”, growing on trees using their roots to anchor them and the rain just runs through.

Here in the UK, as well as in much of Europe, particularly around the Mediterranean, our orchids are “terrestrial”, which means they grow in the ground and are hardy. This type of orchid can be found anywhere from shady forests to alpine meadows. You might well have seen in June our native “Bee Orchid” or the “Common Spotted Orchid”.

Our own interest in orchids began we were given a Phalaenopsis, which we promptly killed. We wanted to find out how to keep these intriguing plants not only flowering, but happy and healthy too. That’s how we came to join our local Cambridge Orchid Society, and then

also the Orchid Society of Great Britain. We have learnt so much from talking to fellow orchid fanatics, listening to experts’ lectures at meetings, attending shows and helping with displays.

There is no doubt that growing orchids can be addictive. You can learn how to grow all types of orchids and see orchids from around the world by joining a local society or visiting a show.

As Membership Secretary of the Orchid Society of Great Britain, it is my role to look after our 900 members world-wide, sending out quarterly Journals produced by the Society, dealing with membership queries, new members, and annual renewals. We have been privileged to help manning our annual displays at Chelsea Flower Show, as well as Hampton Court Palace, Blenheim Palace and Shrewsbury Shows, to name just a few!

Your local Orchid Society, the Orchid Society of East Anglia, meets in Hellesdon, Norwich: [www.osea.org.uk](http://www.osea.org.uk)

To find out more about the Orchid Society of Great Britain: [www.osgb.org.uk](http://www.osgb.org.uk)

*Susan Johnson (nee Kerrison)*  
*Susanjohnson09@hotmail.co.uk*

## THANK YOU

I would just like to say a very big thank you to all the wonderful people of Elmham who have sent cards and small gifts, offered help and have just been there for me since Ed. died recently. It has been a difficult time but made so much easier thanks to all of you.

*Joyce Middleditch.*



**I went to buy some camouflage trousers  
yesterday but couldn't find any**

## NORTH ELMHAM FISH & CHIP SHOP

IB THE CHIPPY  
STATION ROAD, NR20 5HH

PHONE ORDERS  
01362 667793

MENU AVAILABLE  
ON OUR WEBSITE

CARD PAYMENTS TAKEN

MOBILE CHIP VAN AVAILABLE  
FOR ALL EVENTS

**OPENING TIMES**  
TUES/WED/THURS  
4.00–8.30PM  
FRI/SAT  
11.30AM–9.00PM  
SUN  
4.00–8.30PM

[WWW.IBTHECHIPPY.CO.UK](http://WWW.IBTHECHIPPY.CO.UK)

## Littleproud & Son Independent Family Funeral Directors



**NEWLY OPENED  
FUNERAL HOME IN DEREHAM**

**Tel: 01362 695458** (24hrs)  
South Green, Dereham, NR19 1PU

**Tel: 01760 440269** (24hrs)  
Hale Road, Bradenham, IP25 7RA

- Personally supervised by the Littleproud family & dedicated staff
- Traditional & Bespoke Funerals at an affordable cost
- Horse Drawn Funerals
- Pre-Paid Funeral Planning
- Memorial Consultants
- Modern Jaguar Fleet



*"Our family taking care of your family"*



[www.littleproud-funerals.co.uk](http://www.littleproud-funerals.co.uk)

## WIVES PLUS ALL

At our last meeting on Thursday 11th November, we were given a talk by Lyn Milns who gave us a brief history of challenges she had endured growing up and in her personal life. Her life experiences led in later life to encourage her to enter into her present personal voluntary work entitled "Love them where they are", which she carries out in Dereham with the young people who appear to be on the streets. Lyn explained that she began interacting with young people, some of whom, have been labelled as troublemakers a while ago when she first took herself out and about, in the evenings

just to talk with them and to show interest in them and their activities, when they themselves, are out and about around Dereham in the late evenings and early hours. Lyn continues with her personal voluntary work regularly today.

Thanks to Lyn for a very interesting and informative talk on her own voluntary work on the streets of Dereham.

Wives Plus All next meeting will be in the Memorial Hall, North Elmham on THURSDAY 2ND DECEMBER, commencing at the EARLIER TIME of 7.00 pm and as Christmas will be on the doorstep members will be enjoying a Yuletide evening meal and social time together.

Please note we don't meet in January.

Wishing all our members and Elmham News readers a very Happy Christmas and New Year.

*Ann Ferris*

## KINGS HEAD FOLK CLUB

The King's Head Folk Club invite you to join Ken and Friends, at the King's Head on Wednesday 1st December from 3.00-5.00 pm

Come and join us for  
**'TEA AT TWO'**  
Afternoon tea  
2~4pm  
cake, sandwiches,  
savouries,  
music & fun  
At North Elmham  
Village Institute  
Any questions or diet  
requirements? Call Jo  
01362 668 232

**T@2**  
is back!

Wednesday  
December 15th  
January 12th  
February 9th  
Everyone is  
welcome, please  
bring a friend  
and a neighbour  
All costs covered by  
St Mary's Church  
Need a lift? Call Tish  
01362 668 678



## SCHOOL NEWS

### Remembrance Day

This year, we marked Remembrance Day in school and at Church. It was wonderful to be back at St Mary's church! Our children led the service alongside Revd Sally. We shared readings, poems, songs and prayers.

### Sheep class

Sheep class has had a fun-filled and learning-packed time since half term! We have been learning all about the origins of Bonfire Night and unravelling the story of the Gunpowder Plot. In history, children put their history detective hats on once more and used evidence from the past to find out what a certain Guido Fawkes did to cause such uproar. They loved his enormous hat! In English, we have been writing firework poetry, using lots of beautiful descriptive language. In science, the class has been discovering different habitats, and we are looking forward to completing a minibeast survey and presenting our findings

using ICT. In RE, we have been learning all about the Nativity story and how Christians celebrate the time leading up to Christmas. I'm sure we'll have lots more to report about this next month as the festive season draws closer!

### Whales Class

Wow! What a busy month Whales class has had! In Science, we asked 'What happens to the food we eat?' We started to find out about the process of digestion. We learnt about functions of the parts of the digestive system, created a model to demonstrate the journey of food through the body and then used our new knowledge to label a diagram and describe what happens during each part of the process. In PE, we have been learning to develop combinations of different movements; we have been focusing on competitive jumping. In History, we now consider ourselves 'embalmers' as our mummifying a tomato investigation was a huge success! We also learnt lots about the discovery of Tutankhamun. We are now

beginning to learn about Frontalism and cannot wait to explore this skill and apply it whilst drawing God and Goddesses from Ancient Egypt.

### **Lions class**

Lions have had a chilly start to the term in English learning and writing about Captain Scott's Antarctic expedition, and in our art lesson they created some fantastic paintings to show this cold environment that the men had to deal with and the beauty of the Aurora Borealis. Maths is full of fractions so now the children can cut a cake into equal parts to share with you. In music we have learnt you do not need to be able to play an instrument to create a tune, body percussion was discovered from clicking their fingers, stomping of feet and even mastering the special butterfly action sound using their arms and hands.

### **School Parliament**

The children have been busy raising money for the British Royal Legion; each break time they have taken donations for various items. We raised over £70! We also have organised a 'Strictly' Children in Need, children will be wearing their 'fancy frocks' as well as a Bake Off and a Dance off!

### **Other News**

We are receiving applications for new Reception intake. We also have spaces in other year groups. If you are interested or

would like to arrange a school tour please contact the school office Tel: 01362 668318 or email: [office@norhelmham.norfolk.sch.uk](mailto:office@norhelmham.norfolk.sch.uk)

We finish this term on Friday 17th December. School will reopen on Wednesday 5th January.

For the latest news and updates check out our wonderful school website [www.norhelmhamschool.com](http://www.norhelmhamschool.com)

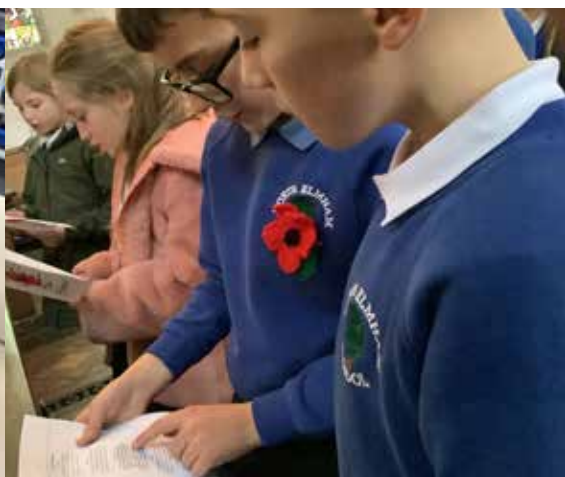
*Mrs Kelly Hunter*

**Ed's note:** Just for anyone interested, Frontalism is the stylised form of Egyptian art where the head is drawn in profile and the body is seen from the front and the eye is drawn in full.

### **STOP PRESS: New Headteacher**

The Governors have appointed Miss Kirsten Sutherland as the new executive Headteacher for Flourish Federation, North Elmham Primary School and Stibbard All Saints Primary School. Kirsten is currently working out of county and is looking forward to moving back to her 'home' county of Norfolk. We are working together on a weekly basis, in order to ensure a smooth handover for January. She is really excited about her new role and is looking forward to starting in January and getting to know pupils, staff, parents and other members of the local community.

*Carolyn Taylor*



# King's Head Hotel

North Elmham, NR20 5JB

Ac



**LARGE BEER  
GARDEN**  
at rear of hotel  
with kids play area

**OPEN 7 DA  
A WEEK**

**FOOD SERV**

**MONDAY TO  
12.00 TO 2.3  
& 6.00PM TO**

**SATURDAY  
12.00 TO 9.0**

**SUNDAY  
12.00 TO 7.0**

**Book your table online:  
[kingsheadnorhelmham.co.uk](http://kingsheadnorhelmham.co.uk)**

**Call: 01362 668856**



Accommodation • Bar • Restaurant • Beer Garden



AYS

ED

TO FRIDAY  
12.00PM  
TO 9.00PM

00PM

00PM

# Christmas Day '21

*Bucks fizz on arrival*

## **STARTERS**

*Parsnip Soup, Truffle Oil & Bread  
Crayfish Tian, Crème Fraiche, Cucumber & Dill Dressing  
Ham Hock Terrine, Piccalilli & Toasted Brioche*

*Raspberry sorbet*

## **MAINS**

*Roast Sirloin Of Beef & Yorkshire Pudding  
Duck Fat Roast Potatoes, Fresh Vegetables & Red Wine Gravy*

*Turkey Roulade, Stuffing & Steaky Bacon  
Duck Fat Roast Potatoes, Fresh Vegetables & Red Wine Gravy*

*Halibut Fillet*

*Pea Puree, Butternut Squash & Red Pepper Coulis*

*Sweet Potato, Mushroom & Cranberry Wellington*

## **DESSERTS**

*Christmas Pudding & Brandy Sauce*

*Amaretti Chocolate Torte & Clotted Cream Ice Cream*

*Champagne & Raspberry Posset*

## **CHEESE PLATE**

*Selection Of Fine Local Cheeses, Chutney & Biscuits*

*Tea or Coffee*

*Mince pie*

*Adult £90.00*

*12 – 16 £ 65.00*

*Under 12's £ 45.00*

*Please call 01362 668856 for more information*

[www.kingsheadnorthehelmham.co.uk](http://www.kingsheadnorthehelmham.co.uk)

[info@kingsheadnorthehelmham.co.uk](mailto:info@kingsheadnorthehelmham.co.uk)



## LYNTON HOUSE BEAUTY

Based in Eastgate Street, North Elmham. Specialising in Brow & Lash treatments including Brow Lamination and Lash Lift.

Treatment list to be expanded to include further services soon.

Appointment Only – Book via social media, e-mail or phone. Contact: Lorna Beck on 07432 559 806

[www.Lyntonhousebeauty.com](http://www.Lyntonhousebeauty.com)

[Info@lyntonhousebeauty.com](mailto:Info@lyntonhousebeauty.com) @Lyntonhousebeauty

## CAMERON REID OSTEOPATH

SPORTS THERAPIST

Treatment For:

Back & Neck Pain

Sports Injuries

Headaches/migraine

Whiplash



30 years experience

Treatment suitable for all ages

45 Norwich Road Dereham

Tel: 01362 696079 07810 310045

[reception@cameronreid.com](mailto:reception@cameronreid.com)

## MEMORIALS

# H Brett & Son

Monumental Masons – Craftsmen in stone

Call for our Brochure or  
visit our SHOWROOM and WORKSHOPS

Home Visits can be arranged  
Also Fireplaces, House Names etc

75 NORWICH ROAD, WATTON NORFOLK IP25 6DH  
Tel: 01953 881501



GARDENING

pruning weeding  
watering  
lawn mowing clearing  
shed and fence maintenance  
planting



references available

Odd Job Lass

a helping hand



Call Willow 07835 138 120

reasonable rates no job too small

DOG WALKING

paw print petsitting

BABYSITTING

help with schoolwork

paw print errands





# THIS TIME LAST YEAR



## December/January

We reported two Parish Council meetings in the Dec/Jan edition of the news. Normally the meetings are not ratified until the next month's meeting.

Three more allotments had been let since the previous meeting.

The flooding in Eastgate Street had been reported to Highways (not very nice – nor safe to drive through).

It was agreed that 'Risk Management' should be a standing item on the Agenda for all future PC meetings. Any matters requiring attention would be promptly dealt with and minuted.

Mr Gordon Bambridge (District Councillor) talked about Breckland and how it is coping throughout the pandemic. Breckland did keep working the whole time. Zoom has been used for meetings. He went on to say that Breckland has paid out £30 million in grants to businesses in Breckland, it

was government money and has gone to businesses under a specific formula.

£10,000 has been donated to food banks and additional hardship grants to individuals. Breckland was the only Council in the area to empty bins on the due day (well done).

All homeless and rough sleepers in the district were offered accommodation under special arrangements with money laid aside for homeless people.

Breckland has embarked on building specific homeless accommodation for three families and about seventeen singles or couples in addition to Breckland stock.

This year for the first time the Remembrance Service was held outside the church.

Who dared to leave rubbish on the lay-by for someone else to clear up?

We wrote about the Fire Mark on the Post Office wall. This was a Norwich Union Fire Mark which showed which buildings were insured with them. Sadly, the original has vanished.

We recorded the death of David Sinclair, for many years our last village butcher.

We were reminded by the Police to beware Scam calls – PUT THE PHONE DOWN.

Finally, we were reminded by St Mary's church, More 2 Life Christian Fellowship and St Margaret's church, that Christmas will still be here, despite lockdowns and Covid!



Why was the snowman looking through the carrots? He was picking his nose



## NORTH ELMHAM WILDLIFE

It was a year ago that I wrote about the first record of a Great White Egret at the Cathedral Meadows. That bird was only seen flying over and my text was accompanied by a rather ropey photo of it flying away from me. So when Tom kindly telephoned me to tell me that there was one on his lake recently I was grateful to be invited in to have a look – and to improve on my previous photograph (photo 1). The lake is private of course, but as such it remains undisturbed and is a marvellous haven for wildlife. A Cetti's Warbler burst into song beside me as I was watching the egret – a loud and powerful song from a bird that is always very skulking and difficult to see, unusual among British warblers in that it does not migrate south for the winter. Like the egret, it's a relatively new arrival in this country, colonising from warmer climes a few decades ago and still increasing its range from in Norfolk from its Broadland stronghold.



When I wrote about last year's egret I also wrote, "I think it will only be a matter of time before we get our first record of Cattle Egret here too." Well, they are getting closer! Despite the snow in the early part of the year killing off most of the Cattle Egrets that had settled in north Norfolk, their population has continued to increase this summer. A flock of six took up residence in a pig field at Gateley for a couple of days recently. As far as I know they didn't come to North Elmham but while I was watching them at Gateley they flew around (photo 2) and at that point they would have been viewable from within our parish (e.g. from Heath Road), albeit distantly. They went missing for a while before being seen again at Ryburgh – I wonder if they did visit North Elmham during that time? Did anyone see them? They would most likely have been among



livestock – pigs, cattle or sheep. Like Great White Egrets, Cattle Egrets differ from Little Egrets in having a yellow bill for most of the year (always black on Little Egret) but whereas Great White Egrets are much larger and have a distinctly longer neck, Cattle Egrets are small like Little Egrets, and stocky with relatively short necks.

Last month I included a photograph of a Comma butterfly. I don't expect to see any more on the wing now as its getting too cold but unlike most species of butterfly that only survive the winter as egg, caterpillar or chrysalis, Comma is one of just five species whose adults butterflies hibernate for the winter. One Comma has chosen my shed as a place to hibernate. The bright orange uppersides of its wings would make it conspicuous to predators so it closes its wings while hibernating so only the dark and relatively plain undersides of the wings are visible (photo 3). I say plain, but as well as the white comma-mark that gives the butterfly its name, there's actually an intricate pattern of dark lines and different shades of brown, and even a few clusters of green scales which I don't remember noticing on a Comma before.

Other insects that are looking for somewhere to hibernate at this time of year include some of the ladybirds. As I've been writing this I've noticed a 2-spot Ladybird in my study, presumably having come in to hibernate. This is quite a small ladybird and much less common than the more familiar 7-spot Ladybird. Harlequin Ladybirds are non-native species from Asia that arrived here in 2004 amidst great concern that they would wipe out our native ladybirds. They out-compete the smaller British species and prey on their larvae but they're now very common and, so far, the impact on our native species doesn't seem to be quite as bad as was feared. Harlequins are very variable, one of the commonest forms being orange with lots of black spots (photo 4) and another being black with two red spots.





## DID YOU KNOW?

We offer a wide range of treatments and services you may not have tried yet..

Chiropractic  
Deep Tissue & Sports Massage  
Relaxation & Pregnancy Massage  
Reflexology  
Therapeutic Facials  
Neals Yard Treatments  
Tailored Health Guides  
Free 30 Minute Assessments

VISIT US ONLINE OR CALL US  
TO DISCOVER MORE

[www.creativechiro.co.uk](http://www.creativechiro.co.uk)  
[info@creativechiro.co.uk](mailto:info@creativechiro.co.uk)  
01328 854325



Creative Chiro, Pensthorpe Natural Park, Fakenham Road, Fakenham, Norfolk, NR21 OLN.

# MASTER CHIMNEY SWEEP

## NVQ QUALIFIED CHIMNEY ENGINEER



- All Chimneys, flues and appliances swept
- Certificates issued
- CCTV chimney surveys
- Bird/rain guards / Anti down-draft cowl supplied and fitted
- Stove servicing and maintenance



**Established 1995**

**CALL D THOMPSON CHIMNEYS LTD**

**01328 851081**

**[www.the-sweep.co.uk](http://www.the-sweep.co.uk)**



Moth diversity continues to tail off at this end of the year but one species that peaks in November is the Sprawler, a favourite of mine (photo 5). It's not colourful but it has character. When settled they're very docile and will happily let you pick them up, sprawling their furry legs out as if they just can't be bothered to fly anywhere. In some areas they're quite scarce but here at this time of year it can be my commonest moth and I can catch up to 15 on a good night. It's been a poor year for moths but even in bad years there are always a few species that buck the trend and have good years. This year has been a good one for a moth called a Streak (photo 6). In the past I've gone up to three years on a trot without catching a single Streak and until this year I'd never caught more than two in a year. This autumn I've caught two in a night a couple of times and eight altogether, an exceptional tally for this normally scarce species.

Late autumn is usually the best time of year to look for fungi. One familiar species is the Shaggy Inkcap, a pair of which I spotted in the orchard at County School station (photo 7). Mushrooms reproduce by releasing spores, tiny particles that are typically carried in the air or by a passing animal. As soon as inkcaps release their spores they start to turn into black liquid (or to deliquesce, to use the technical term). You can see this dripping from around the cap on the left hand inkcap in the photo. This black liquid gives the mushrooms their name, inkcaps (and indeed you can actually use the liquid as ink) but it also attracts flies which probably help to disperse the spores. All this happens within a few hours of the mushroom appearing, which is why you won't find Shaggy Inkcaps in shops or restaurants even though they are, for a few hours, good to eat. Although Shaggy Inkcaps are relatively easy to identify, one species that looks fairly similar is poisonous, so be careful! I would strongly advise against eating any

mushroom that hasn't been identified by an expert – some edible species can be very easily confused with highly toxic ones, and you really don't want to eat one of those by mistake.

Another fungus I found recently is the Bleeding Oak Crust (photo 8), an attractive species that grows on the bark of fallen oak branches. There are other similar-looking fungi and one of the best ways of identifying it is to cut it with a penknife – if it's a Bleeding Oak Crust a little reddish liquid will seep out from the cut.

There's always plenty of interesting wildlife to see around the village so do get in touch if you have anything interesting to share, and especially if you see the Cattle Egrets here in the parish (email [appleton.dave@googlemail.com](mailto:appleton.dave@googlemail.com) or phone 668431). Although I haven't been very good at it recently I will try to keep the Cathedral Meadows Twitter account running at @ElmhamMeadows and you can see our latest tweets on the Parish Council website at [www.elmham.org.uk/cathedral-meadows/](http://www.elmham.org.uk/cathedral-meadows/).

*Dave Appleton*



## North Elmham Christmas Lights Competition

Get decorating your house judging takes place week commencing 13th December



A close-up photograph of a white bowl filled with a thick, orange-brown soup, topped with a dollop of white cream. In the foreground, a chocolate cake is decorated with numerous almonds. The background is softly blurred, showing what appears to be a wooden table and a dark object, possibly a coffee cup.

# Hamptons

@ THE BARN

**WE'RE BACK!**

**BRUNCH, LUNCH & AFTERNOON TEA**

10am-4.30pm Tue-Sun

01362 688094

Dereham Road, Bawdeswell NR20 4AA

[info@hamptonsatthebarn.co.uk](mailto:info@hamptonsatthebarn.co.uk)

[www.hamptonsatthebarn.co.uk](http://www.hamptonsatthebarn.co.uk)

## WENSUM VALLEY BIRDWATCHING SOCIETY

Hello again! I am delighted to report that WVBS is back to very nearly normal, with a full program of indoor and outdoor events. To get us started Chris Stone, a member and RSPB volunteer, led a group of 12 around Titchwell, on a late September day when the weather was kind. A flyover of Pink-footed Geese while still in the car park reminded members that the autumn/winter season had truly begun. Other winter visitors seen were Teal, Brent Geese, Pintails, Ruff and a flock of Golden Plover. The group saw their best ever views of Bearded Tits on their way to search for the visiting Pectoral Sandpiper, which was on the Freshmarsh with Little Stint, Grey Plover, Curlews and Godwits. They even managed to see both Bittern and Water Rail during the visit. They ended with an excellent species count for the day and a promise from Chris to lead another walk next year.

The October meeting was also led by a club member, Emily Leonard, who works for the Broads Authority and led a walk at How Hill and Buttle Marsh. A report in my next missive.

The indoor meetings had been taking place throughout this year by Zoom, but our first 'live' meeting was a social in August. In September there was an excellent presentation from Rich and Elis Simpson of Waderquest entitled Waders in Peril. This charity aims to raise awareness of waders and to raise funds for conservation projects, much needed as 48% of known wader species are in decline. Waderquest can be supported by becoming a Friend or buying from their shop and they can be found at [www.waderquest.net](http://www.waderquest.net). For October the club was hosted by the Pensthorpe Trust, at their reserve outside Fakenham, for a very enjoyable and informative film about the Curlew conservation project they are involved in and for excellent tea and cakes! Full reports on these meetings can be found on our website – [WVBS.co.uk](http://WVBS.co.uk)



### HAPPY CHRISTMAS

I would like to wish everyone a good Christmas. As I'm not going to be able to wish everyone well this year. Thank you for putting an article about me in the November issue, it was very touching.

I would like to wish every one in North Elmham, a very merry Christmas and best wishes for 2022.

*From Sarah Adams  
(postie) missing you all*

### Forthcoming Events:

*Indoor events:* are held at Great Witchingham village hall in Lenwade starting at 7.30pm. There is a small charge for non-members. Thursday 9th December – Christmas Social Thursday 20th January 2022 – Better Birding (including Low Carbon Birding) by Nick Moran.

*Outdoor Events:* Sunday 2nd January 2022 - Annual Bird Count. (Teams of 2-4 try to record as many species as possible within the WVBS recording area between 8.00am ad 4.30pm. We report back at the village hall as for indoor meetings but at 4.30.) Anyone wishing to join us should contact the Chair on [wvbs.chair@gmail.com](mailto:wvbs.chair@gmail.com). Saturday 29th January – Hickling NWT and Stubb Mill for raptor roost.

For further information on any events please refer to the website or email [wvbs.publicity@gmail.com](mailto:wvbs.publicity@gmail.com)

**BUTCHER  
ANDREWS**  
Solicitors

*For advice you can trust*



**COMMERCIAL PROPERTY  
RESIDENTIAL PROPERTY  
MATRIMONIAL & FAMILY  
WILLS & TRUSTS  
PROBATE**

**COMPANY COMMERCIAL  
DISPUTE RESOLUTION  
EMPLOYMENT  
POWERS OF ATTORNEY**

1 Old Post Office Street, Fakenham, Norfolk NR21 9BL  
Also at: 15 Market Place, Holt, Norfolk NR25 6BE

***[www.butcherandrews.co.uk](http://www.butcherandrews.co.uk)***



# ELMHAM GROUP OF PRACTICES UPDATE

Our last update to you all was in mid-August, from Judith Wood. As she informed you then, Judith was planning to retire at the end of September, and we hope we gave her a good send off! I know she very much appreciated the visit on her last day from Roger Thorneley and Liz Waddy, on behalf of the PPGs, to present her with a gift. The Senior Management Team have been running the practice since then, but we have our new Practice Manager, Lian Tan, joining us from 8th November. Lian has a background in management as well as experience in the health sector. She has moved with her whole family to Norfolk, and we are very excited about her joining us.

We have been having discussions about when to restart our Patient Participation Group meetings. It seems sensible for all the reasons that Roger and Liz have shared with us that we delay meeting till the middle of January. Bawdeswell village hall seems to be the most convenient and best placed venue and I would imagine that this will be a significant meeting that Lian and all the partners will want to attend. We are aware that various Parish Councils are also wanting regular updates from us during the pandemic and hope that this briefing provides that for now.

## Operational issues

Telephone system: We continue to hear from patients about the difficulties in getting through on the telephone. We are sorry that this remains the case and are genuinely grateful for the feedback that we receive from patients alerting us to specific issues. The background to this was covered in Judith's last update. At its simplest we have a 'pre-pandemic' phone system in a 'post-pandemic' world: it is just not up to the job that we are now needing it to do. The good news is that our new

phone system goes live on 3rd December. This will not be the single solution to the problem, but the increased functionality will remove some of the annoying failings and shortcomings that the current system has; please bear with us as we learn how to make best use of the system in the first few weeks. Our advice to patients is still to avoid phoning in at 8.30am unless there is an urgent or pressing need to contact the surgery at that time. The partners regularly change the outgoing message on the phone to reflect the operational circumstances of the day. Same day telephone triage appointments are offered for both urgent and routine problems all day from Monday to Thursday and until midday on Friday. On Friday afternoons the clinicians can't accept non-urgent cases and expect to complete them before the start of the weekend.

Appointments: Patients are asked to phone up and tell the Receptionists what their problem is so they can be directed to the most appropriate clinician or team. After a consultation, if the doctor or Nurse Practitioner thinks that a face-to-face appointment is needed, or if the patient feels that their problem can not be dealt with over the telephone or on a video consultation, then an appointment is given for later that same day or on another agreed day.

The demands on Primary Care throughout the pandemic, due to both increased workload as well as reduced numbers of clinicians, means this is the most efficient way of meeting the health needs of our communities. It is not how General



**Two windmills are standing in a wind farm. One asks, "What's your favourite kind of music?" The other says, "I'm a big metal fan."**

# G.D.BATHURST LTD

## Plumbing & Heating Engineer



OFTEC Registered Oil Heating Engineer.

Reg No: C8034

- Oil Boiler & Tank Installations, Maintenance & Annual Servicing
- Central Heating Power Flush under taken-Standard or Deluxe
- Winter Health Checks
- Installation of new bathroom & shower suites
- Maintenance of taps, cylinders & ball valves
- Specialist in unvented hot water systems
- Fully insured - Free Estimates - No job to small

**Call Gary today for all your plumbing needs!!**

**1 Street Farm Loke, Eastgate Street, North Elmham, Dereham. NR20 5HA**

**Tel: 01362 667252 Mob: 07775 842934**

Email: [gdbathurstltd@yahoo.co.uk](mailto:gdbathurstltd@yahoo.co.uk)

Odd Job and Handyman

Early retirement means I have time for those little odd jobs.

**Decorating, gardening, dog walking etc.**

Reasonable rates – please contact Adrian

07740349287

[adriannicholls3@gmail.com](mailto:adriannicholls3@gmail.com)

## **Joanne Medler Hypnotherapy**

FHT Registered Hypnotherapist, NPL & EFT Practitioner in North Elmham

Helping people overcome various life issues. Contact me to see how Hypnotherapy may be able to help you

Tel: 07766 870145      [Joannemedlerhypnotherapy@gmail.com](mailto:Joannemedlerhypnotherapy@gmail.com)  
[www.joannemedlerhypnotherapy.com](http://www.joannemedlerhypnotherapy.com)

Practice used to be organised, but a lot of patients find this new way of working more convenient and for those who really do need to 'see the doctor' then this can be discussed over the phone. Patients are often surprised however at how much can be achieved remotely and it means that many more patients can be dealt with, without the long waiting times for appointments that would be the inevitable consequence of an open-access system. We regularly discuss the timetable for a return to 'business as normal' which may include a combination of both pre-bookable appointments (as in the past) and remote consultations. We are limited by the uncertainties of the pandemic and need to ensure the surgery buildings remain a place of safety, adhering to Health and Safety and Infection Prevention and Control guidance, to minimise the risk to all our patients, but especially our most vulnerable. We will naturally keep you all informed about these plans as they evolve.

**Dispensary:** We have made some changes over recent months to improve the service in the dispensary. Staff numbers have been increased to deal with the almost 20% increase in items which the staff are processing every month; the current monthly average is now at a level previously only seen at times of peak demand, typically at Easter and Christmas. There is now also a second delivery driver to work alongside the one we have always had, in order to cope with the number of home deliveries to our elderly house-bound patients. The outside second hatch at Elmham surgery also allows more patients to be served. We still aim to maintain the turnaround time of three working days for routine prescriptions, as well as dealing with the urgent same day prescriptions generated by clinicians and pharmacists.

**Staffing:** We are fully recruited in our Reception and Dispensary departments. Staff still need their holidays and of course

need time off when they or their children get Covid or have to self-isolate. We are very proud of how the staff have worked in these patient-facing roles throughout the pandemic whilst they too have been dealing with the stresses of what we are going through. Our secretarial team is also responding to new ways of working and are taking on much more responsibility in communicating with patients and dealing with problems that previously might have been managed by clinicians.

**Toftwood Medical Centre: Elmham Group of Practices** continues to hold the APMS contract to deliver care to patients in Toftwood. This is an important part of the ethos and business model of the organisation and it supports the Dereham practices and whole patient population. We are looking to move the surgery in to temporary accommodation in the Spring due to the inadequacies of the current building, and this will also be a hub for some of the clinical and support staff employed by the Primary Care Network. The work done in Toftwood complements the work at Elmham and Swanton Morley surgeries and does not detract from the delivery of care at these other sites.

**Army:** The role that Elmham Group of Practices has had in managing the Medical Centre at Robertson Army Barracks comes to an end on 30th November. We have provided clinical cover for the Light Dragoons and more recently the Queens Dragoon Guards for over 15 years; it has been a privilege to have been involved with them, particularly so during the times of conflict when they were deployed abroad.



*Sleeping comes so naturally to me,  
I do it with my eyes closed.*

From roots to shoots.....

## Ravencroft Tree Services

01362 684291

Est. 1992

[www.ravencrofttrees.co.uk](http://www.ravencrofttrees.co.uk)

Est. 1992 Richard Ravencroft BSc(Hons)Arb. MICFor.



# Forge Cottage Cattery

**Purpose-built • Spacious • Heated Compartments**

**With Indoor Runs • Windows to Garden View**

All needs catered for

**INSPECTION WELCOME**

**50 Station Road, North Elmham 01362 668942**

**[www.forgecottagecattery.co.uk](http://www.forgecottagecattery.co.uk)**



## **PILATES CLASSES**

## **BODY CONTROL PILATES**

Pilates is a form of exercise which targets deep postural muscles, building strength from the inside out and re-balancing your body. It is suitable for all ages and all bodies and plays a key role in many injury rehabilitation programmes.

**Beetley Village Hall** 9.30 am and 11.00 am on Wednesdays

**Toftwood Methodist Church, Toftwood, Dereham -**

6.00 pm and 7.30 pm on Wednesdays and

6.15 pm (beginners) and 7.30 pm on Fridays.

For further information regarding these classes or classes in Norwich, please contact Krystyna Doherty on 01362 695581.

Email: [info@pilatesnorfolk.com](mailto:info@pilatesnorfolk.com) or visit [www.pilatesnorfolk.com](http://www.pilatesnorfolk.com)

## Vaccination Programmes at Swanton Morley Surgery

Judith reported last time that we had delivered first and second covid vaccinations to the patients in mid Norfolk on behalf of the Primary Care Network of local GP surgeries. Over the summer the team has continued to deliver this to younger adults and are now engaged in rolling out the booster programme. In total 39,283 jabs have been given, and from October over 1,600 further booster jabs to the Clinically Extremely Vulnerable and frontline health care workers have been given, both at Swanton Morley surgery and in care homes.

From the outset, back in late 2020, the partners felt there was a clinical imperative to set this up as we were probably the only organisation locally that could roll it out so rapidly and deliver it so efficiently. The project team and volunteers have worked incredibly hard - often at weekends and anti-social

hours - to do this within the very strict guidelines that the Department of Health has imposed.

The mass vaccination site at Dereham Hospital is now up-and-running and we will be considering whether there is still a need to offer Covid booster jabs to the community in the coming months.

The roll out of flu vaccination has now started for our own patients, also out of Swanton Morley surgery, but as in previous years is reliant on supplies coming in from NHS England.

We have restarted offering appointment for blood tests and ECGs at Swanton Morley surgery on non-vaccination days and are pleased that the NNUH ultrasound team have returned to the building to start doing scans again.

## Long Term Conditions

We are aware that many patients with Long Term Conditions who need regular blood tests and follow up have been



## Guitar and Music Tuition Beginners to Advanced

*Classical, Jazz, Folk, Pop and Rock, Bass Guitar*

*Jazz Improvising - any instrument.*

Qualified teacher and professional musician

**Peter Wild LTCL**

**Tel. 01362 668558 (North Elmham)**

## Hendry & Sons Funeral Directors



**Private Chapels of Rest**

Members of the N.A.F.D.

**Station Road, Foulsham, Dereham, Norfolk**

**Telephone: 01362 683249**

## North Elmham Childminders

Registered with OFSTED. rating GOOD, and a team of assistants offering flexible childcare in a friendly, nurturing and stimulating environment.

Please contact us to enquire about vacancies and arrange a visit on  
**01362 668 951**



## The Helpful Pixie

**Help around the house and garden including:**

- ❖ fence, shed & decking staining ❖ wood stacking ❖ cleaning ❖
- ❖ regular garden maintenance ❖ small garden jobs ❖

**No job too small**

**Call Emma on 01362 668 753**

concerned over the last 18 months about their care. At the peak of the pandemic we were advised to put all of this on hold but were then able to provide a limited service with nurses contacting patients and doing virtual reviews. Over the last few months nurses have been operating as normal a service as possible and are now making significant progress in catching up with all patients needing a review.

### **Pandemic issues**

We continue to remain concerned about this coming winter and how the NHS will cope with the ongoing threat of Covid and the very real risk of an Influenza outbreak. We have regular updates from the Norfolk and Norwich and Queen Elizabeth, Kings Lynn, Hospitals and are aware of the tremendous pressures they are under and how hard their staff are working. There is an obvious impact on our patients whose planned and unscheduled care is affected. We are doing our best to expedite

the follow up of those patients whose clinical condition needs prioritising. The Department of Health regularly provides GP surgeries with advice on maintaining a safe environment. For the time being we still ask patients to attend with a face-covering unless exempt. Staff will still be wearing PPE during the consultations.

We are very grateful for the support and words of encouragement that we continue to receive from our patients. These are very much appreciated and mean a lot in these difficult times

*Dr Simon Carroll*



**I tried to sue the airline for losing my luggage. I lost my case**

## **THANK YOU**

On behalf of the Harriers of Dereham, I would like to say a big thank you to Tom and Jo Fitzalan Howard for letting our running club start and finish our 6k race at Elmham House, on 24th October.

The Harriers of Dereham are a small running club which caters for all abilities

from complete beginners to more experienced runners which is organised by me, Chris Mitchell, a resident of North Elmham. Anyone is welcome to join us, for details find us on Facebook or phone 07518 747686

*Chris Mitchell*



## **C & R DOUBLEDAY** Established 1986

- ◆ Landscape Gardening & Property Maintenance
- ◆ Complete Home and Garden Care    ◆ Garden Clearance Work
- ◆ Patios, Ponds, Brickweave, Walls, Turfing, Fencing etc

**FREE ESTIMATES**

Friendly & reliable Service guaranteed

**Telephone: Rick 01328 829637 Chris 01328 829308**

**Mobile 07714 348515**

## **BROADLAND LIFTING SERVICES**

A division of TV & Theatre Services

**WE HAVE MOVED TO NEW PREMISES**

*Come and see us at Horningtoft*

**Tel: 01328 701909, Fax: 01328 700876**

**e-mail: [joe@tvandtheatreservices.com](mailto:joe@tvandtheatreservices.com)**

**Unit 10 Whissonsett Road, Horningtoft, Dereham NR20 5DJ**



### **ROSE COTTAGE HOLIDAY LETTING** **Eastgate Street, North Elmham**

Recently refurbished to a high standard,  
two bedrooms, sleeps four, child friendly

Minimum three night stay, free wi-fi, Netflix,  
oil C/H & woodburner, courtyard garden, BBQ

Sorry no pets

Bookings: [Airbnb.co.uk](https://www.airbnb.co.uk)

## *Artfellows*

**Complete the picture**

Picture Framing Studio

Fine Art Gallery

Exclusive Greeting Cards

5 Cattle Market Street, Fakenham

10.00am – 4.00pm Tuesday to Saturday

Tel: 01328 862000

## **M B LOGS**

Dry stored Seasoned Split Logs

Supplied and Delivered

**Call Mark:**

**07766 223438**





## ST MARY'S CHURCH

Dear Friends,

### Real Christmas

Every year somebody will say to me "it seems that Christmas is too commercial", I remember, just a few weeks ago, reading in the paper "Prime Minister saves Christmas". Let us be clear; real Christmas, the birth of Jesus, is God's gift to us all. Some restrictions may make it a little different - but the joy of Christmas remains.

I can look back over seventy Christmases - so, let's go back to 1947 - when I was three and a half. Sights and smells of Christmas Eve - my Granny took me to Church for the Blessing of the Crib. There was the sweet smell of incense mingled with polish. There were candles and greenery everywhere. The Crib was large, and I looked at it with a sense of wonder - I couldn't put it into words but the long ago memory of Christ Church on Christmas Eve is with me still.

Christmas Day was a family occasion - Grandparents, Parents, Aunts and Uncles all crowded round the dining table. Fuel was in short supply, but Granny had somehow obtained some extra coal and there was a much bigger fire than usual. Yes, we had a Christmas tree - but I didn't receive loads and loads of presents. My pride and joy was a highly coloured

'humming top' - does anybody remember them? I'm told that the grown - ups got a bit fed up with the humming and erratic movements on the floor. Apparently, my father hid it away for the rest of the day !

Now in 2021 we are once more preparing for Christmas. Carols, crackers, a decorated tree - and in many homes a real feast and a host of presents. I hope that each one of us will have a happy and peaceful day, remembering that our celebrations are centred on a stable in Bethlehem and the birth of Jesus. May we echo the angel's song "Glory to God in the highest and peace to His people on earth."

Every Blessing and Happy Christmas,

*Fr. Michael.*

P.S. See you in Church.

## MORE2LIFE CHRISTIAN FELLOWSHIP

We at More2Life are excited as Christmas approaches and we celebrate once again the birth of our Lord and Saviour. Keep an eye out on our Facebook page and YouTube channel for our advent shorts series going out in December, 'No Ordinary Babe' to find out why this Jesus is so important to us with a Christian faith, and those who don't have that faith.

We are also having carols around the fire pit on 20th December so do keep an eye out on our Facebook page for more details. It will be at my address as above, and we will have carols, sparklers for the children, and candles. There may even be some mince pies! Pre-booking will be necessary, and will be advertised on our Facebook page, or you can contact me as above and I will let you know when that opens.

'In the beginning was the Word, and the Word was with God, and the Word was

**Let's keep life moving.**



**FRESH AIR**



**TESTING**



**FACE COVERINGS**



**APP**



**HANDWASHING**

# ANT'S CARPETS

Carpet and vinyl supplied and fitted  
Free measures, estimates and planning  
All work guaranteed – Home selection service available  
Wet room flooring supplied and fitted

**Customers own carpet and vinyl fitted**

**Mobile: 07919273107 Tel: 01362 667747**

More  
Life

**Join us for “Carols Round the Firepit”**

At 2, Church Lane, Stanfield NR20 4JB

On Monday 20th December at 7.00 pm

Free refreshments but please phone to book on tel. no. below.

**You are invited to watch “No Ordinary Babe”**

Video shorts of the Advent story

See facebook @more2lifeNE for link

More2Life Christian Fellowship

Pastor Anne-Marie Fewell, Tel: 01328 701830

God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it... The Word became flesh and made his dwelling among us.'

*John 1:1-5, 14*

Merry Christmas, and much love to you all.

*Anne-Marie Fewell*

*Pastor & NCC Domestic Abuse Champion*

*Tel 01328 701830*

*Email: revree7@gmail.com*

## **WORTHING NEWS**

### **Samaritans Purse**

Since the beginning of November, a steady flow of filled boxes had been received in church and are now on board to fly and spread some Christmas Cheer to so many children in need. Thank you for your support.

### **Lest we forget!**

St Margaret's Church "Remembers." A simpler but reflective service took place on the 14th November attended by a handful of Worthing parishioners. We came together to quietly remember the bravery of our lost heroes and also the courage of families left behind. May we pray and give thanks to our Armed Forces who everyday work in keeping us safe. We will remember them.

We fully understand some parishioners & visitors are still rather jittery about coming out to join in such occasions, this still clearly showed in smaller numbers making visits. We must try to help each other to live and cope with Covid, so please don't hold back, let's see you all back in Church soon and SING YOUR FAVOURITE HYMNS AND CAROLS.

OUR SUNDAY SERVICES for January 2022 are 9th Holy Communion 10.30am & 23rd Morning Prayer, also starting at 10.30am. These will also be published should there be any changes on the HONC website and on the church noticeboard.

### **Volunteers Needed!**

A plea if we may, if you are able to help us for approximately one hour five times during the year helping with events, some general cleaning (duster & broom at the ready!) and/or some flower arranging, hedge and or grass cutting, minor repairs etc, we would like to hear from you. Please contact Celia on 01362 668928. Thank you.

### **And finally...**

Worthing PCC members would like to thank everyone who has supported our Church, events and most importantly, charities during 2021. May we wish you all a wonderful time over the Christmas holiday and a Happy & Healthy 2022.

Our Prayers and best wishes to you and your family.



**Why did Santa's little helper see the doctor? Because he had low "elf" esteem.**

## Heart of Norfolk Group Services in December and January

### 5th December: 2nd Sunday of Advent

9.30 am	Wood Norton	Morning Praise
10.30 am	Bawdeswell	Holy Communion
10.30 am	N Elmham	Holy Communion
10.30 am	Stibbard	Holy Communion
5.00 pm	Foxley	Evening Prayer (informal) – bell-ringing from 4pm.

### 12th December. 3rd Sunday of Advent

10.30 am	Bawdeswell	'The 10.30'
10.30 am	Worthing	Holy Communion
10.30 am	Foulsham	Holy Communion
10.30 am	Stibbard	Morning Praise
4.00 pm	Foxley	Christmas Carol Service
6.00 pm	Guist	Christmas Carol Service

### 19th December. 4th Sunday of Advent

10.30 am	Wood Norton	Holy Communion
2.30 pm	Guestwick	Christmas Carol Service
3.00 pm	Worthing	Christmas Carol Service
3.30 pm	Foulsham	Christingle Service
4.00 pm	Bawdeswell	Christmas Carol Service
5.00 pm	North Elmham	Christingle Service

### 26th December. 1st Sunday of Christmas

10.30 am	N Elmham	Group Family Communion
----------	----------	------------------------

### Sunday 2nd January. Epiphany

9.30 am	Wood Norton	Morning Praise
10.30 am	Bawdeswell	Holy Communion
10.30 am	North Elmham	Holy Communion
10.30 am	Stibbard	Holy Communion
5.00 pm	Foxley	Evening Prayer (informal) – bell-ringing from 4pm.

### Sunday 9th January. Baptism of Christ

10.30 am	Bawdeswell	'The 10.30'
10.30 am	Foulsham	Holy Communion
10.30 am	Worthing	Holy Communion
10.30 am	Stibbard	Morning Praise

### Sunday 16th January. 2nd Sunday of Epiphany

10.30 am	Bawdeswell	All-Age Communion
10.30 am	North Elmham	Holy Communion
10.30 am	Wood Norton	Holy Communion
4.00 pm	Foulsham	Sung Evensong

### **Sunday 23rd January. 3rd Sunday of Epiphany**

10.30 am	Bawdeswell	Word & Praise
10.30 am	Guist	Holy Communion
10.30 am	North Elmham	Morning Praise
10.30 am	Foulsham	Holy Communion
10.30 am	Worthing	Morning Praise

### **Sunday 30th January. Candlemas (Presentation of Christ in the Temple)**

10.30 am	Bawdeswell	Group Holy Communion
----------	------------	----------------------

## **Heart of Norfolk Group Christmas Services**

### **12th December**

4.00 pm	Foxley	Christmas Carol Service
6.00 pm	Guist	Christmas Carol Service

### **17th December**

6.30 pm	Foulsham	Carols around the Christmas Tree
---------	----------	----------------------------------

### **18th December**

4.00 pm	Wood Norton	Christmas Carol Service
---------	-------------	-------------------------

### **19th December**

2.30 pm	Guestwick	Christmas Carol Service
3.00 pm	Worthing	Christmas Carol Service
3.30 pm	Foulsham	Christingle Service
4.00 pm	Bawdeswell	Christmas Carol Service
5.00 pm	North Elmham	Christingle Service

### **20th December**

6.00 pm	Twyford	Christmas Carol Service
---------	---------	-------------------------

### **21st December**

6.00 pm	Thelmelthorpe	Christmas Carol Service
---------	---------------	-------------------------

### **Christmas Eve**

4.00 pm	Stibbard	Crib Service & Nativity
5.00 pm	North Elmham	Crib Service
11.30 pm	Wood Norton	Midnight Mass

### **Christmas Day**

10.30 am	Bawdeswell	Family Communion
10.30 am	Foulsham	Family Communion
10.30 am	North Elmham	Family Communion

# Park Physiotherapy



Muscle & joint problems;  
Headaches; Sports injuries  
Neck and Arm pain; Arthritis  
Dizziness; Back Pain

Leys Farm, Hockering NR20 3JE

**01603 881184**

**www.parkphysiotherapy.co.uk**

Chartered Physiotherapists Registered with the Health Care Professions Council

**Tina Barnes** MCFHP MAFHP

**Foot Health Professional**

*Professional treatment in the comfort of your own home*

*We specialise in treatment for:*

Corns                      Ingrown toe nails      Fungal infection      Toe orthotics  
Callus                      Nail deformities      Diabetic foot assessment

*For a private consultation & appointment:*

**Tel: 01362 668348 - Mobile: 07833 511353**

**Help at Hand**

**Peter Cross**



**phone/fax: 01362 861024**

**mobile: 07796550189**

**All jobs considered**

Gardens/Driveways restructured and designed  
Brickweave/Patios/Pathways/Carparks/Borders/Edging etc  
(All materials & aggregates can be delivered and surplus  
cleared away)

**Complete Self-Sufficient Service**

## ZINKA'S HELP AT HOME

Carework

Cleaning/Hoovering/Ironing

Shopping/Meal Preparation

Fully Insured/Current DBS

Years of experience in care work

Tel: 01362 667074

Mob: 07742075156

## Eastgate Centre

North Elmham

Large Hall; Kitchen;

Cloakrooms;

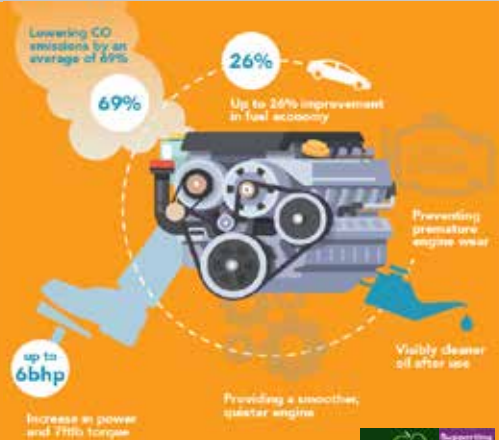
off road parking

Available for bookings

For rates please contact:

01362 668245

# Detox your engine



The UK's ONLY Multi Award Winning Engine Decontamination Treatment is now available here at North Elmham Service Station

You can enjoy IMPROVED FUEL ECONOMY and RESTORE ENGINE PERFORMANCE North Elmham Service Station now have The Multi Award Winning EDT Automotive Engine Decontamination System which has been purposely engineered to enhance both petrol and diesel engines



## The ONLY Engine Decontamination Treatment available in the Dereham area

Ask one of our team on how an Engine Detox can save you money AND Improve your cars performance

### Benefits include :

- Increased Miles Per Gallon
- Drastically reduced exhaust emissions
- Prolonged engine life
- Reduced engine internal friction allowing smoother running
- More efficient oil flow around engine



**01362  
668226**

**Station Road  
North Elmham  
Dereham  
Norfolk  
NR20 5HH**



# ADVERTISERS INDEX

## Children

North Elmham Childminders.....	46
Scribbles Pre-school .....	8

## Eating Out & Eating In

Hamptons .....	38
North Elmham Fish & Chip Shop.....	26
Kings Head Hotel.....	30–31
Willie Weston (Fishmonger).....	4

## Fitness, Health & Beauty

Alison Watson (Beauty & Podiatry) .....	4
Cameron Reid (Osteopathy) .....	32
Creative Chiropractic .....	36
Jennifer Hannant (Podiatry) .....	18
Joanne Medler (Hypnotherapy).....	42
Lynton House Beauty .....	32
Michael Cummings (Podiatry).....	20
Park Physiotherapy.....	54
Pilates Norfolk.....	44
Tina Barnes (Podiatry) .....	54

## For The Home & Garden

Adrian Nicholls (Handyman).....	42
Ant's Carpets.....	50
Assured Boiler Care.....	24
C & R Doubleday (Garden/Property Maint) .....	48
Charles Seaman (Decorator).....	4
D Thompsons Chimneys (Chimney Sweep).....	36
Firing Squad (Woodburners) .....	10
G D Bathurst (Plumbing/Heating) .....	42
Garrod Partnership (Building) .....	20
Greensleaves (Lawn Care).....	18
Help at Hand (Garden Maint).....	54
The Helpful Pixie (House & Garden Jobs) .....	46
J C Landscape & Maintenance.....	2
John Coles (Electrician/Property Maint).....	10
Odd Job Lass.....	32
The Norfolk Sweep (Chimney Sweep).....	10
R P Pest Control.....	2
Ravencroft Tree Services .....	44
Richard Roos (Property Maint) .....	8
S&C Window Repairs .....	2
Tree Work East.....	59
Worzels Roofing.....	24
Zinka' Help at Home.....	54

## Firewood

M B Logs.....	48
---------------	----

## Funeral Directors

Fakenham & District Funeral Services .....	12
H Brett & Sons .....	32
Hendry & Sons.....	46
Littleproud & Son .....	26

## Holiday Accommodation

Kings Head Hotel.....	30–31
Rose Cottage Holiday Let.....	48

## Pets

Forge Cottage Cattery.....	44
Four Paws (Dog Grooming) .....	18
Furry Dogmother's (Dog Grooming).....	18

## Tuition

Kay Barker Fine Art.....	20
Nick Long (Driving) .....	20
Peter Wild (Music) .....	46

## Vehicles

East Bilney Garage.....	60
Norwich Road Garage.....	12
North Elmham Service Station.....	55 & 59

## Venue Hire

Eastgate Centre .....	54
Elmham Memorial Hall .....	24

## Other

Artfellows (Framing).....	48
Butcher Andrews Solicitors .....	40
Broadland Lifting Services .....	48
Clan Press.....	59
Computers@Home .....	4
Smarter Phone Support (Mobile Devices).....	8

*To advertise in the Elmham News please contact  
Martin Phillips: martin.s.phillips@btopenworld.com*

## This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

COVER: Stock Library, PAGE 13: Arthur Smith, PAGE 16: Michelle Dickinson, PAGE 22: Mark Ballman, PAGE 28–29: North Elmham School, PAGE 34–35: Dave Appleton, PAGE 39: Sarah Adams, PAGE 45: Peter Jonathan Kennedy (Cartoon), PAGE 48: Chris Mitchell



## North Elmham Parish Council

**Chair:** Jennie Borgnis  
**Vice Chair:** Martin Phillips  
**Clerk:** Kevin J Webb  
 01328 855046  
 northelmhampc@hotmail.co.uk

**Group Leader** ✓  
**Group Member** ●

Jennie Borgnis	☎ 668 952									
Ann Ferris	☎ 668 580									
Tom Fitzalan Howard	☎ 668 232									
Brian Gee	☎ 422 799									
Paul Grainger	☎ 667 135									
Ann Keeble	☎ 668 216									
John Labouchere	☎ 668 306									
Nick Markwell	☎ 668 557									
Martin Phillips	☎ 668 409									
Michael Rayner	☎ 667 859									
Colin Smith	☎ 668 585									

### Finance & Administration

Eastgate Centre Trustees

Elmham Charities Trustees

Allotments (Annie Mary Smith Charity)

### Village Facilities

Broom Green, Pound, Millennium Wood

Cathedral Meadows

Cathedral Ruins

Prince William Wood & Tree Warden

### Recreation & Sporting Facilities

Playing Field / Pavilion

Village Green

Footpath Warden

### Services & Other

Highways

Planning

Street Lighting

Environment & Maintenance

Railway Liaison

Website

Meetings are normally held on the first Wednesday of the month and take place in the Pavilion, commencing at 7.30pm. Parishioners are entitled to attend and are most welcome. Our County and District Councillor is also in attendance whenever possible. If, in between meetings, you wish to raise a specific matter for the attention of the Parish Council - please refer to the contact list above.

**And finally...** have you got something interesting you would like to say or think others might be interested in something you do - why not email the Editors (see front of magazine for contact details) and let us know, we are always on the lookout for new contributors.

# NORTH ELMHAM DIRECTORY

## Elmham Surgery - Holt Rd - 01362 668215

Opening Times                      Mon Tue Wed Thur Fri                      08:30 - 18:30 (Wed 18:00)

## Swanton Morley Surgery - 01362 638100

Opening Times                      Mon Tue Wed Thur Fri                      08:30 - 18:00

## Doctors

Dr Simon Carroll                      Dr Alice Griffiths-Jones                      Dr Robert Spooner  
 Dr Abigail Brun                      Dr Samita Mukhopadhyay                      Dr Victoria Lawrence

## North Elmham Village Emergency Telephone System (VETS) - 01362 788700

NHS Direct                      111

## POLICE Non Emergency - 101 - EMERGENCY - 999

Breckland District Councillor	Gordon Bambridge Bill Borrett	01603 880557 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School		01362 668318
Chairman of School Governors	Robert Plant chairofgov@northelmham.norfolk.sch.uk	
Memorial Institute	Pam Neve	01362 668325
Pavilion	Bookings	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Website	www.elmham.org.uk	

## Dereham Library - 01362 693184

Opening times: Mon Wed Thur; 9:15 - 17:00 - Tue Fri; 9:15 - 19:00 - Sat 9:15 - 16:00  
 Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Electricity - Emergency	0800 7838838
Samaritans		116123
Citizens Advice Bureau		01362 697776

## Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Brendan Moffatt	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Palmer		696341
More2Life	Anne-Marie Fewell		01328 701830

## Church Wardens

Elmham	Michael Newey	668424
Worthing	Celia Daniel	668928



# TREE WORK EAST Ltd

*Tree Surgery & Maintenance*  
*Stock fencing & Landscaping*  
[www.treeworkeast.co.uk](http://www.treeworkeast.co.uk)

*"Call for a free quotation"*

Office: 01328 700942

Mobile: 07876125301



E2m Public Liability Insurance

*The complete printing solution*  
**clanpress**  
[www.clanpress.co.uk](http://www.clanpress.co.uk)

- Long Run Litho Printing
- Short Run Digital Printing
- Large Format Poster Printing
- Brochures, Leaflets & Folders
- Roller Banners and X banners
- Outdoor & Indoor Signage
- Exhibition Displays
- Flyers and Postcards
- Business Stationery
- Parish Newsletters
- In-house Binding & Finishing
- Digital Asset Management
- Bespoke Online Ordering
- Web to Print
- Mailmerge
- Design

**VISIT OUR NEW WEBSITE FOR MORE DETAILS**

**T. 01553 772737**

**E. info@clanpress.co.uk**

**W. www.clanpress.co.uk**

I Dundee Court • Hamburg Way  
 King's Lynn • Norfolk • PE30 2ND

# NORTH ELMHAM SERVICE STATION

Servicing, MOTs, Diagnostics, Tyres,  
 Batteries, Exhausts  
 & Restorations



Monday - Friday 8:30am-5:00pm  
 Saturday 9:00am-12:00pm

Station Road, North Elmham, NR20 5HH

**Tel: 01362 668226**



**RENAULT**  
Passion for life

# The Renault Range



Now with a 5-year warranty\*



The official combined fuel consumption figures in mpg (l/100km) for the vehicles shown are 44.1–52.3 (6.1–5.4). The official CO<sub>2</sub> emissions are 162–111g/km. WLTP figures shown are for comparability purposes; only compare figures with vehicles tested to the same technical procedures. Actual real-world driving results may vary depending on factors such as weather conditions, driving styles, vehicle load or any accessories fitted after registration. WLTP is a new test used for fuel consumption and CO<sub>2</sub> figures; however, until April 2020, the CO<sub>2</sub> figures are based on the outgoing (NEDC) test cycle, which will be used to calculate vehicle tax on first registration.

\*Please visit [renault.co.uk/configure](http://renault.co.uk/configure) for WLTP figures for any selected options. Your Renault Car is covered for the first of 100,000 miles or 5 years and applies to new cars (excluding Traffic Passenger) when ordered from 18 December 2019. For exclusions visit [Renault.co.uk/warranty](http://Renault.co.uk/warranty)

## **EAST BILNEY GARAGE**

Fakenham Rd, East Bilney, Dereham NR20 4HL  
Tel 01362 860511 [www.eastbilneygarage.co.uk](http://www.eastbilneygarage.co.uk)

Book a test drive