

Elmham News

**OUR AWARD WINNING
VILLAGE MAGAZINE**



MARCH 2024

**NORTH ELMHAM
VIEWS & NEWS**

FREE MAGAZINE: DONATIONS WELCOME

R P Pest Control & Environmental Services

Helping you put your pests out of business
YOUR FRIENDLY LOCAL PEST CONTROLLER
Wasps, Rats, Mice, Moles, Rabbits, Pigeons
and most Insects Controlled

CALL RICHARD
RSPH Qualified, Fully Insured
North Elmham, Dereham, Norfolk

Tel: 01362 667138

Mob: 07583076214



Anglia Roofline Co Ltd
Est. 2003

FIT IT AND FORGET IT!

NO Leaks • NO Damp • NO Rot • NO Maintenance

Norfolk's Roofline Replacement Specialists
uPVC Fascia Boards, Soffit Boards & Guttering

10 Year Insurance Backed Warranty

Rated 9.5/10 in 600+ online reviews

Call 01603 872049
To Arrange a Free Survey



Find out more at

www.angliarofline.co.uk

EDITORIAL

Thank you for the nice comments re the new layout. We think Sarah did a great job too.

This month's cover is of the Chapel Ruins, which was for many years known as the Cathedral Ruins which are situated near to the car park adjacent to St Mary's Church. They are one of the claims to fame that North Elmham has. These are the site of a pre Norman Cathedral. There is no doubt that there was a cathedral here in 955 when it became the seat of the bishops for the whole of East Anglia. In 1071, the new Norman Administration moved, first to Thetford and then in 1095 to Norwich.

The site is administered by English Heritage and is a favoured place for visitors and lovers of historic places. The moats are dearly loved by children during snowy weather as they offer superb tobogganing slopes.

Over the last month we have had numerous complaints forwarded to us about the amount of dog faeces that are being seen around the village, on the Jubilee Green and on Church Hill. Most dog owners are conscientious and carry their poly bags with them and dispose of them in one of the many bins around the village. Unknowingly walking into a heap or pushing a buggy through one is disgusting and we are sure that everyone can relate to the foul smell that ensues.

Unfortunately, irresponsible dog owners reflect poorly on all of us who cherish our pets and uphold responsible ownership. Responsible dog owners, just like those who don't own dogs, share in the frustration. If you notice anyone neglecting their "responsibilities", please be brave and have a word. Also the Breckland Dog Warden can be left a confidential message or text on 07771 617417.

Our sincere thanks for donations go to a gentleman on Wensum Drive and Ann Bartlett. Thank you both, it helps us keep the magazine free.

NEXT DEADLINE: 14TH MARCH

We welcome contributions from everyone in the village. Please share your stories, events, club activities and heartfelt tributes to loved ones with us. Your participation is crucial in making the Elmham News a true reflection of our village. Please email your article to each of the Editors.

VOLUME 47 : ISSUE 2

EDITORS

Caroline Payne
carolinejpayne@hotmail.co.uk
01362 668704

Meg White
megandnigel@gmail.com
01362 668302

Janet Woodhouse
robert.woodhouse2@gmail.com
01362 668525

ADVERTISING

Martin Phillips (Treasurer)
martin.s.phillips@btopenworld.com
01362 668409

MAGAZINE DESIGN

Sarah Felton
sarahfelton@yahoo.com

DISTRIBUTION

Debbie Coull
elmhamdebbie@aol.com
01362 668951

OTHER COMMITTEE MEMBERS

Bob Fletcher
Brian Wheeler (**Chair**)
01362 668 621
brian.wheeler456@btinternet.com

COMMUNITY WEBSITE

www.elmham.org.uk

DISCLAIMER: The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.



S & C Window Repairs

Local independent business - Free estimates

Repairs to double glazed windows, doors and conservatories

Steamed up windows, broken handles, hinges, replacement gasket,
plus cat flaps, door panels and more.

01603 520136 or 0800 1601932

sandcwindows@gmail.com www.sandcwindows.co.uk

WILLIE WESTON of BLAKENEY

Fresh locally caught fish, shellfish, pates & more

You can find me at Fakenham

Near the Red Lion on Thursdays 7.00am to 2.00pm and

Near HSBC on Saturdays 8.00am to 2.00pm

Or delivery to Elmham on Tuesdays

Please phone your orders to 01263 740910

or visit The Fish Shop, 5A Westgate Street, Blakeney

Computers@home

01362 698872/851872

07768086272

Email: nijel@clara.net

Sales, Service & Repairs
Computers New and Secondhand
Internet & Software problems
Repairs to printers, Scanners,
Copiers & Fax machines
Daytime, Evenings & Weekends

Alison Watson

Beauty Treatments & Foot Health Practitioner

(S.A.C. Dip. FHP)

(College Guild of Graduates Register)

Facials, Waxing, Manicures/Pedicures, Tinting, Lash Extensions,
Shellac Nails, Ear Piercing

Toenail Trimming, Corns, Callus & Fungal Infections

For Appointments, Please Ring: **01362 668419**

NORTH ELMHAM PARISH COUNCIL MEETING

WEDNESDAY 3RD JANUARY, 2024

The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.

Councillors present were: Mrs. J. Borgnis (Chairman), Mr. M. Phillips, Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. B. Gee, Mr. P. Grainger, Mrs. A. Keeble, Mr. J. Labouchere, Mr. M. Rayner and Mr. C. Smith

Also in attendance: Mr. K. Webb (Clerk)

Apologies for absence: Mr. N. Markwell

UPDATED INFORMATION AND MATTERS ARISING

Land Management Matters

Village Green: Planning permission has been requested for the line of trees close to the Conservation Area to be cut. Mr. Gee reported that a tree has fallen across the brook.

Cathedral Ruins: Mrs. Keeble said that a chestnut tree with fungus, situated on the mound, has fallen down. Part of the tree has been cut off but English Heritage will carry out an inspection later this month.

Millennium Wood (and Jubilee Wood): The thinning needed in Jubilee Wood is to be carried out this month by Mr. Saunders.

Allotments

Mr. Phillips reported that the remaining plot has been let in readiness for the Spring.

Street Lights

Mr. Labouchere was concerned by the parking in Station Road and that the lights do not provide the necessary vision. Other members disagreed with this view.

Highway Matters

Mr. Grainger had met with Steve Royal, Network Manager of Connect Bus, on 5th

January. It was confirmed that all stopping sites have been approved by Highways. The position regarding the new temporary bus stop on the side of the road near County School will be mentioned to Mr. Royal.

Brookside Development update

The Clerk will write to Orchard Homes expressing appreciation for the recently received S106 monies and stating that we are looking forward to the next stage of the development, i.e. completion of the car park and footbridge.

Call for Sites Update

The consultation now starts on 8th January with a list of sites to be published. One question will be as to whether settlement boundaries should be continued. Mr. Rayner will put a piece in Elmham News and draft a Parish Council response for the February meeting. The deadline for replies is 19th February.

Annual Budget Amendment

Mr. Phillips stated that the final budget for 2024/2025 had been updated with the figures recently provided by CGM via their revised contract (see below).

CGM Group and grounds maintenance for 2024

CGM are to be appointed as the service provider for another year. They are to be requested to advise in advance of all cuts of the playing field to assist the Football Club with pitch preparation.

North Elmham Living Sustainably (NELS) Group

The Chair has contacted the Group and they will probably arrange a meeting. The Parish Council is prepared to fund the hire of the hall for the first meeting. Mr. Fitzalan Howard said that the Eastgate Centre would also not charge if it was held there.

S106 monies (£15.1K) received from Breckland Council

As previously reported, S106 monies have been received and various suggestions



Your local building & property maintenance service. Over 25 years professional building experience.

Building Repairs
Joinery / Carpentry
Bathrooms / Kitchens
New Roofs / Roof Repairs
Extensions / Alterations
Conversions / Renovations
Windows / Conservatories
Traditional Norfolk Flint Work
General Property Maintenance

07881 957032
info@roosbuild.co.uk



RICHARD ROOS
Building & Maintenance

01362 470543
www.roosbuild.co.uk



www.fourpawsnorfolk.co.uk



07469 766 331



Please call to book an appointment

Corners Nursery, Fakenham Rd, Hoe, Dereham NR20 4HA

Dog Grooming At Great Prices!!

Fully trained - City & Guilds - Fully insured studio - First aid trained - All breeds and sizes welcome

Madhouse

We are trained experienced childcare providers offering flexible hours, tailored to your needs.

We promote independence and healthy living within nurturing environments.

Ofsted rated "Good"

Contact details: Debbie elmhamdebbie@aol.com 01362 668951

Kay Barker Fine Art

NEW: The Art Studio, North Elmham

Art Courses for all Ages and Abilities

Times and days to suit

Art for Sale, Art Commissions

Email: kaybarkerfineart@gmail.com

Telephone: 01362 667050

Visit the website www.kaybarkerfineart.co.uk



for items on which the money should be spent were made as follows:-

- a) New kick wall (playing field)
- b) Skate ramp repairs including a new surface.
- c) Improved flooring for play equipment (village green)
- d) Concrete table tennis (Village Green)

Investigations regarding costs will be made so that the matter can be discussed further at the next meeting.

CCTV Policy

The twelve CCTV principles have been considered and an appropriate policy is to be formulated. The Chairman is to be the Senior Responsible Officer and the two Data Controllers are to be Messrs Phillips and Smith. Mr. Grainger is to draft a policy which will include both the Pavilion and Eastgate Centre.

Request for a grit bin near the North Elmham School

An e-mail had been received from Mr. Nick Brown, Site Manager of Flourish Federation Norfolk, asking for a grit bin to be placed near North Elmham Primary School. This is a request that needs to be made directly to Highways, Norfolk County Council and the Chairman will advise Mr. Brown accordingly.

Planning Applications and Determinations

Applications

- i) 2 Keepers Cottage, Great Heath Road – Mr. Cooper – rear single storey extension with first floor ensuite extension; replace existing septic tank with a treatment plant – 3PL/2023/1182/HOU – no objections.
- ii) TRE/2023/0352/TCA – pruning works at Anglo Saxon Cathedral (Chapel Ruins), Church Lane.
- iii) TRE/2023/0353/TCA – pruning work at White House, 57 Holt Road.

iv) TRE/2023/0354/TCA – Street Record Millennium Green Cycleway – reduce 13 trees from between 5% to 25%.

Determinations

- i) 9 Cedar Close – change of use from residential to mixed use residential for proposed dog grooming salon within existing bedroom of existing bungalow – 3PL/2023/1075/F – approved.

Correspondence

- 1) Breckland Council reminder regarding the Local Plan Development Strategy Consultation which runs from 8th January until 19th February.
- 2) George Freeman M.P. update on the Mid Norfolk Flood Partnership.
- 3) E-mail from parishioner advising of problems with mature trees bordering the B1145. (A number of members had visited the site and the view was that there is no issue in this area).

FEBRUARY PARISH COUNCIL MINUTES

There are no Parish Council minutes for the February meeting in this edition as they had not been received in time.

The next meeting of the Parish Council will be on Wednesday 6th March at 7.30 pm in the Pavilion. Parishioners are always encouraged to attend.

FAKENHAM & DISTRICT FLOWER CLUB

Tuesday 5th March

Hempton Memorial Hall, Hempton, Fakenham NR21 7LG

“Sogetsu Ikebana” with Kasia Purton-Dmowski & Marius Cwik

Members £45 Annual Sub, Visitors £8

More details : Jackie on 01328 851933



The Norfolk Sweep

*Friendly, Professional Service • Fully Insured
All Types of Chimney / Flues Swept*



Anthony Walden

01362 680189

www.thenorfolksweep.co.uk



JOHN COLES ELECTRICIAN

PROPERTY ALTERATION/ MAINTENANCE

All electrical work undertaken

+

Kitchen, utility & bathroom refit
(incl mobility & access solutions)
Other maintenance and repair work

No job too small
or
make a list for us to complete

Happy to advise, discuss work/provide prices

Public liability insurance + references

01362 692249 or 07919 593391

johncoleselectrical@hotmail.com

Find us on Facebook

Your satisfaction is our reputation
Friendly, reliable family business



FIRING SQUAD WOODBURNERS

Comprehensive stock to view at our
showroom on The West Raynham Business Park

01328 838 665

e-mail: firingsquadwoodburners@yahoo.com

www.firingsquadwoodburners.com

APPROVED CLEARVIEW STOCKIST



NORTH ELMHAM COUNTRYSIDERS

We have had a busy few months. In September, we started back with Robot Wars, teams having to make their own robot using cardboard boxes and junk modelling then completing challenges. With a visit to 'Blackwater Highlands' next on programme. Our Countrysiders and parents and carers all got hands on grooming the cows and enjoying a talk all about them. We also launched our Club Logo Competition within the club. We had a brief of 'it had to be a bovine design' to match the Seniors North Elmham Young Farmers Club. The winner was chosen by the county Chairman and his team. Emily's design was chosen the winner, with Oliver's design being picked as a highly commended and being used via the county team. Our new logo is now up and running along with our uniform available from Birds in Dereham.

We had fun carving pumpkin and spooky games on our Halloween themed night, We even got the senior club involved. We have had a busy start to our club



Mot, Service and Repair Centre

Full Workshop Facilities

NRG

- Servicing And Repairs To All Makes (Norwich road garage)
- Fully automated MOT testing
- Vehicle Diagnostics- Engine Management, ABS, SRS And A/C
- Air conditioning- Servicing and Repairs
- Tyres supplied and fitted at competitive prices
- Free collection and delivery (in Local area)
- Competitive prices- ring for a quote or pop in

NORWICH ROAD GARAGE

43 Norwich Road, Dereham, NR20 3AS

Tel: 01362 692237 or 07900994749

(Next to the fire station)

Proprietor: Derek Jarrett (30 Years Experience)



FAKENHAM & DISTRICT FUNERAL SERVICES LTD.

INDEPENDENT FAMILY FUNERAL DIRECTORS

Emma Duggan & Beau Elliott

*'Helping others at a time when it's
most needed.'*

TEL:01328 838838

(24hr emergency)

WEASENHAM MANOR, FAKENHAM ROAD,
WEASENHAM PE32 2TF



Golden Charter 
Independent Way Funeral Plans

competitions year with 3x 1st's and 3x 2nds at the winter competitions day. We finished the year with two meetings involving senior clubs. We enjoyed a quiz night with Swaffham Seniors and Christmas Games Night with North Elmham seniors.

In January we started the year with Sports Day practice, prepping our club of what to expect. We then enjoyed an amazing guest meeting of team building. Our guest 'Joe Savory' came along with some amazing team building games. The Countrysiders all got stuck in and worked together to complete the activities. We completed Sports Day winning 1x 1st and 2x 2nd, a windy and chilly day at Easton College but we all worked as a team.

Finally, to bring you up to date we enjoyed pancakes this week, along with decorating hearts for Valentines Day. Other things that have taken place since September. We have now got our own mascot 'NECS' the Highland cow with the logo on his belly who, comes to all events with us. We have also taken part in the Dereham Baptist Church Wreath Festival. This week as I type, is 'Children's Mental Health Week'. We have supported this with all Countrysiders taking home an information sheet and a collection box which will be donated to the cause.

If any of this sounds amazing and you think your 10–16-year-old would like to come and see what we do, please get in touch.

Email north_elmham_cs@norfolkyfc.co.uk or find us on Facebook.

Regards Wendy, Rob, Kirsty and Ella.

Ed's notes: We have been hoping for a report from the Countrysiders and here is a beauty. Do check out their Facebook page for other excellent photos.



CLUBS & ORGANISATIONS



GROUP	CONTACT
Archive Group	Janet Woodhouse, 01362 668525
Art4 All	Angie Redwood, 07979 666197
Bowls - Institute.....	Tony Langford, 01362 668854
Bowls - King's Head.....	Martin Phillips, 01362 668409
Brisley & North Elmham Cricket Club.....	Mark Ballman, 01362 668935
Countrysiders.....	north_elmham_cs@norfolkycf.co.uk
Elmham Football Club.....	Chris Reeve, 07468 569699
Elmham News.....	Meg White, 01362 668302
Elmham Surgery Patient Participation	Roger Thornley, 01362 668804
Elmham Tennis Club	Geraldine Leeder, northelmhamtennis@gmail.com
Friends of North Elmham School.....	Naomi Brien, 07442 709136
Gardening Club.....	Ray Norman, 01362 667226
Guides.....	Marian Morgan, 01362 696221
Knit and Natter	Eileen Cotterill, 01362 668380
North Elmham Trailblazers.....	Fliss von Christian, 07787 161446
Reading Group.....	Eileen Church, 01362 668330
Royal British Legion.....	Michael Aston, 01362 668959
Sewing for Pleasure.....	Janet Woodhouse, 01362 668525
SINE (Help).....	David Fairbairn-Day, 07398 758421(10-5)
Snooker Mon & Fri.....	Neil Page, 01362 668296
Snooker Wed.....	Tim Smith, 01362 668487
Tea@Two.....	Jo Fitzalan Howard, 01362 668232
The May Singers.....	Tony Langford, 01362 668854
Walking Football	Paul Carr, carrpaulus@aol.com
Walking Group.....	Jenny Cunningham, 01362 668224
Wensum Valley Birdwatching Society.....	Sue Gale, publicity@wvbs.gmail.com
Wives + All.....	Gill King, 01362 668530
Yoga	Karen Cornall, 07752 580414
Young Farmers.....	Will Swan, 07818 786424

GARDENING CLUB

We had a very good turnout for our January AGM , welcoming four new members.

Chairman Ray gave a rundown of all the excellent activities we had participated in and the reminder of the very wet visit to Peter Beales and the subsequent holdup on the way back drew much laughter! He thanked the Committee for their support and also the members without whom there would be no club.

Meg gave her Treasurer's report and despite her best efforts, we seem to have more money than was expected! She promised to do better in future.

Since Ray was happy to carry on as Chairman for another year, and the committee was amenable to doing another stint, everyone was re-elected to carry on as usual. The committee consists of Colin and Chris Allen, Heather Caley June Ford, Ann and George Keeble and Meg White with Ray Norman as Chairman.

Ray issued the programme for the coming year which offers a wide and varied assortment of visits and speakers.

After the formalities were over, Ray produced 20 photographs of cunningly shot pictures of features around the village for us to identify. Much hilarity ensued and those with really good knowledge were, not surprisingly, dog walkers!

Our February meeting was in fact our Annual Dinner, which Ben from the Teapost catered for in the Memorial Hall. Over 40 members and partners met to enjoy an excellent meal and lots of craic.

The Annual Show will be on Saturday 3rd August and show schedules will be available well in advance, and we hope to have them available again on the community website.

Our March meeting on Thursday 28th March at 7.30 pm will include a talk by Richard Ravencroft, a local Tree

Consultant. Please note this will be at The Eastgate Centre on this occasion.

Annual Subscription are £10 per annum, £2 entry each meeting for members. Visitors, always welcome £3.50 which includes excellent refreshments.

FLOODING AT BROOM GREEN

Many thanks to Kieran, a remarkable 15-year-old who took it upon himself to clear the two drains at Broom Green amidst heavy rainfall a fortnight ago. His selfless efforts were also evident at the start of January, when the road became impassable. Kieran's dedication embodies the true spirit of community service.

In response to numerous enquiries from appreciative locals, Kieran's mother established a GoFundMe page. She emphasises that her son's actions were driven solely by a desire to help, without any expectation of reward. However, for those wishing to express their gratitude contributions can be made at the following link:

<https://gofund.me/fd7fde76>

Sarah Felton

MAD HATTERS TEA PARTY

Organised by the children at Madhouse at the Eastgate Centre On Saturday 11th May 11.00 am–1.00 pm.

There will be a raffle, tombola, games and refreshments

All in aid of North Elmham School, The Church Larder and Tea at Two, Books for Bereaved Children and Home for Retired Animals.

Any donations of unwanted gifts, cakes and raffle prizes will be greatly appreciated.

Please contact Debbie 01362 668951 if you have any contributions.

From roots to shoots.....

Ravencroft Tree Services

01362 684291

Est. 1992

www.ravencrofttrees.co.uk

Est. 1992 Richard Ravencroft BSc(Hons)Arb. MICFor.



MEMORIALS

H Brett & Son

Monumental Masons – Craftsmen in stone

Call for our Brochure or
visit our SHOWROOM and WORKSHOPS

Home Visits can be arranged
Also Fireplaces, House Names etc

75 NORWICH ROAD, WATTON NORFOLK IP25 6DH
Tel: 01953 881501



BROADLAND LIFTING SERVICES

A division of TV & Theatre Services

WE HAVE MOVED TO NEW PREMISES

Come and see us at Horningtoft

Tel: 01328 701909, Fax: 01328 700876

e-mail: joe@tvandtheatreservices.com

Unit 10 Whissonsett Road, Horningtoft, Dereham NR20 5DJ



- Nick Long -

DOT, DVSA, ADI, DIA, MSA

**NORTH ELMHAM BASED
DRIVING INSTRUCTOR
BOTH MANUAL &
AUTOMATIC TUITION**

DRIVING STANDARDS AGENCY (DEPARTMENT of TRANSPORT)
APPROVED DRIVING INSTRUCTOR

Tel: 01362 668468

Mobile : 07786390275

A FOND FAREWELL TO PAT

It is with great sadness that we said a fond farewell to our dear Mum Patrica Newson (Pat) who had lived in North Elmham for most of her life.

Mum was born on the 15th April 1937.

Mum married our dad, Gerald Marsh in 1955 in the parish church. They went on to have three children Geraldine, myself and Andrew. We remember fondly a lovely quiet family life with our parents. Sadly, they divorced, and both remarried.

Mum had three main loves in her life. They were her family, her knitting and doing jigsaw puzzles.

Mum had 5 children and 1 stepdaughter, 15 grandchildren and 22 great grandchildren. All these people were mum's first love and everyone was always welcomed with a drink and biscuit when they went to visit Nanny Pat. Mum had open heart surgery many years ago and her replacement valve used to tick a sound which the babies found soothing. If we couldn't settle any of the babies, we would give them to Mum and she would give them a cuddle and before we knew it they would be fast asleep. I think we all have photos of Mum cuddling our babies over the years.

I cannot remember a time in my life when Mum didn't have a knitting job on the go if she wasn't knitting for the family, it would be someone in the village had been around to ask her to knit for a new baby that would be joining their family. We can all remember Mum knitting, whilst she had a little doze, she would wake up and just carry on as if nothing had happened. She was a member of the Elmham branch of Knit and Natter and enjoyed many happy hours with the ladies knitting for their various events and charities.

Mums' third love were her jigsaws; she spent many happy hours sitting in her



front room completing yet another puzzle. During her lifetime she would have completed well into the high hundreds if not over a thousand.

Mum enjoyed a simple life, she was not at all materialistic, if she befriended you, she would be a friend for life. She was never judgmental, she would listen quietly to all those who confided in her, if asked for advice she would help as best she could, otherwise she would just keep her own counsel.

Sadly, Mums health had deteriorated over the last few years but if you ever asked how she was feeling she would say "I am fine dear just a bit tired". However, that wasn't the case and on Christmas Day this year whilst with me and my family, Mum was taken very poorly and taken into hospital sadly, never to come home again, as she passed away peacefully on the 2nd January 2024.

She has left a void that no one can fill, she will always be loved by those left behind.

RIP Mum love Carole (Daughter)

ACHIEVE THE LAWN YOU HAVE ALWAYS WANTED...

*Weed Free, Deep Green
& Moss Controlled*

- 5 treatments a year
- Solid / hollow tining
- Scarification
- Lawn renovation
- Weed control
- Overseeding
- Moss control
- No contract



For a **FREE** No Obligation
Quote and Lawn Analysis

Call: 01362 652 812

Email: anglia@greensleeves-uk.com

CLASSIC OFFROAD LTD

GARAGE SERVICES

<p>ALL MAKES AND MODELS</p> <ul style="list-style-type: none"> ★ DIAGNOSTICS ★ DOORSTEP COLLECTION/DROP-OFF 	<ul style="list-style-type: none"> ★ SERVICING ★ BRAKES ★ CLUTCHES ★ SUSPENSION ★ TYRES 	<p>ADDITIONAL LANDROVER SERVICES</p> <ul style="list-style-type: none"> ★ WAXOYL ★ GALVANISED CHASSIS ★ RESTORATION ★ UPGRADES
--	--	---

STATION YARD NORTH ELMHAM NR205HF

07775203208



DEREHAM HIRE AND SALES

5 RASHS GREEN IND EST DEREHAM

NORFOLK NR19 1JG

01362 69 55 57

**YOUR LOCAL
CALOR GAS
STOCKIST**

**PROBABLY
THE LARGEST
TOOL
SHOWROOM
IN
MID-NORFOLK**

**WE REPAIR AND SERVICE
ALL MAKES OF POWERTOOLS**

**HIRE A
MINI
DIGGER**



from
£75 + VAT

**ALL YOUR GARDEN TOOLS AND
MACHINERY SERVICED AND
REPAIRED IN OUR WORKSHOP**

**VISIT OUR WEBSITE WWW.DEREHAMHIREANDSALES.CO.UK
TRADE & DIY WELCOME**



Scholastic Supplies Co. Ltd., Blackpool.

NORTH ELMHAM
V. P. School.

OUR VILLAGE SCHOOL IN THE 50'S

My mother died in 2008 and I had to empty her house quickly – so many things were thrown out or put away to be looked at again in the future. Recently, I was looking at photographs she had taken whilst walking her dog, we knew she had taken them because more often than not there would be a thumb print in the corner!

At long last I thought it was time I sorted through the remaining photographs she had kept and going through a wooden box and I found a school photograph taken in 1950/51 at our village school.

I think this was a year photograph not a class photograph as there are only 11 of us. I'm sure the teachers would have loved to have a class this size. This was not a time for joyousness in class, many children hated school and from what I can remember I don't think there was much help to get you going.

To get back to the photograph. Look at the clothes we were wearing. The girls had knitted cardigans or jumpers, the boys had jackets, but we all were wearing boots. Everyone walked to school, parents did not have cars in the early 50's and we all lived in boots. I seem to recall there were often jumble sales at the Institute, great for children's clothes. I always seemed to be wearing things that were too big for me, but mother said you'll grow into them, how I longed to go into a clothes shop and actually have something new!

Did you notice the playground did not have a tarmac dressing – it was just stones and soil for playing on, tough if you fell over and hurt yourself, no Tetanus for another year or so.

We all tried to avoid going to the toilet in the summer as flush toilets were for the future not at that time here in Elmham. Our loos were the bucket and wooden seat variety and when it was hot... I'm sure you can imagine what it was like.



LOCAL FLOODING

Helen Bunting sent us some photos of the recent flooding at County School. The river burst its banks down Yarrow becoming impassable on the lane and flooding onto the meadows.

I can't remember what happened if you did not like milk. All children were entitled to a free bottle of milk at morning break, I seem to remember it was a third of a pint. This milk was left at the canteen door early in the morning and in the wintertime the milk froze (it was colder in the 1950's) and the little cardboard top rose up on top of a blob of frozen milk. In the summer, if it was hot, it was on the way to being off!

We moan about lots of things, lack of this or that but this milk was free. So was the School Dental Service. I remember being taken with a number of other children in a mini bus to a dental practice in Dereham for treatment. I can remember crying!

We also had a nurse who came regularly to check our hair for lice. Nitty Nora we called her, she also looked at our hands and nails, don't know what she was looking at here.

Perhaps some of you can remember other things which were given to you or certain children, do remind us.

Janet Woodhouse

WIVES PLUS ALL

Wives Plus All 2024 monthly meetings commenced with the Club's AGM on Thursday 9th February in the Memorial Hall, North Elmham.

Gloria, Wives Chair gave a report on the Club's successful activities for 2023 which were visiting speakers and their interesting topics including PACT Animal Sanctuary, a delightful talk with insight into members Eileen & John Cotterills' careers within the Youth Hostel Association before they came to reside here in North Elmham, an evening summer visit to Dell Farm in Dereham, a social fun evening activity of a Crab Drive and the year ending with a Christmas shared supper evening in the Memorial Hall in December. It was reported that a couple of donations had been made to local charities.

Accounts for the year prepared by Gill the Treasurer & Secretary were circulated to members and these showed a healthy balance. A vote of thanks was given for Gill in her hard work in arranging speakers for 2023 meetings and members were also given a provisional programme of speakers and activities for 2024. Thanks also went to the committee members and Dawn and Chris for serving refreshments at meetings and June and John for doing the raffle each month.

The present Officers of Club, Gloria Chair, Sheila Vice Chair, Gill Treasurer & Secretary and the committee members, and Ann as Correspondent for the Elmham News articles were all elected en bloc.

The official business meeting for the AGM then closed and this was followed by a raffle and refreshments.

The next meeting of Wives Plus All will be held in The Memorial Hall, North Elmham on Thursday 14th March at 7.30pm when Osteopath CAMERON REID, will come along and give a talk to members.

There will be a raffle and refreshments.

Please come along. New members will be very welcome.

Ann Ferris

KNIT AND NATTER

There were many decisions which had to be made at the February meeting. We had dates for two sales which were to be held in North Elmham within a few weeks of each other. Therefore, there is not much time to produce items for sale, nor set up the usual games which the children look forward to. However, the group were really enthusiastic and came up with some practical ideas. It was decided that we would be making small toys and animals etc. for the game only, in time for the April Sale in Eastgate Street, so there will be no sales table. This would give us more time to knit items to fill our usual table at the garden fete in May. All this work takes time, but, with a bit of organisation



FAKENHAM
PREPRESS SOLUTIONS

DESIGN / PRINT & WEB

7AM-4PM | MON-FRI

www.fakprepress.co.uk

☎ 01328 855783 ✉ tris@fakprepress.co.uk

Furry Dogmother's
DOG GROOMING



**Dog Grooming Salon in
North Elmham**

The Salon is fitted with a Hydrobath,
Airconditioning and water softner.

Only quality products used and
one dog in salon at a time.

City and Guilds Qualified, Fully
Insured, Dog first aid Trained.

All Dogs Welcomed

Orchard House, Pump Street,
North Elmham, Dereham
NR205LS

Please Call Barbara on
07389809941

To book an appointment

LOGS READY TO BURN



KINDLING AND LOG NETS AVAILABLE
MARK 07766 223438

ZINKA'S HELP AT HOME

Carework

**Cleaning/Hoovering/Ironing
Shopping/Meal Preparation**

**Fully Insured/Current DBS
Years of experience in care work**

Tel: 01362 667074

Mob: 07742075156

Yoga Classes

North Elmham Memorial hall .
Stretch. Relax. Strengthen.

Classes led by qualified and insured
yoga teacher

Suitable for all ages and abilities
Offering chair exercise class
and general class

Contact

Karen (kay)

Karporg@yahoo.com

07752580414

and skill, we agreed that everything could be achieved.

It was also decided to give a donation to the North Elmham School in memory of Pat Newson. Over the years her children and grandchildren attended the village school. We hope that the money will buy seeds and plants, which the children can sow in their new garden, this Spring. We know Pat would have approved.

Next meeting Tuesday March 5th, 2 til 4 in the Pavilion.

Eileen Cotterill 01362 668380

BRISLEY AND NORTH ELMHAM CRICKET CLUB

It doesn't seem that long ago that we were storing away gear, putting the wickets to bed and locking up the clubhouse, but here we are just weeks away from the start of the 2024 cricket season. As usual the players and members of B&NE CC have been busily making preparations for the return of cricket to their lives and not just by attending the winter nets that are up and running.

Throughout the winter a group of mainly senior members met regularly to discuss the viability of entering a second Saturday team in the Norfolk Cricket League team. Encouraged by the League's response to informal enquiries, it was decided to be bold despite the disappointment of unexpectedly being placed in Division 4 NE rather than the more travel friendly Div 4 West. The application was approved at the League AGM in January and Phil Bend has manfully stepped up to the task of captaining this new undertaking.

Changes too to the Womens League: due to the inclusion of new clubs, there will be two parallel leagues based on geography with the Belladonnas placed with Snettisham, Sheringham, Downham Stow and Sprowston, each team to play the others home and away. It is hoped to have the Home games on Friday evenings and

fixture negotiations are now under way. We shall provide an up to date fixture list for all teams in the next issue.

Earlier the same January week, B&NE had its own well-attended AGM where the Chair and Treasurer delivered what were overall positive messages about where the Club is and is going. Most committee members were prepared to stand again for their positions: Mark Ballman as Chair, Lindsey Wood as Secretary, Billy Fordham as Treasurer, Dave Pearson as Grounds Maintenance, Iain Sinclair as Safeguarding Officer and Ollie Hall as Players Rep. They will be joined by a representative from a small sub-committee who have volunteered to organise the catering and by Tom Donnelly who subsequently came forward to offer his services as Media and Marketing. Tom is already making his mark in this role in tandem with his partner.

As always we are grateful to Dave Pearson who has already made great strides in re-equipping the kitchen. Winter nets have already commenced as below and all players, new and old, are welcome to attend, £5 per session. For more details contact Ollie Hall on 07387 184473

Greshams School, Holt

Sundays 3rd & 17th March 2–3.30 pm.

Taverham Hall School

Sundays 31st March 12–1.30 pm, 7th & 14th April 1–2.30 pm.

Finally, the club offers its congratulations to Ollie and Sophie Hall on the arrival of their first child Freddie. A star in the making if genes mean anything!

LETTER TO THE EDITORS

We would like to thank, and congratulate, all those at the Campaign Against the New Town CANT, who have worked so hard, and so effectively to oppose to the proposal for a huge new housing estate, on the farm land next door to our village.

Helen and Matthew Syngé

MOVE IT OR LOSE IT!®

With Jo & Sam

EXERCISE CLASSES FOR THE OVER 50s

ALL EXERCISES CAN BE DONE SEATED OR STANDING

BAWDESWELL VILLAGE HALL

WEDNESDAY 10AM & 11.30AM

JUST £6.00 - TEA & COFFEE AVAILABLE AFTER CLASS

**THE SESSIONS ARE SET TO GREAT MUSIC AND INCLUDE;
FLEXIBILITY, AEROBIC, BALANCE & STRENGTH EXERCISES**
COME AND HAVE SOME FUN WHILST GETTING STRONGER AND FITTER

BOOKING ESSENTIAL

CLASSES ALSO AVAILABLE IN OTHER AREAS
FOR MORE INFORMATION OR TO BOOK YOUR PLACE CALL:
SAM: 07925 602862 OR JO: 07941 086603

FIRST CLASS FREE WITH THIS ADVERT!!!

FAKENHAM CHORAL SOCIETY 50TH ANNIVERSARY SEASON

Of all the classic requiems, Verdi's operatic masterpiece is surely the most dramatic. Every performance of this work is a grand occasion, and it makes a wonderfully fitting highlight to Fakenham Choral Society's 50th Anniversary season. The concert, 7pm on Saturday April 20th at Fakenham Parish Church, is on a scale seldom seen in North Norfolk, with a choir of 80, a full orchestra and four internationally renowned soloists.

Former principal soprano at English National Opera, Claire Weston, will be

joined by award winning mezzo Beth Mackay, tenor Daniel Bartlette (BBC Singers and Proms) and bass, Alex Ashworth, international soloist and Professor of Singing at the Royal Academy of Music. On the conductor's podium will be Mark Jones, the choir's musical director, Head of Chapel Music at Gresham's School in Holt, organ recitalist and pivotal force in Norfolk's classical music landscape.

Tickets, which are expected to sell out quickly, are now on sale. Early birds will pay just £18 per ticket until 31st March. After this, the price is £20. For more information and to buy tickets online, please visit the choir's website www.fakenhamchoralsociety.org

DATES TO REMEMBER

Tue 5th	Knit and Natter	Pavilion	2.00 pm
Wed 6th	Parish Council Meeting	Pavilion	7.30 pm
Mon 11th	Countrysiders: lambing visit		TBC
Wed 13th	Tea @ Two	Memorial Hall	2.00 pm
Thu 14th	Wives Plus All	Memorial Hall	7.30 pm
Sun 17th	Countrysiders, Farm Event	Morely Farm, Deopham	TBC
Mon 18th	Easter Bingo	Memorial Hall	7.30 pm
Sat 23rd	Guides Spring Fair	Eastgate Centre	10 am–12 noon
Mon 25th	Countrysiders, Easter Fun	Memorial Hall	7.00–8.30 pm
Wed 27th	Mobile Library	The Heath to Orchard Close	2.30–5.20 pm
Thu 28th	Gardening Club	Eastgate Centre	7.30 pm
Sat 30th	Clocks change		12 midnight
Sun 31st	Easter Sunday Duck Race	Worthing	12 noon

ADVANCE WARNING

Sat Apr 10th	Spring Fair	Eastgate Centre	10 am–1.00 pm
Sat May 11th	Mad Hatters Tea Party	Eastgate Centre	10 am–1.00 pm

Please remember, we can only print dates that YOU give us

WHAT'S ON LOCALLY

Brisley Village Cinema

The Miracle Club: The Miracle Club is a 2023 comedy-drama film directed by Thaddeus O'Sullivan. The film stars Laura Linney, Kathy Bates, Maggie Smith, and Stephen Rea. Its plot follows a group of working-class women from Dublin on a pilgrimage to Lourdes in France.

Fri 15th March at 7.30 pm

Doors open at 7.00pm. Tickets £4.

Ice cream bars, tea or coffee will be available from the kitchen. The bar will be open for evening performances.

Dave Pearson 07816 139926 –
dpearson1954@yahoo.co.uk

Walkers Are Welcome

There is a programme of longer walks planned for 2024 as well as continuing our slower walks of just two miles for those just beginning their walking experience.

Please come and join us for a walk in the local area. For up-to-date information, please check our website www.derehamwaw.org.uk or email Ken Hawkins, ken-hawkins@tiscali.co.uk or call him on 07505 426750.

Hempton Memorial Hall

Table top/car boot sale (indoor and outdoor) in aid of C.A.T.S. Fundraising Event (Catch And Treat Strays)

Easter Monday, 1st April, 10.00 am

Brenda Duggan <catsrescuekettlestone@gmail.com>

DEREHAM MEMORIAL HALL

The new year has started in cracking style at Dereham Memorial Hall, with the first three events all posting 'house full' notices.

Enthusiasts will be queueing for the 10 o'clock green signal at the 2024 Mid Norfolk

Railway Model Railway Exhibition on Saturday 2nd March. It never disappoints!

We're looking forward to two wonderful dramas. Thu 7th March "Call me John" and Fri 22nd March "Stone in his Pocket".

Saturday 23rd features the Ultimate Over 18s 1980s Party Night with top DJs.

On Friday 5th April, the Falling Starr Wrestling show comes along with a fun-filled night of top quality grappling and grunting for all the family, followed on Saturday 20th by 'I Wanna Dance with Somebody', the highly praised and anticipated tribute to Whitney Houston.

This is a selection, and not all these events are promoted by Friends of Dereham Memorial Hall, (FODMH) so it's best to look on the derehammemorialhall.com website to check times, dates and how to buy your tickets.

And don't forget our 4th Tuesday Classic Film Club at the Orion Cinema, 'Poor Things' (26th March), and 'The Holdovers' (23rd April), all Oscar nominated movies, with tickets only £5.90 or £5.00 for members of FODMH.

OPEN GARDENS FOR ST JOHN AMBULANCE



Sunday 12th May

Open 12.00–5.00 pm

ELMHAM HOUSE
& SILVERSTONE FARM

North Elmham, Dereham
NR205JY & NR20 5EX

Adults £10 for both gardens

Dogs on leads welcome

Home made refreshments
Elmham House only

Plants for sale



SPOTTED IN ELY CATHEDRAL

Following on from "Spotted in Cambridge", a few more Elmham Saxons in Ely Cathedral. The text below is from the information board in the Cathedral and I am assuming it refers to North Elmham.

"The last resting place of the relics of Saxon Christians of the 10th and 11th Centuries.

Wulfstan, Archbishop of York, died 1023; Osmund, a Swedish Bishop, died 1067; Aelfwine, Bishop of Elmham, died 1021; Aelfgar, Bishop of Elmham, died 1021; Eadnoth, Bishop of Dorchester, died 1016; Aethelstan, Bishop of Elmham, died circa 996; Bryhtnoth, Eoldorman of East Anglia, died 991.

These men were interred in the 10th-century Saxon church and transferred to the present Cathedral by 1154. When the Norman Tower fell in 1322 and the Octagon was built, their remains were

placed in chests, where they formed part of the North wall of the Choir that was situated in the newly built Octagon. In 1770 they were moved here as recorded by the historian James Bentham. Part of Bishop de Luda's tomb chest, where it was cut through to make an entrance into the Presbytery, was now used to create this new receptacle for the bones of the Saxon benefactors."

Best wishes.

Cornelia Bidewell

Eastgate Centre
North Elmham
Large Hall; Kitchen;
Cloakrooms;
off road parking
Available for bookings

For rates please contact:
01362 668245

King's Head Hotel

North Elmham, NR20 5JB

Ac



**LARGE BEER
GARDEN**
at rear of hotel
with kids play area

**OPEN 7 DAYS
A WEEK**

FOOD SERVED

**MONDAY TO
SATURDAY
12.00 NOON
& 6.00 PM TO**

**SUNDAY
12.00 NOON**

**Book your table online:
kingsheadnorhelmham.co.uk**

Call: 01362 668856



accommodation • Bar • Restaurant • Beer Garden



*Beat The
Winter Blues*
March
1st Party

AT NORTH ELMHAM
KINGS HEAD
8PM TILL LATE

WWW.KINGSHADNORTHELMHAM.CO.UK

MONTHLY THEME NIGHTS
MARCH IS....

PIE NIGHT
THURSDAY 7TH MARCH
6:00PM - 9:00PM

STEAK & KIDNEY
CHICKEN, BACON & LEEK
MUSHROOM & CHESTNUT,
COTTAGE PIE
FISH PIE

ALL SERVED WITH
CHIPS, MASH OR SEASONAL VEGETABLES

£12 PER PERSON

YS
D
TO 2.30PM
D 9.00PM
TO 5.00PM

SAINT PATRICK
QUIZ NIGHT
SUNDAY
17TH
MARCH
STARTS 6:00 PM
Teams of upto 6 people
£ 2 per person

MONTHLY THEME NIGHTS
APRIL IS....

MEXICAN NIGHT
THURSDAY 4TH APRIL
6:00PM - 9:00PM

£12 PER PERSON



Does something need to change in your life? Are you feeling stuck?

Talking things through with someone in a safe non-judgemental environment can help you find a way forward.

LOU GOLDSMITH
PSYCHOTHERAPEUTIC
INTEGRATIVE COUNSELLOR
BSC (HONS) UKCP ACCREDITED

I have 16 years of working with a diversity of presentations within Mind Charity/NHS/ Private Practice.

Face to face therapy in Reepham.

Zoom and telephone appointments also available.

Please see my website below for details.

Call: 07539274876

Email: louise.counsellingservices@yahoo.co.uk

lougoldsmithcounsellingservices.com



AQUANIQUE

Aquanique Plumbing

BATHROOMS • PLUMBING • OIL HEATING

- Full Bathroom & Kitchen Installations
- All Domestic Plumbing Work
- Oil - Servicing, Installation, Maintenance/Repairs & Tanks
- Central Heating



07432 853481

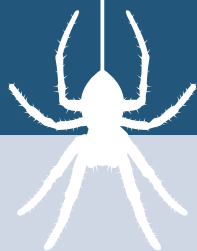
01603 872698

info@aquaniqueplumbing.co.uk

www.aquaniqueplumbing.co.uk



ELMHAM WILDLIFE



Looking up for inspiration as to what to write about this month, I noticed a Harlequin Ladybird. It was one of several that have spent the winter hibernating in the gap between my window vent and the ceiling (photo 1). I guess some people would have killed them or at least put them outside, but I don't mind sharing my study with hibernating ladybirds. We think of wildlife being outside – in the wild – but some of it can even be enjoyed inside our homes! Of course some of it is not welcome inside our houses, sometimes for very good reasons, but it's the indoor wildlife I'm going to write about this month.



When Harlequin Ladybirds first arrived in the UK it was feared that they would adversely impact our native 7-spot Ladybirds. The variably-patterned Harlequins are now abundant here and perhaps they are having an impact on our 7-spot populations, but if so this doesn't appear to be too serious yet. 7-spot Ladybird remains common, and is one of the three species of ladybird that regularly hibernates in my house. The third species is scarcer – the 2-spot Ladybird. Its colour scheme is similar to that of 7-spot Ladybird, but with just two black spots, one on each of its orange-red wing cases. It's also considerably smaller than the commoner ladybirds. To give you an idea of how much smaller, I've included a photo of a Harlequin Ladybird (our largest ladybird) next to a 2-spot Ladybird (photo 2).



Another insect that likes to hibernate inside buildings is the common green lacewing *Chrysoperla carnea* (photo 3). It's one of several very similar green lacewings but is the only very common one that overwinters as an adult. In winter they lose some of their green colour and take on a browner appearance like the one I found in the church recently (photo 4).



I have found over 1,000 different species of moth here in North Elmham – they are one of the more diverse and fascinating groups of insects. But inside our houses they are not often welcome. There are two species – just





two out of over 1,000 – whose caterpillars will eat woollen fabrics like your favourite jumper or carpet. None of the others will eat your clothes, so the vast majority of moths that you might find indoors are nothing to worry about. The Common Clothes Moth (photo 5) and the Case-bearing Clothes Moth (photo 6) are a different story. The Common Clothes Moth used to be common but became very scarce following the advent of man-made fibres (not so tasty apparently, or more likely harder to digest). Drier environments thanks to modern central heating may also have been a factor. In recent years, for reasons that are not clear, they have made a come-back. When I found one in my house in 2016 it was one of the first few modern records in the county, but just a few years later many of us are suffering from infestations. Interestingly, in my house at least, they seem to out-compete Case-bearing Clothes Moths. Those were already established in my house when I moved here in 2014 but have declined as the Common Clothes Moth has increased.



If you find a moth and it's more than about 6mm long, or doesn't look like photos 5 and 6, then it's probably harmless and won't eat your clothes or carpets. You could find almost any of the other moths in your house, especially if you leave the lights on and the windows open, but there are a few other species that are especially prone to coming indoors. The Brown House Moth (photo 7) and White-shouldered House Moth are examples – very common moths that often come indoors. They aren't the prettiest of moths but they won't do any harm so they're nothing to worry about.

Flies indoors can be a bit of a nuisance, and although flies are fantastic and really important, useful insects for many different reasons, I can understand why people don't welcome them indoors. I'm not going to dwell on them in this piece, but I will mention one which I find a particularly curious species. *Palloptera muliebris* is one of a number of species collectively known as trembling-winged flies or flutter flies because of the way they hold their wings out to the sides and vibrate them, or wave them more slowly, sometimes one at a time in turn. I can't tell you why they do this, but this particular species is distinguished by a unique and unusual marking on its wing – a dark loop of pigment (photo 8). Rather than flying off when disturbed, they're as likely to shake their wings as they walk away. For some reason this small and thus overlookable fly is often found indoors. It's been suggested that they may feed on the larvae of Varied Carpet Beetles, and if that's the case then it's a fly you should welcome in your house.

Carpet moths have nothing at all to do with carpets but the Varied Carpet Beetle (photo 9) owes the "Carpet" part of its name to its larvae's habit of munching on carpets. So it's not



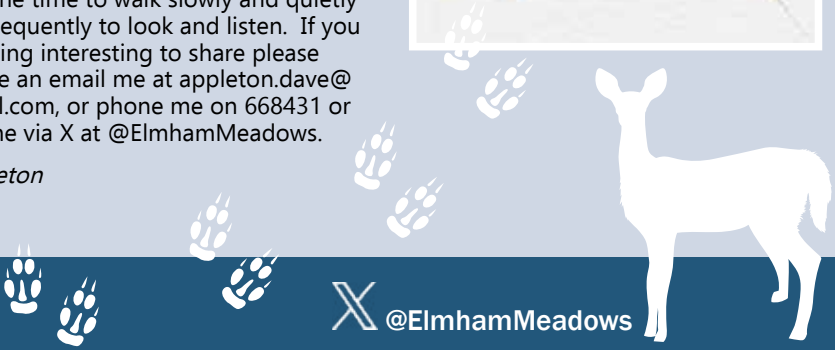
one I welcome indoors, but unlike the clothes moths which I almost only ever see indoors, carpet beetles are also common outside where they do good. You can sometimes see groups of adults feeding on flower heads, particularly umbellifers like Cow Parsley and Ground Elder.

Another indoor insect that is sometimes considered to be a pest is the Silverfish. Named for its silver colour and fish-like movements this primitive wingless insect is unlike any other. They eat a variety of things, some of which we probably don't mind them eating like dead insects, dandruff, crumbs on the floor, etc., and some that we might be less pleased about like book bindings and wallpaper paste. I've never seen one here in North Elmham so the photo (photo 10) is from elsewhere, but they're so common and widespread that I imagine some of you have them living in your houses.

There is all manner of other wildlife that can enter houses on occasion, only a small minority of which can be described as pests. I wonder if any of you have any interesting or unusual species coming in to your houses on a regular basis? My neighbour has Leopard Slugs coming in regularly, and of course many people have bats living in their loft space. Although not in my own home, I once stayed in a cottage which had a mouse that chewed a hole through my camera bag one night to get to a wrapped Snickers bar I'd left in there.

As much as you might be able to see wildlife without leaving your house, there is of course so much more to see outside, whether that's in your garden or out and about around the parish. If you want to experience it more fully then take the time to walk slowly and quietly and stop frequently to look and listen. If you have anything interesting to share please do drop me an email me at appleton.dave@googlemail.com, or phone me on 668431 or message me via X at @ElmhamMeadows.

Dave Appleton



Feel Warm, Cozy & Safe

with a Woodburner from Norfolk Woodburners!



Main agents for
Parkray, Hunter
& Woolly
Mammoth Stoves



Installation of
Wood Burners &
Multi-Fuel Stoves

Chimneys Lined

No Chimney,
No Problem!

Fireplace Build
Works



Offering the best local service!

T: 01328 700161 | M: 07966 661175
E: norfolkwoodburners@outlook.com

www.norfolkwoodburners.co.uk

CAMERON REID OSTEOPATH

SPORTS THERAPIST



Treatment For:

Back & Neck Pain

Sports Injuries

Headaches/migraine

Whiplash

30 years experience

Treatment suitable for all ages

45 Norwich Road Dereham

Tel: 01362 696079 07810 310045

reception@cameronreid.com



UNISEX HAIRDRESSING AND NAILS

ROSE VIEW GUESTWICK
ROAD, FOULSHAM
NR205SJ

THE VILLA

07812183155

DKC PLUMBING Oil Boiler Specialists

- Oil Fired Boiler Servicing
- Boiler Breakdowns
- Boiler Repairs
- Oil Tank Repairs
- Radiator Power Flush
- General Plumbing
- Heating Systems
- Domestic & Commercial

**Out Of
Hours**
call outs
available

Fully insured

rated people

Google

facebook

Yell.com



95% of all
breakdowns
fixed within
the first
hour!!



Call today for a quote
07375 995 198
www.dkciplumbing.co.uk



25 YEAR CAREER IN THE YHA

The Great Milk Robbery

Firstly a correction. The heading in the last Newsletter should have read 25 not 5, 5 years doesn't seem much of a career!

As described in the last episode, our first hostel was on the bank of the River Wye, at the bottom of a steep, 400 yard, narrow driveway. No delivery vehicles could get down it, and we either had to meet vans and lorries at the top of the drive or arrange for the goods to be left at the top. We even had to take the dustbins and waste bags up in the back of our car!

One day we were going out, probably to the Cash and Carry in Monmouth, and, as we passed, we noted at the milk had been left. Three crates, each with 20 pints, a total of 60, as ordered. On our return, a couple of hours later, the crates were still there, but no milk. Obviously stolen. I was so infuriated, that, even though the theft seemed inconsequential in the grand

scheme of things, I reported it to the police. Half an hour later, what seemed to be half of the available police force of Southern Herefordshire, descended on us. Including tracker dogs. I should say at this point that our milk came in cardboard cartons, not glass bottles, for weight and disposal reasons.

So, off went the posse, complete with dogs, following a trail of discarded milk cartons. Whoever had taken them was drinking the contents as they went along. We thought no more about it. The milkman kindly came out with another delivery, and life went on.

The next morning, I was in the small shop we had within the hostel, serving our residents (a 60 strong school party), when an army officer appeared. It seemed that the police, and tracker dogs, followed the cartons to an army cadet camp in the Forest of Dean, and that the cadets were our thieves. The officer asked if I intended to press charges. Too right I did. "Well", he said, "if you do, then the army career



invite you to our

Spring Fair

At the Eastgate Centre
Eastgate Street
North Elmham
NR20 5HD



On Saturday 23rd March 10am – 12 noon

With a tombola & a fantastic raffle
Plenty of games & refreshments
& a super toy stall

Raising funds for our units so please come along
and support us



of some 20 young men will be ended, and they will be back on civvie street. You could leave punishment to the army. To begin with, they will have to start their induction course again”!

I thought about this and decided that the best course of action was to leave it to the army, and that I wouldn't press charges. The army discipline would be more effective than a slap on the wrist from a magistrate.

About two weeks later, one of the local bobbies, Robin, appeared, at coffee time of course. He had with him a file about 4 inches thick. This was the police file on the milk robbery. It contained statements from the 20 cadets, officers etc. Robin asked if there were indeed 60 pints involved. I was sure there were 60 pints. Robin said “I have statements from each of the cadets, he had two pints, he had three, and he only one etc. and I can only get them to add up to 59. If you stick to 60, then this file will

remain open, an unsolved crime, forever in the Ross-on-Wye archive”! Again, I gave the matter about half a second's thought, and decided to go along with 59. Thus, the great milk robbery was solved, and the Hereford Police “case solved” statistics went up, and I had a feeling of self-satisfaction.

Incidentally, I once asked Robin why we saw the police so frequently, apart from the fact that they knew there was coffee available at about 11 o'clock in the morning. He admitted that our hostel was the only place on the patch where the police radios didn't work! At least it meant that we always had good relationships with the local police.

John Cotterill

Afternoon Tea

2~4pm

*cake, sandwiches,
savouries & music!*

*At the
North Elmham
Institute on 2nd
Wednesday of
the month*

*All costs covered
by St Mary's
Church*

T@2

Wednesday

13th March

10th April

8th May

*Bring yourself, a
friend and a neighbour*

Like a lift?

Call Tish

01362 668 678

Any questions?

Call Jo

07796 493 495



DID YOU KNOW?

We offer a wide range of treatments and services you may not have tried yet..

- Chiropractic
- Deep Tissue & Sports Massage
- Relaxation & Pregnancy Massage
- Reflexology
- Therapeutic Facials
- Neals Yard Treatments
- Tailored Health Guides
- Free 30 Minute Assessments

VISIT US ONLINE OR CALL US
TO DISCOVER MORE

www.creativechiro.co.uk
info@creativechiro.co.uk
01328 854325



Creative Chiro, Pensthorpe Natural Park, Fakenham Road, Fakenham, Norfolk, NR21 0LN.

MASTER CHIMNEY SWEEP

NVQ QUALIFIED CHIMNEY ENGINEER



- All Chimneys, flues and appliances swept
- Certificates issued
- CCTV chimney surveys
- Bird/rain guards / Anti down-draft cowl supplied and fitted
- Stove servicing and maintenance



Established 1995

CALL D THOMPSON CHIMNEYS LTD

01328 851081

www.the-sweep.co.uk



IN LOVING MEMORY OF JOAN MAY FROST

The funeral service for Joan took place at St Mary's Church, North Elmham on Wednesday 17th January.

Joan and her family lived at Broom Green when she was a child with her parents, William and Hilda, and her three siblings. They lived in a bungalow facing the road... now this bungalow is a house.

When she left school Joan went to work at Hobbies in Dereham. We don't know what she actually did nor how long she worked there but she met Charlie at the Samson and Hercules in Norwich where they both enjoyed dancing. Charlie said she had neat ankles!

They were married after World War II here in our church. Charlie was a prisoner of war for several years and 'helped' to build the Burma Railway (Charlie was awarded the Military Medal for Bravery whilst fighting the Japanese). So we presume they did not get to know each other until the war was over.

During their married life Joan did seasonal work locally, usually in the summer at local farms where soft fruit was grown.

They had two children Irene and Michael and they moved around locally as Charlie's job dictated just where they had to live.

Joan and Charlie enjoyed playing bowls at the Kings Head. Joan especially when she beat Charlie! There was an occasion when they were on opposing sides and she did beat Charlie - he was not best pleased but we all like to think she had a quiet chuckle!

Eventually, in old age they settled in a bungalow on Orchard Close. Here she was happy, always in the car with Charlie by her side going out for a drive.



Very sadly Charlie died in 2013 and in 2018 Joan went to live in Drayton at Badgers Wood Care Home.

She was there for six years and was well liked and loved by everyone.

At her funeral, Claire, one of the carers gave a moving talk about Joan. She said Joan enjoyed her life at the home, lots of people to chat to and lots to do. However, there was one thing she hated with a vengeance and it was the colour green. If she was given a cup of tea in a green cup, she politely pointed out that she wouldn't drink it! From the way Claire talked about Joan we all realised how much love for her everyone had at the home.

Now she and Charlie are together again in the churchyard.

Janet Woodhouse

07564 704365
OLIVER.JAGGARD@ICLOUD.COM





JAGGARD SWEEPS

CERTIFIED BY  **Fibretech UK**

CHIMNEY SWEEPS
CCTV SURVEILLANCE
STOVE REPAIR AND SERVICE
COWL REMOVAL
COWL INSTALL
SMOKE TESTING
CARBON MONOXIDE ALARM INSTALL

 **NORTH ELMHAM NORFOLK**

WHITE PINE

For all your :
Tree works
Fencing
Landscaping
Please call Martin
07795350990

Littleproud & Son

Independent Family Funeral Directors



NEWLY OPENED FUNERAL HOME IN DEREHAM

Tel: 01362 695458 (24hrs)
South Green, Dereham, NR19 1PU

Tel: 01760 440269 (24hrs)
Hale Road, Bradenham, IP25 7RA

- Personally supervised by the Littleproud family & dedicated staff
- Traditional & Bespoke Funerals at an affordable cost
- Horse Drawn Funerals
- Pre-Paid Funeral Planning
- Memorial Consultants
- Modern Jaguar Fleet

 *"Our family taking care of your family"*  

www.littleproud-funerals.co.uk

SCHOOL NEWS

Science Festival

As part of 2024's Norwich Science Festival, we were lucky to be visited by the amazing Ben Langley, who has appeared on Britain's Got Talent! We went on an adventure as Tom and his AI friend, Squiffy, embarked on a mission to the stars. We thoroughly enjoyed the one-man tour which explored the Science behind a rocket-trip to the moon!

Dodgeball Competition

Children in years 3 and 4 took part in a regional dodgeball competition at the UEA sportspark recently and managed to reach the semi-final! Well done to all involved for representing the school so well and playing brilliantly.

Lunchtime Welly Day

This half term, we have started offering a 'Welly Day' lunch club as reward to the house team that has the most house points each week. In collective worship on a Monday, the winning team is announced and then comes to school on Tuesday in their Welly Day clothes for some outdoor fun! So far this half term we have had lots of fun outdoor activities on offer; obstacle courses, bird watching, shelter building and clay creations.

Sheep

Sheep Class have been applying their taught skills within their learning through play. The children are keen to use their phonics and can be found writing signs, making labelled treasure maps and creating cards. They are becoming increasingly independent but also work well in small groups, using their creative skills and imaginations to develop their understanding of our topics. This week the children have been learning about the Wright Brothers and their perseverance when creating the first aeroplanes. They remembered the importance of not giving up whilst having a go at making their own planes.

On Welly Day the children had asked if we could make bird feeders. First, they conducted a survey to see if there was any evidence of birds having been in our outdoor area. They then encouraged more to join us building nests, making signs and creating bird feeders to hang from the trees.

Whales

Whales class have been learning all about volcanoes in Europe this half term, and have enjoyed watching news footage of the recent eruptions in Italy. We have also been reading 'Escape from Pompeii' in English and writing our own disaster narratives inspired by this beautiful story. In history, we have been learning about the archaeology of Pompeii, and we especially enjoyed discovering how the plaster casts of the victims of Pompeii were made.

In art, we have been studying the still life work of Paul Cezanne and composing and creating our own still life using paint and collage. We have also been lucky enough to have Mrs Fennell from the Norfolk Music Service come in this term to teach the class how to play the ukulele. We are enjoying it so much and hope to give a little performance at the end of Spring 2 term.

Lions

Lions have been learning in Geography about sustainability and the differences between renewable and non-renewable energy. They have found out about the influence of Greta Thunberg on the climate change debate and the dangers of deforestation. In English, Lions class have learned the features of persuasive writing which they have used in their persuasive speeches to ban single-use plastic. They have looked at hard-hitting statistics about plastic pollution in the ocean and seen shocking pictures of the damage plastic is doing to our marine life. Lions have learned the importance of REDUCE, REUSE and RECYCLE.

GM GARROD PROPERTY MAINTENANCE

QUALITY BUILDING DEVELOPMENT AND IMPROVEMENTS

- **Property renovation & extensions**
Highly skilled local trade professionals
- **Bespoke handcrafted joinery**
- **Flint knapping, walling & bricklaying**
- **Hard landscaping and specialists in grid paving & driveways**




We provide a personal and professional service tailored to our client's requirements from concept to completion. Everything we do is finished to the highest standard.

Contact us today for a no obligation quotation!

07799 536145

✉ info@garrodpropertymaintenance.co.uk

🌐 www.garrodpropertymaintenance.co.uk



Park Physiotherapy

Leys Farm, Hockering NR20 3JE

www.parkphysiotherapy.co.uk

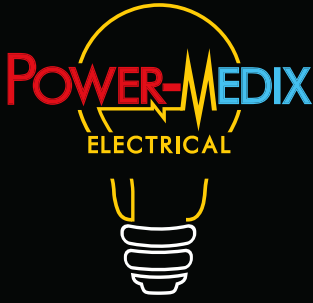
Chartered Physiotherapists Registered with the Health Care Professions Council



Muscle & joint pain; Sports injuries; Back Pain; Arthritis
Neck and Arm pain;
Dizziness; Headaches;
Continence & Pelvic Health for men & women; pregnancy problems

01603 881184

- Inspection & Testing
- Maintenance
- Fault-finding
- Installation

01362 527977
info@power-medix.co.uk
www.power-medix.co.uk



ROYAL BRITISH LEGION

The Branch held its first meeting of the New Year on the 1st February at the Kings Head. The exhortation was read and the minutes of the last meeting signed off.

We welcomed our new member Mr Vic Leeder .The meeting was then adjourned for a while in order that we could celebrate Eileen Bents 88th Birthday , after a total surprise to Eileen ,we presented her with a cake decorated with a poppy ,and then, our local poppy appeal organiser, Ian Taylor(also our Vice Chairman) presented Eileen with a certificate marking her service as a Poppy Appeal Collector and the final surprise was, we had also invited Eileen's two daughters and their families as well. My thanks also to Steven Sands, the Kings Head's owner for arriving and actually presenting the cake even though he was very busy that night with the first of his theme nights.

After the celebrations the meeting was readjourned and it was concluded that we hold another meeting on the 29th February at The Kings Head at 8pm.



My personal thanks go to Ian Taylor for arranging the certificate and to Ben at The Tea Post for the supply of a wonderful cake as shown in the photo above.

Mike Aston Branch Sec.

ST MARY'S CHURCH

Welcome to March, the month that heralds the start of spring. Towards the end of month we have the momentous events of Easter and just before, the clocks spring forward giving us British Summer Time although as I write this on a grey February day, summer seems a long way away.

As we look around us there will be signs of new and regrowth in the landscape that shapes the Norfolk countryside. Daffodils will be showing their sunshine best and although the snowdrops will have passed their best other flowers will be growing, searching for the sun.

I have always been fascinated by the seasons and their connections and one

of those mirrors the events of Easter. Autumn or as the Americans call it "the Fall" is a vital need of Spring. The leaves on many trees lose their green hue turning to reds, browns and other colours then fall from the branches to wither and die. Their decayed remains blend into the earth. It is the process that helps the process of regrowth in Spring.

Throughout the Gospels Jesus reminds the disciples of what will happen to him, something they find hard to take on board. But Jesus also knows that without the events of Good Friday, he cannot rise again in the glory of light, and take his place beside the Father. For Christians Easter Sunday is perhaps the most important happening in the church year.

WORZELS ROOFING

ROOFER TILER / SLATER

NEW, OLD WORK REPAIRS

07990 972381/01760 755024

WWW.WORZELSROOFING.CO.UK

**Over 15 Yrs experience: No job too small
Free estimates: Competitive prices**

ELMHAM MEMORIAL HALL

Available for Hire

LARGE HALL

With stage area and serving hatch

Ideally suitable for Wedding Receptions and Theatrical Productions

SMALL HALL

With Snooker Table, Darts and Short Mat Bowls equipment

**Both Halls with access to rear garden area (suitable for summer functions) and
Well equipped kitchen. Crockery and cutlery available.
Performing Rights and Public Entertainment Licences**

Registered with Breckland District Council under Betting & Lotteries Act

Reasonable Hire Rates

Bookings 01362 668580

Elmham Memorial Hall is Registered Charity – No 304020

ANT'S CARPETS

Carpet and vinyl supplied and fitted

Free measures, estimates and planning

All work guaranteed – Home selection service available

Wet room flooring supplied and fitted

Customers own carpet and vinyl fitted

Mobile: 07919273107 Tel: 01362 667747

The great message of Easter is that of love and hope. It is my most sincere wish that you all enjoy Easter and if you can find time why not visit your Church even if it is just for a few minutes of peace and quiet.

Yours in Christ's love.

*Norman Johnson
Licensed Lay Minister
Heart of Norfolk Benefice*

GOOD FRIDAY SERVICE

The service which will be held at Wood Norton on Good Friday is open to all in the benefice and will start at noon lasting three hours. However, it will be in half hour segments consisting of a reading, a piece of music, an action followed by silence until the next segment. You can stay as long as you wish but please arrive and leave at the beginning of each half hour. It will conclude with Compline (Night Prayer).

For more info contact Norman on 01362 683344.

WORTHING NEWS

We have several church events taking place in March.

Remember Mum on Mothering Sunday Sunday 10th March

A simple Sunday Church Service starting at 11.30am to give thanks to all our mums for their love, wisdom, care and attention. You are remembered in our prayers.

Lent Luncheon for the Bishop's Lent Diocesan Appeal 2024 Sunday 10th March, from 12 noon

A simple luncheon of soup and rolls will be served in the church. Any kind donation received will be passed on to the Anglican Church of Papua New Guinea, Newton Theological College to

help support the installation of 25 new water tanks which are essential for student homes located near Popondetta Town in Oro Province.

No booking necessary, please drop by and join St Margaret's Church in for lunch.

Wensum Leg Pilgrimage to Walsingham 28th March (Maundy Thursday) eta 11 am

Worthing and the Benefice Group welcomes Student Cross to St Margaret's Church. Cheer them on as they walk through our village onto North Elmham, their next stop and Walsingham.

Easter Sunday Duck Race 31st March at 12 noon

Starting at Millstream Cottages, by the river, our traditional annual Easter Sunday Duck Race is in aid Of St. Margaret's Church. Suggested donation is £2.50 per sponsored duck

Winning duck numbers will be announced on the day and in the April edition.

But don't forget: British Summer Time begins on 31st March so make sure you change your clocks, or you will miss it!

Good luck everyone!

For tickets please contact: Sharon Colk on 01362 668622 or Celia Daniel on 01362 668928.



Guitar and Music Tuition **Beginners to Advanced**

Classical, Jazz, Folk, Pop and Rock, Bass Guitar

Jazz Improvising - any instrument.

Qualified teacher and professional musician

Peter Wild LTCL

Tel. 01362 668558 (North Elmham)

Plastering / Rendering

GENERAL BUILDING MAINTENANCE

NO JOB TOO SMALL !

CALL ME TO DISCUSS YOUR PROJECT

NEIL ALLSEBROOK:- 07802 238835

THANK YOU – CHAT SOON



Norfolk Swift Response

0344 800 8020 – option 1

Norfolk Swift Response provides support to people in Norfolk over the age of 18, who do not need regular support but may suddenly need help.

For example, if a person falls and needs help but does not need an ambulance or unexpectedly needs assistance with personal care. The service is free and operates 24 hours a day 365 days a year

March Sunday Church Services

10th starting at the unusual time of 11.30am and 25th starting at 10.30am Refreshments will be available after each service together with an opportunity to meet up and share in some friendly banter. We hope you can join us.

Advance Notice

May Bank Holiday Cream Tea Afternoon

6th May starting at 2.00 pm

Allow yourselves to ponder on such delights as having an afternoon cream tea. Clearly we hope for a warm afternoon and not worry about our waistlines!



FOR CYSTIC FIBROSIS

If you are looking for something to do on Monday 18th March, why not come along to the Cystic Fibrosis bingo at the North Elmham Memorial Hall with eyes down at 7.30 p.m. Doors will open at 6.30 pm.

Various prizes will be on offer including, hopefully, various days out in Norfolk (I haven't written my begging letters yet!), there will of course be lots of Easter eggs!

Can we beat the £950 which was raised at last year's Easter Bingo?

I think I can with your help!

Look forward to seeing you there.

Sharon

Payments accepted     

SPECIALISING IN EXTERIOR:

- Window Cleaning (WFP & Traditional)
- All external cleaning: gutters / fascias, uPVC & conservatory
- Patio / path & drive pressure washing

BM Cleaning
COMPLETE CLEANING SERVICES
07879 457072 / 07912 851594

SPECIALISING IN INTERIOR:

- Carpet cleaning
- Upholstery cleaning
- Commercial & domestic hard floor machine clean & polishing



For ALL your cleaning needs call us on 07879 457072 or email: enquiries@bmcompletecleaning.co.uk

72 Eastgate Street, North Elmham, NR19 2UA

bmcompletecleaning.co.uk

Joanne Medler Hypnotherapy

ACCPH Registered Hypnotherapist, NPL & EFT Practitioner in North Elmham

Helping people overcome various life issues. Contact me to see how Hypnotherapy may be able to help you

Tel: 07766 870145 Joannemedlerhypnotherapy@gmail.com
www.joannemedlerhypnotherapy.com

Tina Barnes MCFHP MAFHP

Foot Health Professional

Professional treatment in the comfort of your own home

We specialise in treatment for:

Corns Ingrown toe nails Fungal infection Toe orthotics
Callus Nail deformities Diabetic foot assessment

For a private consultation & appointment:

Tel: 01362 668348 - Mobile: 07833 511353

Help at Hand

Peter Cross



phone/fax: 01362 861024

mobile: 07796550189

All jobs considered

Gardens/Driveways restructured and designed
Brickweave/Patios/Pathways/Carparks/Borders/Edging etc
(All materials & aggregates can be delivered and surplus
cleared away)

Complete Self-Sufficient Service

Authorised  Engineer



Oil Boiler Servicing
and Breakdown
Repairs

Assured Boiler Care Ltd



Power Flushing
Existing Heating
Systems

Oil Tank Replacement

For further details, Contact David Rowe on

01328 700500 or 07900 060940

20% Off the cost of Power flushing for limited time only



CHURCH SERVICES



HEART OF
NORFOLK
CHURCHES

MARCH 2024

3RD MARCH – THIRD SUNDAY OF LENT

9.30 am	Wood Norton	Morning Praise
10.30 am	Bawdeswell + Zoom	Holy Communion
10.30 am	North Elmham	Holy Communion
10.30 am	Stibbard	Holy Communion

10TH MARCH – MOTHERING SUNDAY

10.30 am	Bawdeswell + Zoom	The '10.30'
10.30 am	Foulsham	Holy Communion
10.30 am	Stibbard	Morning Praise

17TH MARCH – PASSION SUNDAY

10.30 am	Bawdeswell + Zoom	Word & Praise
10.30 am	North Elmham	Holy Communion
10.30 am	Wood Norton	Holy Communion
4.00 pm	Foulsham	Sung Evensong

24TH MARCH – PALM SUNDAY

9.00 am	Guist	Holy Communion
10.30 am	Bawdeswell	Word & Praise
10.30 am	Foulsham	Holy Communion
10.30 am	Worthing	Iona Morning Praise
10.30 am	North Elmham	Morning Praise

31ST MARCH – EASTER SUNDAY

9.00 am	Foulsham	Holy Communion
10.30 am	Bawdeswell + Zoom	Holy Communion
10.30 am	North Elmham	Holy Communion
10.30 am	Wood Norton	Easter Morning Praise & Egg-hunt

HOLY WEEK

Wednesday 27th March, 11.00 am: Stations of the Cross, Foulsham Holy Innocents
Good Friday 29th March, 12.00 noon–3.00 pm: Good Friday Vigil, Wood Norton All Saints
Good Friday 29th March, 2.00 pm: An Hour before the Cross, Bawdeswell All Saints & Zoom

*Services at Bawdeswell Church are also available on Zoom.
www.heartofnorfolkchurches.org.uk

ADVERTISERS INDEX

Children

Madhouse (Childcare)..... 6

Eating Out/Eating In

Kings Head Hotel26-27

Willie Weston (Fishmonger)..... 4

Fitness, Health & Beauty

Alison Watson (Beauty & Podiatry) 4

Cameron Reid (Osteopathy)32

Creative Chiropractic36

Joanne Medler (Hypnotherapy).....46

Lou Goldsmith (Counselling)28

Move It (Over 50's Exercise).....22

Park Physiotherapy.....40

Tina Barnes (Podiatry)46

Unisex Hairdressing & Nails32

Yoga Classes20

For The Home & Garden

Aquanique Plumbing.....28

Anglia Roofline (Soffit & Fascia Boards, Gutters) ... 2

Ant's Carpets.....42

Assured Boiler Care.....46

BM Cleaning.....45

Dereham Hire (Digger & Tool Hire/Sales).....16

DKC Plumbing & Oil Boiler Specialists32

D Thompson Chimneys (Chimney Sweep)36

Firing Squad (Woodburners) 8

Garrod Property Maintenance40

Greensleeves (Lawn Care).....16

Help at Hand (Garden Maint).....46

Jaggard Sweeps (Chimney Sweep)38

John Coles (Electrician/Property Maint) 8

Neil Allsebrook (Plastering & Rendering)44

The Norfolk Sweep (Chimney Sweep)..... 8

Norfolk Woodburners (Installations).....32

Power-Medix (Electrician).....40

R P Pest Control..... 2

Ravencroft Tree Services14

Richard Roos (Property Maint) 6

S&C Window Repairs 4

Tree Work East.....51

White Pine (Tree Maint/Fencing/Landscaping).....38

Worzels Roofing42

Zinka' Help at Home20

Firewood

Mark Bane (prev MB Logs)20

Funeral Directors

Fakenham & District Funeral Services10

H Brett & Sons14

Littleproud & Son38

Holiday Accommodation

Kings Head Hotel26-27

Pets

Four Paws (Dog Grooming)6

Furry Dogmother's (Dog Grooming).....20

Tuition

Kay Barker Fine Art.....6

Nick Long (Driving)14

Peter Wild (Music)44

Vehicle Maintenance

Classic Offroad Garage Services.....16

Norwich Road Garage.....10

North Elmham Service Station.....51 & 52

Venue Hire

Eastgate Centre25

Elmham Memorial Hall42

Other

Broadland Lifting Services14

Clan Press.....51

Computers@Home 4

Fakenham Prepress20

*To advertise in the Elmham News please contact
Martin Phillips: martin.s.phillips@btopenworld.com*

This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

COVER: Sarah Felton

PAGE 9-11: Countrysiders

PAGE 15: Family of Pat Newson

PAGE 17: Janet Woodhouse

PAGE 18: Helen Bunting

PAGE 25: Cornelia Bidewell

PAGES 29-31: Dave Appleton

PAGE 33: John Cotterill

PAGE 37: Family of Joan Frost

PAGE 40: Mike Aston



NORTH ELMHAM PARISH COUNCIL

PARISH COUNCILLORS

Chair: Jennie Borgnis, 01362 668 952
Vice Chair: Martin Phillips, 01362 668 409
 Ann Ferris, 01362 668 580
 Tom Fitzalan Howard, 01362 668 232
 Brian Gee, 01362 422 799
 Paul Grainger, 01362 667 135
 Ann Keeble, 01362 668 216
 John Labouchere, 01362 668 306
 Nick Markwell, 01362 668 557
 Michael Rayner, 01362 667 859
 Colin Smith, 01362 668 585

PARISH CLERK

Kevin J Webb, 01328 855046
 northelmhampc@hotmail.co.uk

MEETINGS

Held on 1st Wednesday of the month in the Pavilion at 7.30pm. All parishioners welcome. Public participation takes place at the beginning of each meeting. County and district councillors attend meetings whenever possible.

Between meetings specific matters for the Parish Council can be notified according to the list below.

VILLAGE FACILITIES

Allotments..... Martin Phillips
 Broom Green & Pound Jennie Borgnis, John Labouchere
 Cathedral Meadows..... Tom Fitzalan Howard, Ann Keeble
 Cathedral Ruins..... Ann Keeble, Tom Fitzalan Howard
 Eastgate Centre..... Martin Phillips Paul Grainger Jennie Borgnis
 Millennium & Jubilee Wood..... Jennie Borgnis, John Labouchere
 Playing Field & Pavilion..... Colin Smith, Ann Ferris
 Prince William Wood..... Tom Fitzalan Howard, Nick Markwell
 Village Green Colin Smith, Brian Gee
 Footpath Warden..... Jennie Borgnis, Ann Ferris

SERVICES

Environment & Maintenance Martin Phillips
 Highways Paul Grainger, Brian Gee
 Mid-Norfolk Railway Liaison..... Michael Rayner, Nick Markwell
 Planning..... Michael Rayner, Martin Phillips, John Labouchere
 Street Lighting..... Tom Fitzalan Howard, Nick Markwell, Colin Smith
 Tree Warden Tom Fitzalan Howard, Nick Markwell, Colin Smith
 Website Jennie Borgnis, Martin Phillips

PARISH CHARITIES

There are a number of charities that make grants to individuals resident in the parish. Please consult the community website for information elmham.org.uk/parish-council/village-charities.

NORTH ELMHAM DIRECTORY

Elmham Surgery, Holt Rd - 01362 668215

Group website: elmhamsurgery.com

Surgery Opening Times Mon, Tue, Thur, Fri 8.30 am–6.30 pm, Wed 8.30 am–6.00 pm

Swanton Morley Surgery, Dereham Road - 01362 638100

Surgery Opening Times Mon–Fri 8.30 am–6.00 pm

Elmham and Swanton Morley Dispensary

Dispensary Opening Times Mon, Tue, Thur, Fri 8.30 am–12.00 pm, 2.00 pm–6.30 pm
Weds 8.30 am–12.00 pm, 2.00 pm–6.00 pm

Other Useful Contacts

NHS Medical Help

Dial: 111

111 online: 111.nhs.uk

POLICE: Non Emergency Dial: 101 - EMERGENCY Dial: 999

Breckland District Councillors	Gordon Bambridge Bill Borrett	01603 881364 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School	Ms Victoria McConnell, Head Teacher	01362 668318
Chairman of School Governors	Robert Plant chairofgov@northelmham.norfolk.sch.uk	
Memorial Institute	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Pavilion	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Website	www.elmham.org.uk	

Dereham Library, 59, High Street, Dereham, NR19 1DZ - 01362 693184

Opening times: Mon–Fri 09:30–19:00, Sat 9:30–16:00, Sun 10.00–16.00 (Open Library access only)

Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Power Cut (24 hours)	0800 31 63 105
Samaritans		116 123
Citizens Advice Bureau	www.ncab.org.uk	0800 144 8848

Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Jay T Magpuyo	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Diana Bennetts	dereham@salvationarmy.org.uk	696341
More2Life	Anne-Marie Fewell		01328 701830

Church Wardens

Elmham	Michael Newey	668424
Worthing	Celia Daniel	668928



TREE WORK EAST Ltd

Tree Surgery & Maintenance
Stock fencing & Landscaping
www.treeworkeast.co.uk

"Call for a
free quotation"

Horningtoft NR20 5DJ

Established 2007

Office: 01328 700942

Mobile: 07876125301



E2m Public
Liability Insurance

T 01553 772737 E info@clanpress.co.uk W www.clanpress.co.uk

I Dundee Court • Hamburg Way • King's Lynn • Norfolk • PE30 2ND

The complete printing solution
clanpress
www.clanpress.co.uk

Litho Printing • Digital Printing • Design

Brochures • Leaflets • Folders • Flyers • NCR Sets • Business Stationery

Newsletters • Roller Banners • Outdoor & Indoor Signage

NORTH ELMHAM SERVICE STATION

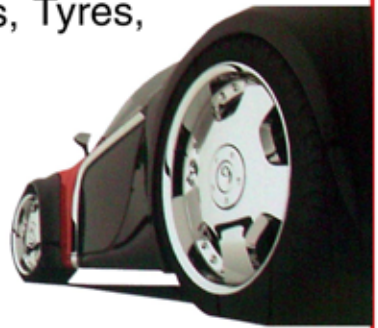
Servicing, MOTs, Diagnostics, Tyres,
Batteries, Exhausts
& Restorations

Mobil 1
SERVICE CENTRE

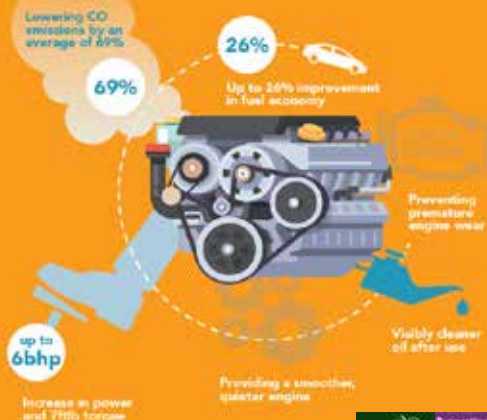
Monday - Friday 8:30am-5:00pm
Saturday 9:00am-12:00pm

Station Road, North Elmham, NR20 5HH

Tel: 01362 668226



Detox your engine



The UK's ONLY Multi Award Winning Engine Decontamination Treatment is now available here at North Elmham Service Station

You can enjoy **IMPROVED FUEL ECONOMY** and **RESTORE ENGINE PERFORMANCE** North Elmham Service Station now have The Multi Award Winning EDT Automotive Engine Decontamination System which has been purposely engineered to enhance both petrol and diesel engines



The ONLY Engine Decontamination Treatment available in the Dereham area

Ask one of our team on how an Engine Detox can save you money AND Improve your cars performance

Benefits Include :

- Increased Miles Per Gallon
- Drastically reduced exhaust emissions
- Prolonged engine life
- Reduced engine internal friction allowing smoother running
- More efficient oil flow around engine



**01362
668226**

**Station Road
North Elmham
Dereham
Norfolk
NR20 5HH**

